



## **COURSE PLANNING**

Applicants come to the Clinical Mental Health Counseling (CMHC) Bridge program with varying counseling-related master's degrees, e.g., school counseling, rehabilitation counseling, school psychology, psychology, social work.

New York State (NYS) has strict educational requirements you must complete before becoming eligible to apply for NYS CMHC Licensure. Applicants must have earned a minimum of 60 credit hours in a counseling-related graduate program, in addition to completing coursework in the required nine content areas listed below:

- Human Growth and Development
- Social and Cultural Diversity
- Counseling Theory and Practice
- Psychopathologies
- Group Work
- Career Development
- Counseling Assessment
- Research and Program Evaluation
- Foundations of CMHC and Ethics

<https://www.op.nysed.gov/professions/mental-health-counselors/license-requirements>

Students are also required to complete a 600-clock hour supervised internship in Mental Health Counseling. The site of the internship, as well as the site supervisor, must be approved prior to beginning to ensure each meet NYS guidelines.

After you complete your application and are admitted to the program, one of our faculty members will contact you to set up a time to review your individualized CMHC Bridge Program of Study. This Program of Study will list the remaining coursework you need to fulfill the NYS educational requirements to be eligible for NYS licensure requirements. We will also offer you a

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schedule of when you should anticipate taking each course. Most students are able to complete their CMHC Bridge program in three semesters (Fall, Spring, and Summer), although this timeframe may vary based on your needs.

In addition to EDU 685 and EDU 686 (Internship I and II), some of the common content courses students need include, but are not limited to:

- EDU 673 Foundations of Mental Health Counseling and Ethics
- EDU 655 Lifespan and Human Development
- EDU 657 Assessment in Counseling
- EDU 652 Social and Cultural Diversity
- EDU 666 Psychopathologies