

# Clinical Mental Health Counseling Curriculum & Planning Guide



---

## Master's in Science, Clinical Mental Health Counseling Course Planning Guide

### 1<sup>st</sup> year, Fall Semester:

EDU 651 Introduction to Counseling\*  
EDU 654 Theories of Counseling\*  
EDU 655 Lifespan & Human Development

### 1<sup>st</sup> Year, Spring Semester:

EDU 658 Advanced Counseling Techniques\*  
EDU 669 Group Counseling  
EDU 673 Foundations and Ethics of MHC\*

(\* indicates the required course sequence for 4+2 students)

### 1<sup>st</sup> Year Summer Sessions Courses for Students having completed their first year:

EDU 655 Lifespan Development (4+2 students)  
Other CMHC students may take any course(s) offered in the summer

### 2<sup>nd</sup> Year Fall Semester:

EDU 595 Educational Research  
EDU 666 Psychopathology & DSM  
EDU 679 Mental Health Practicum (100 clock hours/40 direct contact hours)

### 2<sup>nd</sup> Year Spring Semester:

EDU 652 Multicultural Counseling  
EDU 657 Assessment in Counseling  
*EDU 671 Psychopharmacology (or take in summer session)*  
EDU 685 Mental Health Internship I (300 clock hours/120 direct contact hours)

### 2<sup>nd</sup> Year Summer Sessions: Any course offered

### **3<sup>rd</sup> Year Fall Semester:**

**EDU 668 Couples & Family Counseling**  
**EDU 672 Substance Abuse and Addictions Counseling (if not taken previously)**  
**EDU 686 Mental Health Internship II (300 clock hours/120 direct contact hours)**  
**EDU 803 Counseling & Behavior Therapy with Children**

### **3<sup>rd</sup> Year Spring Semester:**

**EDU 659 Mental Health and Wellness**  
**EDU 664 Career Counseling**  
**EDU 687 Mental Health Internship III (300 clock hours/120 direct contact hours)**

**Students should consult their faculty advisor prior to registering for classes to ensure the proper classes are taken in sequence.**

### **Licensure Requirements for Mental Health Counselors:**

Graduates of the Clinical Mental Health Counseling program should plan to see state licensure as a Licensed Mental Health Counselor (LMHC). Licensure of Mental Health Counselors falls under the guidelines of the New York State Education Department. The State Department of Education requires a masters' degree, with 60 graduate credit hours (Like the NU MHC program), plus 3000 supervised, post masters clock hours and a state examination (the NCMHCE). In addition, the State Department of Education requires all license-eligible MHC's to complete the **Mandated Reporting of Child Abuse and Neglect** workshop. This workshop can be completed in a workshop format or on-line at [www.childabuseworkshop.com](http://www.childabuseworkshop.com). The State Education Department has adopted the National Clinical Mental Health Counselors Examination. The NCMHCE is administered through the National Board for Certified Counselors ([www.nbcc.org](http://www.nbcc.org)). Graduates may obtain NCMHCE study guides from various sources. ACA's monthly publication, *Counseling Today* advertises several study guides.

Also note, that graduates of all mental health counseling programs must apply for and receive State Education Department's "Limited Permit" before they are allowed to provide counseling services. See the State Department of Education's Office of the Professions web-site: [www.op.nysed.gov](http://www.op.nysed.gov).

### **Ontario Credential: Ontario College of Psychotherapists and Registered Mental Health Therapists of Ontario (Ontario Psychotherapy Act 2007)**

For Ontario graduates credentialing is as a "Registered Psychotherapist: and will be administered through the Ontario College of Psychotherapists... For further information go to the website of

the Transitional Council of the College of Registered Psychotherapists of Ontario (CRPO). The website is: [www.crpo.ca/](http://www.crpo.ca/). Applicant information: <http://www.crpo.ca/home/info-for-applicants/>

Faculty members of the graduate CMHC program will provide endorsements only for the program for which the graduate has been prepared (e.g., LMHC, CCMHC, Registered Psychotherapist in Ontario, etc.). Graduates must have successfully completed all requirements in order to be endorsed.