

## VITA

### Timothy Michael Osberg

#### **University Address**

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#### **Education**

Ph.D. in Clinical Psychology, State University of New York at Buffalo (APA accredited), 1982.  
 M.A. in Clinical Psychology, State University of New York at Buffalo, 1980.  
 B.A. in Psychology, State University of New York at Buffalo, 1977.

#### **Licenses**

Licensed Psychologist (New York State License No. 8018).

#### **Certifications**

Nationally certified Mental Health First Aid Trainer, December 2020.  
 Certification in Telehealth from BestSelf Behavioral Health, May 2021.

#### **Present Positions**

Professor of Psychology, Niagara University, 1990-present.  
 Part-time private practice of clinical psychology, 1985-present.

#### **Previous Positions**

Chairperson, Department of Psychology, Niagara University, May 1987-May 1991; Spring 2000, Spring 2013 (acting).  
 Associate Professor of Psychology, Niagara University, 1986-1990.  
 Assistant Professor of Psychology, Niagara University, 1982-1986.  
 Member of the faculty of the Consortium of the Niagara Frontier (college program at the Attica Correctional Facility), 1980-1993.  
 Part-time private practice of clinical psychology, Western New York Institute for the Psychotherapies (Niagara Falls, Buffalo), 1985-87.  
 Clinical Associate, Psychology Department, State University of New York at Buffalo, 1983-88.  
 Intern in Clinical Psychology at the Veterans Administration Medical Center, Buffalo, NY (APA-accredited), 1981-82.

#### **Teaching Experience**

Introductory Psychology  
 Abnormal Psychology  
 Clinical Psychology  
 Psychological Assessment

Senior Seminar  
 Practicum in Psychology  
 Psychology Co-op Supervision  
 Honors Thesis Supervision

Supervised Research  
 Social Behavior  
 Personality  
 Research Methods in Psychology  
 Behavior Modification

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### Clinical Experience

- 1990-2020 Independent private practice of clinical psychology, Niagara Falls, NY.  
1989-92 Group therapist, *Optifast* weight loss program, Niagara Falls Memorial Medical Center.  
1985-87 Private practice of clinical psychology at the Western New York Institute for the Psychotherapies, Niagara Falls, NY.  
1981-82 Intern at Veterans Administration Medical Center, Buffalo, NY (Accredited by the American Psychological Association).

### Other Professional Activities

- Member of the Editorial Board, *Journal of Personality and Social Psychology*, 1988-92.  
Member of the Editorial Board, *Teaching of Psychology*, 1991-1999.  
Member of the Editorial Board, *Journal of Correctional Education*, 1993-97.  
Member of the Editorial Board, *Journal of Clinical Psychology*, 1999-2001.

Principal Reviewer, *Psychology of Addictive Behaviors*, 2012.

Editorial Reviewer for the following journals:

<i>Addictive Behaviors</i>	<i>Journal of Personality</i>
<i>American Journal of Drug and Alcohol Abuse</i>	<i>Journal of Personality and Social Psychology</i>
<i>Assessment</i>	<i>Journal of Personality Assessment</i>
<i>Criminal Justice and Behavior</i>	<i>Journal of Rational-Emotive &amp; Cog-Behav. Ther.</i>
<i>Drug and Alcohol Dependence Reports</i>	<i>Journal of Studies on Alcohol and Drugs</i>
<i>Drugs: Education, Prevention &amp; Policy</i>	<i>Personality and Social Psychology Bulletin</i>
<i>Eating Behaviors</i>	<i>Psychology of Addictive Behaviors</i>
<i>Journal of American College Health</i>	<i>Psychological Assessment</i>
<i>Journal of Clinical Psychology</i>	<i>Psychological Bulletin</i>
<i>Journal of Consulting and Clinical Psychology</i>	<i>Psychological Medicine</i>
<i>Journal of Correctional Education</i>	<i>Sociological Inquiry</i>
<i>Journal of Drug Issues</i>	<i>Social Psychology Quarterly</i>
<i>Journal of Ethnicity in Substance Abuse</i>	<i>Substance Use &amp; Misuse</i>
<i>Journal of Experimental Psychology: Applied</i>	<i>Teaching of Psychology</i>
<i>Journal of Experimental Social Psychology</i>	<i>Technology in Society</i>

Member, Paper Selection Committee for the following conventions:

- Eastern Psychological Association, 1986, 1987, 1989-1993.  
American Psychological Association (Division 2, Teaching of Psychology), 1986-2008.  
American Psychological Association (Division 8, Personality and Social Psychology), 1986, 1987.

Item writer and item editor for the *Psychological, Social, and Biological Foundations of Behavior* section of the Medical College Admissions Test (MCAT), August 2013-present.

External Reviewer, Social Sciences and Humanities Research Council of Canada grant proposal entitled, "The Vancouver longitudinal study of the psychosocial development of at-risk children," December 2005.

External Evaluator for Dr. Faith-Anne Dohm's application for the rank of Full Professor at Fairfield University, Fall 2005, 2007.

External Reviewer of the Department of Psychology at Buffalo State College, April/May 2004.

Member, Examination Development Committee for Excelsior College (formerly Regents College) Abnormal Psychology exam for distance learners, Albany, NY, 1998, 2001, 2007.

Invited paper, Annual Convention of the Eastern Psychological Association, Philadelphia, March 1996, *Cumulating data on effective teaching techniques in psychology: Towards integration of research on teaching.*

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Invited Chair, 1993 Eastern Psychological Association Paper Session on “Depression.”

