

# Pathways PROGRAM

The POWER of NIAGARA
University



#### WHAT IS PATHWAYS?

The **Pathways Program** is a holistic approach to career and professional development that builds *confidence* through experiential learning, résumé preparation, mock interviewing, internship placement and more. By working closely with advisors in the Office of Career Services, students learn to connect their unique skills to their postgraduate goals – and then attain *clarity of direction* for how to reach them.

Pathways also leverages university resources and alumni connections to prepare students to develop the professional competencies and *heightened sense of purpose* needed to compete in a hypercompetitive, global economy.

College is a time of self-discovery and exploration. Ideally, students begin the Pathways process during freshman year; however, the program is flexible and customizable to meet students wherever they are in their own development process.



# Innovation Center Atrium @ Rich's

Ashley Decker, '19

Foodservice Marketing Intern, Rich Products



### **FOUR-STEP PATHWAYS PROCESS**

Students visit Career Services and meet individually with a career advisor a few times per semester. The process is as follows:

#### **ASSESS YOURSELF**

Get to know yourself. Begin to clarify your interests, skills, abilities, and values.

- Meet with a career advisor to create a personalized career development plan.
- Complete an online self-assessment.
- Clarify interests through coursework, student organizations, and community service (IMPACT Office).
- Create your profile on the Get Hired Portal powered by Handshake.
- Create a draft resume with the help of Career Services.

#### **DISCOVER THE POSSIBILITIES**

Explore and research potential career options. Identify the connections between coursework and experiential learning opportunities.

- Research careers related to your major choice.
- Identify skills gaps and create a plan to develop the necessary skills for success.
- Learn how to network with alumni, parents and employers.
- Gain access to the Alumni Career Network.
- Conduct informational interviews with professionals in your career fields of interest.
- Explore opportunities to gain relevant work experience, such as internships, research, summer jobs, and volunteer experience.

#### **GAIN EXPERIENCE**

Develop an increased self-awareness to revise your career plan and begin to "test the waters".

- Learn how to tell your story effectively using a résumé, cover letter and social networking.
- Participate in a practice interview to begin articulating what you have learned from your academic and experiential learning opportunities.
- Explore and apply for research and internship opportunities.
- Investigate the role of graduate school in your chosen career field.
- Network and join professional organizations and community groups.

#### **IMPLEMENT YOUR PLAN**

Define your post-graduation goals and make contact with your network.

- Meet with Career Services to discuss graduate school and/or job search strategies.
- Attend events such as career fairs, employer presentations and career related forums.
- Continue to update your resume and cover letter.
- Analyze job offers/graduate school admissions and weigh your options.
- Join the Niagara University Alumni Group on LinkedIn.
- Learn how to accept, decline, and negotiate offers.





Confidence • Clarity of Direction • A Heightened Sense of Purpose

## Soar to Career Success



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www.niagara.edu/career