Invited Chair, 1992 Eastern Psychological Association Poster Session on “Behavioral Medicine and Health.”

Registration Chairperson, Annual Convention of the Eastern Psychological Association, Buffalo, NY, April, 1988.

Organized and chaired symposium entitled, “Self-Prediction: The role of depression, defensive pessimism, and information usage in expectations for the future,” presented at the annual meeting of the Eastern Psychological Association, April 1988, Buffalo, NY.

Invited Commencement Speaker at the Attica Correctional Facility College Program Graduation Exercises, April 1988.

Invited Chair, 1987 Eastern Psychological Association Poster Session on “Personality and Personality Measurement.”

Editorial Reviewer of Introductory Psychology text by C.B. Wortman and E.F. Loftus (in preparation for third edition) for Random House Publishing Company, 1986.

Member, doctoral dissertation proposal and defense committee for Kathryn Cameron, a candidate in Niagara’s Ph.D. Program in Educational Leadership and Policy, completed April 2016.

Member, doctoral dissertation proposal and defense committee for Latise Hairston, a candidate in Niagara’s Ph.D. Program in Educational Leadership and Policy, completed January 2015.

Member, doctoral dissertation proposal and defense committee for Bonnie Kane, a candidate in Niagara’s Ph.D. Program in Educational Leadership and Policy, completed April 2014.

Outside reader of doctoral dissertation proposal, and subsequent dissertation (Ph.D. in clinical psychology), submitted by Joyce Williams to Fielding Graduate University, Santa Barbara, CA, July-November 2012.

Outside reader of doctoral dissertation (Ph.D. in clinical psychology) submitted by Adela Moldovan Bian to Babeş-Bolyai University, Cluj-Napoca, Romania, December 2011.

Outside reader of doctoral dissertation (Ph.D. in clinical psychology) submitted by Deborah Erikson to the University of Sidney, Australia, July 2003.

Outside reader of doctoral dissertation submitted by Judith Skurski Willard to the faculty of the Department of Educational Organization, Administration and Policy at the University at Buffalo, May 1993.

Clinical Supervision of graduate students in clinical psychology at SUNY-Buffalo, 1985-86.

### **Honors and Awards**

#### **Vincentian Honors**

Member of the third cohort (2013-2015) of the *Vincentian Mission Institute*, a collaborative two-year cohort program of Niagara University, St. John’s University, and DePaul University that seeks to engage senior leaders at the three institutions in support of their institution’s distinctive Vincentian and Catholic identity.

Invited attendee, Vincentian Higher Education Conference, New York, NY, November 11-12, 2016.

#### **Awards for Teaching**

Nominated for a Carnegie Foundation U.S. Professors of the Year Award, May 2001; April 2002.

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Recipient of the Niagara University Award for Excellence in Teaching, May 1995.

Recipient of the Outstanding Teacher Award in the College of Arts and Sciences, presented at the 14th Annual College of Arts and Sciences Day of Recognition, May 1994.

Recipient of the First Annual Thomas A. McHugh Distinguished Faculty Award given by the Consortium of the Niagara Frontier which administers college degree programs at the Attica, Collins, and Wyoming Correctional Facilities, December 1993.

Recipient of the Second Annual Teacher Recognition Award in Social Sciences given by the Student Advisory Council of the College of Arts and Sciences, Niagara University, May 1986.

### **Honors/Awards for Scholarship**

Listed among the most frequent contributors (tied for 23<sup>rd</sup>) in the 25-year history of the journal, *Teaching of Psychology* (Griggs, et al., 1999, *Teaching of Psychology*).

Elected to Fellow status, American Psychological Association (Division 2, Teaching of Psychology), August 1994.

Recipient of the Award for Excellence in Scholarship, presented at the Ninth Annual College of Arts and Sciences Day of Recognition, May 1989.

Honorable mention (second place overall) in the Society for Personality Assessment's 1986 Samuel Beck Research Award Competition for young investigators in the field of personality assessment.

Honorable mention (third place overall) in the Society for Personality Assessment's 1985 Samuel Beck Research Award Competition for young investigators in the field of personality assessment.

Winner of the Psychological Association of Western New York's Annual Graduate Student Research Award, 1982.

Winner of the State University of New York at Buffalo Psychology Department's Feldman-Cohen Memorial Award for outstanding undergraduate honors student, June 1977.

### **Awards for Service**

Recipient of the annual College of Arts and Sciences Excellence in Service Award, presented at the 27<sup>th</sup> Annual College of Arts and Sciences Day of Recognition, May 3, 2007.

Recipient, Outstanding Service Recognition Award, Niagara University Office of Multicultural and International Student Affairs, February 15, 2003.

Recipient, Outstanding Service Recognition Award, Niagara University Office of Multicultural and International Student Affairs, February 16, 2002.

Recipient, Mental Health Association of Niagara County's Annual Community Service Award, May 16, 2000.

### **Awards for Clinical Work**

Recipient, Mental Health Association of Niagara County's Annual Donald Walck Professionalism in Mental Health Award, May 18, 2004.

Certificate of Appreciation, United States Air Force, for Outstanding Support Provided During Operation Desert Storm (for leading therapy group for families of soldiers in the Persian Gulf War, Niagara Falls Air Base), April 1991.

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### **Memberships in Honorary Organizations**

Delta Epsilon Sigma, National Catholic Colleges honor society, 2007.  
Sigma Alpha Sigma, honorary research society, 1987, 2000.  
Psi Chi, national psychology honorary organization, 1983.  
Phi Beta Kappa, 1977.  
Phi Eta Sigma, Freshman Undergraduate Honor Society, 1975.

### **Academic Honors**

Summa Cum Laude Ph.D. graduate (GPA: 4.0), SUNY-Buffalo, 1982.  
Magna Cum Laude B.A. graduate with departmental honors in psychology (highest distinction), 1977.  
(Feldman-Cohen Memorial Award recipient for the Outstanding 1977 undergraduate in psychology at SUNY at Buffalo).

### **Biographical Listings**

*Who's Who in America*, 1994 (48<sup>th</sup> Ed.), 1995 (49<sup>th</sup> Ed.), 1996 (50<sup>th</sup> Ed.), 1997 (51<sup>st</sup> Ed.), 1998 (52<sup>nd</sup> Ed.), 1999 (53<sup>rd</sup> Ed.), 2000 (54<sup>th</sup> Ed.), 2001 (55<sup>th</sup> Ed.), 2002 (56<sup>th</sup> Ed.), 2003 (57<sup>th</sup> Ed.), 2004 (58<sup>th</sup> Ed.), 2005 (59<sup>th</sup> Ed.), 2006 (60<sup>th</sup> Ed.), 2007 (61<sup>st</sup> Ed.), 2008 (62<sup>nd</sup> Ed.), 2009 (63<sup>rd</sup> Ed.), 2010 (64<sup>th</sup> Ed.), 2011 (65<sup>th</sup> Ed.), 2012 (66<sup>th</sup> Ed.), 2013 (67<sup>th</sup> Ed.), 2014 (68<sup>th</sup> Ed.).  
*Who's Who in the World*, 1995 (12<sup>th</sup> Ed.), 1996 (13<sup>th</sup> Ed.), 1997 (14<sup>th</sup> Ed.), 1998 (15<sup>th</sup> Ed.), 1999 (16<sup>th</sup> Ed.), 2000 (17<sup>th</sup> Ed.), 2001 (18<sup>th</sup> Ed.), 2002 (19<sup>th</sup> Ed.), 2003 (20<sup>th</sup> Ed.), 2004 (21<sup>st</sup> Ed.), 2005 (22<sup>nd</sup> Ed.), 2006 (23<sup>rd</sup> Ed.), 2007 (24<sup>th</sup> Ed.), 2008 (25<sup>th</sup> Ed.).  
*Who's Who in American Education*, 2004-2005 (6<sup>th</sup> Ed.), 2006-2007 (7<sup>th</sup> Ed.).  
*Who's Who in the East*, 1993/94 (24<sup>th</sup> Ed.), 1995/96 (25<sup>th</sup> Ed.), 1997/98 (26<sup>th</sup> Ed.), 1999/2000 (27<sup>th</sup> Ed.).  
*Who's Who in Medicine and Healthcare*, 1999 (2<sup>nd</sup> Ed.), 2000-2001 (3<sup>rd</sup> Ed.), 2002-2003 (4<sup>th</sup> Ed.), 2004-2005 (5<sup>th</sup> Ed.).  
*Who's Who in Science and Engineering*, 1994/95 (2<sup>nd</sup> Ed.), 1996/97 (3<sup>rd</sup> Ed.).  
*Who's Who Among America's Teachers*, 1994 (3<sup>rd</sup> Ed.), 1998 (5<sup>th</sup> Ed.), 2000 (6<sup>th</sup> Ed.), 2002 (7<sup>th</sup> Ed.), 2004 (8<sup>th</sup> Ed.), 2006 (9<sup>th</sup> Ed.).  
*Who's Who Among Human Services Professionals*, 1986.

### **Scholarships**

United States Public Health Service Predoctoral Fellowship, 1977-78, 1979-80.

### **Research Grants**

Niagara University Research Council, Faculty Summer Research Grant, 2017 [Project title: *The Impact of Writing a Brief Essay against the College Drinking Culture on Freshman Alcohol Consumption and Its Consequences.*].  
Niagara University Academic Year Research Grant, special award 2016-2017 (Project Title: *Freshman year drinking trajectories: The role of college alcohol beliefs*). This was a special award of \$3000 to fund participant fees that was not part of the usual grant application cycle.  
Niagara University Research Council, Faculty Summer Research Grant, 2015 [with A. Levin and J. Carr, Project title: *Mindfulness Practices in The First Year Seminar* (received the CCTL grant)].  
Resubmitted, National Institutes of Health (National Institute of Alcohol Abuse and Alcoholism), Academic Research Enhancement Award grant proposal (Project Title: *Risk factors in the development of heavy drinking trajectories over the first two years of college: The role of college alcohol beliefs*), October 25, 2011 (not funded).

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Niagara University Academic Year Research Grant, 2011-2012 (Project Title: *Freshman year drinking trajectories: The role of college alcohol beliefs*).

Submitted, National Institutes of Health (National Institute of Alcohol Abuse and Alcoholism), Academic Research Enhancement Award grant proposal (Project Title: *Risk factors in the development of heavy drinking trajectories over the first two years of college: The role of college alcohol beliefs*), February 25, 2011 (not funded).

Niagara University Research Council, Faculty Summer Research Grant, 2010 [Project title: *Individual Differences in Students' Identification with the College Drinking Culture: Causes and Consequences*.].

Submitted, Recovery Act Limited Competition: NIH Challenge Grants in Health and Science research (RC1), Project title: *Interventions targeting college students' beliefs about the role of alcohol in college life: Evaluating mechanisms of change in heavy drinking and its consequences*, submitted April 27, 2009 (not funded).

Niagara University Academic Year Research Grant, 2009-2010 (Project Title: *Exploring the Predictive Validity of the College Life Alcohol Salience Scale*).

Niagara University Research Council, Faculty Summer Research Grant, 2008 [Project title: *The College Life Expectations Test (CLET): Development and psychometric evaluation*.].

Recipient, Mini-Grant (\$3,000) for *Underage Drinking Media Campaign*, New York State Office of Alcohol and Substance Abuse Services, November 2006.

Submitted, *Niagara University High Risk Drinking Prevention Program Proposal*, Grant Competition to Prevent High Risk Drinking or Violent Behavior Among College Students, U.S. Department of Education, February 6, 2006, not funded (12 of 160 college applications funded).

Niagara University Academic Year Research Grant, 2006-2007 (Project Title: *Retention in the Fall 2006 Cohort at Niagara University as a Function of Drinking and Drinking Attitudes*).

Niagara University Research Council, Faculty Summer Research Grant, 2006 (Project title: *A cross-sectional comparison of changes in college student drinking patterns, drinking motives, and protective behavioral strategies from freshman to senior year: Implications for student retention*.).

Niagara University Research Council Travel Mini-Grant, 2005-2006, to present findings of my college student retention research at the Society for Personality Assessment annual conference in San Diego, CA in March 2006.

Coauthored with Adrienne Liebowitz (and Deborah Curtis), *Niagara University High Risk Drinking Prevention Program Proposal*, Grant Competition to Prevent High Risk Drinking or Violent Behavior Among College Students, U.S. Department of Education, March 25, 2005, not funded (18 of 159 college applications funded).

Niagara University Academic Year Research Grant, 2005-2006 (Project Title: *"Cross-validating regression models revealing the relative strength of psychopathological, academic, demographic, and social predictors of college student retention"*).

Niagara University Research Council Mini-Grant, 2004-2005 (Project Title: *"MMPI-2 predictors of college student retention"*).

Niagara University Research Council, Faculty Summer Research Grant (Scholarship of Teaching Grant), 2004 (Project title: *"Reframing the retention question to ask why students stay: Impending graduates' and continuing students' self-reports of the sources of support that enabled their persistence"*).

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Committee on College Teaching and Learning, Active Learning Mini-Grant, 2004-2005 (Project title: “*Public speaking anxiety as a barrier to classroom participation: An exposure therapy-based approach to increasing classroom participation*”).

Collaborated on the Niagara Falls School District’s \$6 million Healthy Children/Healthy Schools Grant (2003-2006), which provided paid internships for 15 psychology majors across the period of funding.

Niagara University Academic Year Research Grant, 2003-2004 (Project Title: “*Measurement of Implicit Irrational Food Attitudes: Their Relation to Explicitly Measured Irrational Food Beliefs and Indicators of Weight Control Failure*”).

Niagara University Academic Year Research Grant, 2002-2003 (Project Title: “*Psychopathological predictors of second semester retention among college freshmen*”).

Niagara University Academic Year Research Grant, 2001-2002 (Project Title: “*Administration of the Minnesota Multiphasic Personality Inventory-2 to Elderly Populations: Evidence for the Overdiagnosis of Psychopathology*”).

Niagara University Academic Year Research Grant, 2000-2001 (Project Title: “*Does the Minnesota Multiphasic Personality Inventory-2 Overdiagnose Psychopathology in Young Adults?*”).

Niagara University Research Council, Faculty Summer Research Grant (Vincentian Award), 2000 (Project title: “*Youth aggression and violence: Identifying psychological correlates using the Minnesota Multiphasic Personality Inventory – Adolescent Form*”).

Niagara University Academic Year Research Grant, 1999-2000 (Project Title: “*Irrational food beliefs, binge eating, and weight gain in college freshmen: Beyond self-report*”).

Niagara University Academic Year Research Grant, 1998-99 (Project Title: “*MMPI-2 Correlates of Weight Cycling*”).

Niagara University Research Council, Faculty Summer Research Grant, 1998 (Project title: “*Validation of a measure of irrational food beliefs in a community sample*”).

Niagara University Academic Year Research Grant, 1997-98 (Project Title: “*Validation of the Irrational Food Beliefs Questionnaire*”).

Niagara University Academic Year Research Grant, 1996-97 (Project Title: “*Development of a scale to assess irrational food beliefs*”).

Niagara University Academic Year Research Grant, 1995-96 (Project Title: “*MMPI-2 subscale score configurations of inmates at a maximum-security prison*”).

Niagara University Academic Year Research Grant, 1994-95 (Project Title: “*Exploration of the psychological correlates of weight cycling*”).

Niagara University Research Council, Faculty Summer Research Grant, 1993 (Project Title: “*An Exploration of Individual Differences in Response to Treatment for Obesity: The Influence of Weight Locus of Control and Depression*”).

Niagara University Research Council, Faculty Summer Research Grant, 1990 (Project Title: “*Testing A Negative Self-Fulfilling Prophecy Explanation of Depressive Realism in Self-Prediction*”).

Niagara University Research Council, Faculty Summer Research Grant, 1989 (Project Title: “*An exploration of personality factors related to accuracy in the self-prediction of health-related behaviors*”).

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Niagara University Research Council, Faculty Summer Research Grant, 1987 (Project Title: *Exploring the relationship between self-prediction accuracy and psychological adjustment*).

Niagara University Research Council, Faculty Summer Research Grant, 1985 (Project Title: *An exploration of individuals' reports of strategies for self-cure of problem behaviors*).

Niagara University Research Council, Faculty Summer Research Grant, 1984 (Project Title: *Exploration of prison inmates' perceptions of pre-release problems and their recommendations for counseling procedures*).

### **Theses**

Osberg, T.M. (1983). Exploring the process and parameters of self-prediction. (Doctoral dissertation, State University of New York at Buffalo, 1982). *Dissertation Abstracts International*, 43, 3038B. Subsequently published. See Osberg & Shrauger (1986), *Journal of Personality and Social Psychology* citation under publications.

Osberg, T.M. (1980). *Self-consciousness and causal attribution*. Master's thesis, State University of New York at Buffalo.

Osberg, T.M. (1977). *The relationship of time investment and task outcome to causal attributions and self-esteem*. Undergraduate honors thesis, State University of New York at Buffalo. Subsequently published. See Shrauger & Osberg (1980), *Journal of Personality* citation under publications.

### **Publications**

Osberg, T. M., & Doxbeck, C. R. (2021). Dangerous partying during a pandemic: College alcohol beliefs, social norms, and students' participation in college parties during COVID-19. *Journal of American College Health*. Published online and awaiting assignment to journal issue.

Osberg, T.M., Bird, C., Mouso, L., Hearn, L., Foulis, J., Mundy, A., and Scalzo, S. (2021). Going against the norm: A mixed methods analysis of college students' arguments against the college drinking culture. *Substance Use & Misuse*, 56, 2242-2251.

Doxbeck, C. R., & Osberg, T. M. (2021). It's not all smoke and mirrors: The role of social norms, alcohol use, and pandemic partying in e-cigarette use during COVID-19. *Substance Use & Misuse*, 56 (10), 1551-1558, DOI: 10.1080/10826084.2021.1942058.

Osberg, T.M., & Boyer, A. (2018). College alcohol beliefs and drinking consequences: A multiple mediation analysis of norms, expectancies, and willingness to experience drinking consequences. *Journal of American College Health*, 66, 209-218.

Fish, J., Osberg, T.M., & Syed, M. (2017). "This is the way we were raised": Alcohol beliefs and acculturation in relation to alcohol consumption among Native Americans. *Journal of Ethnicity in Substance Abuse*, 16, 219-245.

Osberg, T. M., & Boyer, A. (2016). Dangerous beliefs: College alcohol beliefs are associated with increased risk of regretted sexual encounters. *Substance Use & Misuse*, 51, 1555-1565.

Osberg, T. M., Billingsley, K., Eggert, M., & Insana, M. (2012). From *Animal House* to *Old School*: A multiple mediation analysis of the association between college drinking movie exposure and freshman drinking and its consequences. *Addictive Behaviors*, 37, 922-930.

Osberg, T. M., & Eggert, M. (2012). Direct and indirect effects of stress on bulimic symptoms and BMI: The mediating role of irrational food beliefs. *Eating Behaviors*, 13, 54-57.



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- Osberg, T. M., Insana, M., Eggert, M., & Billingsley, K. (2011). Incremental validity of college alcohol beliefs in the prediction of freshman drinking and its consequences: A prospective study. *Addictive Behaviors, 36*, 333-340.
- Osberg, T. M., Atkins, L., Buchholz, L., Shirshova, V., Swiantek, A., Whitley, J., Hartman, S., & Oquendo, N. (2010). Development and validation of the College Life Alcohol Salience Scale: A measure of beliefs about the role of alcohol in college life. *Psychology of Addictive Behaviors, 24*, 1-12.
- Osberg, T. M., Haseley, E. N., & Kamas, M. M. (2008). The MMPI-2 clinical scales and Restructured Clinical (RC) scales: Comparative psychometric properties and relative diagnostic efficiency in young adults. *Journal of Personality Assessment, 90*, 81-92.
- Osberg, T. M., Poland, D., Aguayo, G., & MacDougall, S. (2008). The Irrational Food Beliefs Scale: Development and validation. *Eating Behaviors, 9*, 25-40.
- Osberg, T. M. (2008). Underdiagnosis/overdiagnosis. In F.T. L. Leong (Ed.). *Encyclopedia of counseling, Vol. 2 (personal counseling and mental health problems)*, pp. 493-494). Thousand Oaks, CA: Sage Publications.
- Norvilitis, J. M., Merwin, M. M., Osberg, T. M., Roehling, P. V., Young, P., & Kamas, M. M. (2006). Personality factors, money attitudes, financial knowledge, and credit card debt in college students. *Journal of Applied Social Psychology, 36*, 1395-1413.
- Osberg, T. M. (2004). A business case for increasing college mental health services: Increasing counseling services can increase student retention rates – and ultimately a college's bottom line. *Behavioral Health Management, 24*, 33-36. (Invited article).
- Osberg, T. M., & Poland, D. L. (2002). Comparative accuracy of the MMPI-2 and the MMPI-A in the diagnosis of psychopathology in 18-year-olds. *Psychological Assessment, 14*, 164-169.
- [Also abstracted in APA's *Clinician's Research Digest*, 2002, 20, 6].
- Osberg, T. M., & Poland, D. L. (2001). Validity of the MMPI-2 basic and Harris-Lingoes subscales in a forensic sample. *Journal of Clinical Psychology, 57*, 1369-1380.
- Osberg, T. M., & Harrigan, P. (1999). Comparative validity of the MMPI-2 Wiener-Harmon subtle-obvious scales in male prison inmates. *Journal of Personality Assessment, 72*, 36-48.
- Osberg, T. M., Thompson, W.B., & Munger, M. (1999). *Instructor's Resource Manual to Accompany Gray's Psychology*. (3rd. Ed.). New York: Worth Publishers.
- Osberg, T. M. (1997). Teaching psychotherapy outcome research methodology using a research-based checklist. *Teaching of Psychology, 24*, 271-274.
- [Reprinted in M. E. Ware & D. E. Johnson (Eds.). (2000). *Handbook of demonstrations and activities in the teaching of psychology*. (2<sup>nd</sup> Ed., Vol. III, pp. 149-152). Mahwah, NJ: Lawrence Erlbaum Associates].
- Thompson, W. B., & Osberg, T. M. (1994). *Instructor's Resource Manual to Accompany Gray's Psychology*. (2nd. Ed.). New York: Worth Publishers.
- Osberg, T. M., & Fraley, S. E. (1993). Faculty perceptions of teaching in a prison college program: Motivations, barriers, suggestions for improvement, and perceived equivalence to traditional college programs. *Journal of Correctional Education, 44*, 20-26.
- Osberg, T. M. (1993). Psychology is not just common sense: An introductory psychology demonstration. *Teaching of Psychology, 20*, 110-111.

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- [Reprinted in M. E. Ware & D. E. Johnson (Eds.). (2000). *Handbook of demonstrations and activities in the teaching of psychology*. (2<sup>nd</sup> Ed., Vol. I, pp. 9-10). Mahwah, NJ: Lawrence Erlbaum Associates].
- Osberg, T.M. (1992). Review of the Self-Awareness Profile. In J.J. Kramer & J.C. Conoley (Eds.). *The Eleventh Mental Measurements Yearbook* (pp. 806-807). Lincoln, NE: Buros Institute of Mental Measurements.
- Osberg, T.M. (1992). Review of the Salience Inventory. In J.J. Kramer & J.C. Conoley (Eds.). *The Eleventh Mental Measurements Yearbook* (pp. 778-779). Lincoln, NE: Buros Institute of Mental Measurements.
- Osberg, T. M. (1992). The disordered monologue: A classroom demonstration of the symptoms of schizophrenia. *Teaching of Psychology*, 19, 47-48.
- [Reprinted in M. E. Ware & D. E. Johnson (Eds.). (2000). *Handbook of demonstrations and activities in the teaching of psychology*. (2<sup>nd</sup> Ed., Vol. III, pp. 5557). Mahwah, NJ: Lawrence Erlbaum Associates.].
- [Also reprinted in M. R. Hebl, C. L. Brewer, & L. T. Benjamin, Jr. (Eds.). (2000). *Handbook for teaching introductory psychology*. (Vol. II, pp. 240-241). Mahwah, NJ: Lawrence Erlbaum Associates.].
- Osberg, T. M., & Thompson, W.B. (1991). *Instructor's Resource Manual to Accompany Gray's Psychology*. New York: Worth Publishers.
- Osberg, T.M. (1991). Teaching current advances in psychology: Student and instructor advantages. *Teaching of Psychology*, 18, 41-42.
- Osberg, T.M., & Shrauger, J.S. (1990). The role of self-prediction in psychological assessment. In J.N. Butcher & C.D. Spielberger (Eds.). *Advances in Personality Assessment*. (Vol. 8, pp. 97-120). Hillsdale, NJ: Lawrence Erlbaum.
- Osberg, T.M. (1989). Self-report reconsidered: A further look at its advantages as an assessment technique. *Journal of Counseling and Development*, 68, 111-113.
- Osberg, T.M., & Raulin, M.L. (1989). Networking as a tool for career advancement among academic psychologists. *Teaching of Psychology*, 16, 26-28.
- Osberg, T.M. (1987). Further issues in prison teaching: A response to Dodd. *Teaching of Psychology*, 14, 233-235.
- Osberg, T.M. (1987). The convergent and discriminant validity of the Need for Cognition Scale. *Journal of Personality Assessment*, 51, 441-450.
- Osberg, T. M. (1987). The Self-Consciousness Scale. In D. J. Keyser & R. C. Sweetland (Eds.). *Test Critiques*. (Vol. 5, 412-418). Kansas City: Test Corporation of America.
- Osberg, T. M. & Shrauger, J. S. (1986). Self-prediction: Exploring the parameters of accuracy. *Journal of Personality and Social Psychology*, 51, 1044-1057 (doctoral dissertation).
- Osberg, T. M., & Shrauger, J. S. (1986). Retrospective versus prospective causal judgments of self and others' behavior. *Journal of Social Psychology*, 126, 169-178.
- Osberg, T. M. (1986). Teaching psychology in a prison. *Teaching of Psychology*, 13, 15-19.
- Osberg, T. M. (1985). Order effects in the administration of personality measures: The case of the Self-Consciousness Scale. *Journal of Personality Assessment*, 49, 536-540.
- Osberg, T. M. (1985). The Social Behavior Assessment Schedule. In D. J. Keyser & R. C. Sweetland (Eds.). *Test Critiques*. (Vol. 3, pp. 608-614). Kansas City: Test Corporation of America.

## Vita - Timothy Michael Osberg

- Osberg, T. M. (1982). Social skills training with children: An update. *Child Study Journal*, 12, 57-75.
- Shrauger, J. S., & Osberg, T. M. (1982). Self-awareness: The ability to predict one's future behavior. In G. Underwood (Ed.). *Aspects of Consciousness: Awareness and Self-Awareness*. (Vol. 3, 267-313). London: Academic Press.
- Shrauger, J. S., & Osberg, T. M. (1981). The relative accuracy of self-predictions and judgments by others in psychological assessment. *Psychological Bulletin*, 90, 322-351.
- Shrauger, J. S., & Osberg, T. M. (1980). The relationship of time investment and task outcome to causal attributions and self-esteem. *Journal of Personality*, 48, 360-378 (undergraduate senior honors thesis).

### **In Preparation**

- Osberg, T. M. (2022). *Mental health and college completion: A prospective study of MMPI-2 and MMPI-2-RF predictors of early college student attrition and subsequent five-year graduation*.

### **Convention Presentations**

- Osberg, T. M., Young, J., Ausman, E., & Fields, E. (2023, March). *Food Insecurity, social engagement, and mental health in college students: A multiple mediation analysis*. To be presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Dixon, R. & Osberg, T. M. (2023, March). *Traditional masculinity-femininity, food insecurity, and suicidality: A moderated multiple mediation analysis*. To be presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Puzan, T. & Osberg, T. M. (2023, March). *Cell phone use, perceived stress, and mental health: A multiple mediation analysis*. To be presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Stanley, J. & Osberg, T. M. (2023, March). *Athletic performance and mental health: The mediating role of sleep quality and self-expression*. To be presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Doxbeck, C. R., & Osberg, T. M. (2021, August). *Exploring social norms, pandemic partying, and e-cigarette use in United States college students*. Presented at the annual meeting of the American Psychological Association, San Diego, CA (virtual).
- Osberg, T. M., & Doxbeck, C. R. (2021, August). *College alcohol beliefs, fear of COVID-19, political ideology, and college partying during COVID-19*. Presented at the annual meeting of the American Psychological Association, San Diego, CA (virtual).
- Osberg, T. M., Foulis, J., Mundy, A., & Scalzo, A. (2021, July). *College students' evaluations of the effectiveness of arguments against the college drinking culture*. Presented at the 32<sup>nd</sup> International Congress of Psychology, Prague, Czech Republic (virtual).
- Foulis, J. & Osberg, T. M. (2021, March). *Gender and anxiety in response to COVID-19 among incoming college students: A moderated mediation analysis*. Presented at the annual meeting of the Eastern Psychological Association (virtual).
- Kolacz, K. & Osberg, T. M. (2021, March). *Self-efficacy, posttraumatic stress, and perceived teaching effectiveness of inner-city schoolteachers*. Presented at the annual meeting of the Eastern Psychological Association (virtual).

## Vita - Timothy Michael Osberg

- Mundy, A. & Osberg, T. M. (2021, March). *College student mental health during COVID-19: Role of self-efficacy, resilience, and psychopathy*. Presented at the annual meeting of the Eastern Psychological Association (virtual).
- Scalzo, A. & Osberg, T. M. (2021, March). *High school eating disorder symptoms and alcohol consequences in college*. Presented at the annual meeting of the Eastern Psychological Association (virtual).
- Osberg, T. M. (2020, August). *Pre-college alcohol beliefs, gender, and first semester changes in freshman drinking*. Presented virtually at the annual meeting of the American Psychological Association.
- Foulis, J., Scalzo, A., & Osberg, T. M. (2020, June). *Drinking identity and drinking consequences: A serial mediation analysis*. Presented virtually at the annual meeting of the Eastern Psychological Association.
- Mundy, A., & Osberg, T. M. (2020, June). *The impact of gender, social interaction anxiety, and social engagement on retention to sophomore and junior year*. Presented virtually at the annual meeting of the Eastern Psychological Association.
- Osberg, T. M. (2019, August). *College alcohol beliefs, gender, and first semester changes in drinking game participation*. Presented at the annual meeting of the American Psychological Association, Chicago, IL.
- Hearn, L., & Osberg, T. M. (2019, March). *College alcohol beliefs and drinking consequences: A conditional process analysis*. Presented at the annual meeting of the Eastern Psychological Association, New York, NY.
- Foulis, J., Mundy, A., & Osberg, T. M. (2019, March). *Predicting freshman drinking consequences: A study of student and parent alcohol beliefs*. Presented at the annual meeting of the Eastern Psychological Association, New York, NY.
- Osberg, T. M. (2018, August). *Prospective study of college alcohol beliefs and drinking identity in predicting drinking outcomes*. Presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Loveland, C., & Osberg, T. M. (2018, March). *College alcohol beliefs and drinking consequences: Drinking and sleep quality as mediators*. Presented at the annual meeting of the Eastern Psychological Association, Philadelphia, PA.
- Osberg, T. M., & Hearn, L. (2018, March). *College alcohol beliefs outperform norms, expectancies, and motives in explaining drinking consequences*. Presented at the annual meeting of the Eastern Psychological Association, Philadelphia, PA.
- Treverton, B. N., & Osberg, T. M. (2018, March). *Comparative validity of food-related thinking styles in explaining binge eating and bulimia*. Presented at the annual meeting of the Eastern Psychological Association, Philadelphia, PA.
- Osberg, T. M., Levin, A., & Jakubowski, J. (2017, August). *Gender and changes in drinking and mental health among incoming college students*. Presented at the annual meeting of the American Psychological Association, Washington, DC.
- Doxbeck, C., & Osberg, T. M. (2017, March). *The power of belief: College alcohol beliefs and pregameing among incoming freshmen*. Presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Knowles, D., & Osberg, T. M. (2017, March). *College alcohol beliefs, perceived parental college alcohol beliefs, norms, and freshmen drinking*. Presented at the annual meeting of the Eastern Psychological Association, Boston, MA.

## Vita - Timothy Michael Osberg

- Lauher, M., & Osberg, T. M. (2017, March). *Choosing Animal House: College choice reasons, college alcohol beliefs, and freshmen drinking*. Presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Osberg, T. M., Levin, A., Bird, C., Mousso, L., Chatt, S., Carlson, S., Pritchard, J., Hearn, L., Taylor, M., & Moody, T. (2017, March). *Going against the norm: College students' arguments against the college drinking culture*. Presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Zaky, K., & Osberg, T. M. (2017, March). *Incremental validity of social interaction anxiety in explaining drinking in freshmen women*. Presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Osberg, T. M. (2016, August). *Game Changers: Predicting change in drinking game participation among college freshmen*. Presented at the annual meeting of the American Psychological Association, Denver, CO.
- Albano, N., Zaky, K., & Osberg, T. M. (2016, March). *Gender differences in the correlates of psychological help-seeking stigma*. Presented at the annual meeting of the Eastern Psychological Association, New York, NY.
- Doxbeck, C., Lauher, M., & Osberg, T. M. (2016, March). *Mindfulness, personality, smartphone addiction, and mental health among college students*. Presented at the annual meeting of the Eastern Psychological Association, New York, NY.
- Edmonds, T., & Osberg, T. M. (2016, March). *Factors associated with psychological help-seeking stigma in college students*. Presented at the annual meeting of the Eastern Psychological Association, New York, NY.
- Leone, M., & Osberg, T. M. (2016, March). *Social networking site usage, social sensitivity, and generalized anxiety in college students*. Presented at the annual meeting of the Eastern Psychological Association, New York, NY.
- Osberg, T. M., & Romano, L. (2016, March). *Faculty experiences with encountering college student mental illness*. Presented at the annual meeting of the Eastern Psychological Association, New York, NY.
- Rosset, A., & Osberg, T. M. (2016, March). *Role conflict and team environment in relation to mental health among Division I college student athletes*. Presented at the annual meeting of the Eastern Psychological Association, New York, NY.
- Butera, P., Schupp, P., & Osberg, T. (2016, January). *Assessing great teaching: Psychometric properties of a new measure based upon Bain's principles of great teaching*. Presented at the 15th Annual Niagara University International Conference on Teaching and Learning, Niagara University, NY.
- Osberg, T. M., & Boyer, A. (2015, August). *College alcohol beliefs are associated with increased risk of regretted sexual encounters*. Presented at the annual meeting of the American Psychological Association, Toronto, ON, Canada.
- Osberg, T. M., & Boyer, A. (2015, June). *Indirect effects of college alcohol beliefs on drinking consequences: A multiple mediation analysis*. Presented at the annual meeting of the Research Society on Alcoholism, San Antonio, TX.
- Osberg, T. M., & Boyer, A. (2015, March). *College alcohol beliefs and drinking identity in relation to drinking and consequences*. Presented at the annual meeting of the Eastern Psychological Association, Philadelphia, PA.
- Boyer, A., & Osberg, T. M. (2015, March). *Irrational food beliefs, childhood sexual abuse history, and bulimic symptoms in men*. Presented at the annual meeting of the Eastern Psychological Association, Philadelphia, PA.

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- Joya, H., Albano, N., & Osberg, T. M. (2015, March). *The role of secure parental attachment and personality in college self-efficacy*. Presented at the annual meeting of the Eastern Psychological Association, Philadelphia, PA.
- Keeley, H., & Osberg, T. M. (2015, March). *Irrational food beliefs mediate the connection between relationship insecurity and bulimic symptoms*. Presented at the annual meeting of the Eastern Psychological Association, Philadelphia, PA.
- Leone, M., Edmonds, T., & Osberg, T. M. (2015, March). *Personality, adverse childhood experiences, and variations in college student stress*. Presented at the annual meeting of the Eastern Psychological Association, Philadelphia, PA.
- Lorenzo, C., Prinzi, A., & Osberg, T. M. (2015, March). *Accessing pro-eating disorder websites: Relationship to eating disorder symptomology*. Presented at the annual meeting of the Eastern Psychological Association, Philadelphia, PA.
- Oxley, K., & Osberg, T. M. (2015, March). *Everyday creativity: The relative contributions of personality and creative mindset*. Presented at the annual meeting of the Eastern Psychological Association, Philadelphia, PA.
- Osberg, T. M. (2014, August). *College alcohol beliefs mediate changes in freshman drinking, norms don't*. Presented at the annual meeting of the American Psychological Association, Washington, DC.
- Boyer, A., & Osberg, T. M. (2014, March). *College alcohol beliefs and trait urgency in relation to drinking and consequences*. Presented at the annual meeting of the Eastern Psychological Association, Boston, MA. [**First Place**, student poster award].
- Dunkelberger, N., & Osberg, T. M. (2014, March). *Disentangling college alcohol beliefs from social integration in accounting for college drinking*. Presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Elling, C. E., & Osberg, T. M. (2014, March). *The role of cognitive factors in bipolar disorder symptoms and bulimia nervosa*. Presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Keeley, H., & Osberg, T. M. (2014, March). *Cultural variations in disordered eating, body image, and irrational food beliefs*. Presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Lapp, C. R., & Osberg, T. M. (2014, March). *Autism folklore: Common stereotypes held by the lay public*. Presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Leone, M., Albano, N., & Osberg, T. M. (2014, March). *The Big Five personality factors, middle school experiences, and psychological adjustment*. Presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Markham, A., & Osberg, T. M. (2014, March). *The comparative effects of self-esteem, optimism, and resilience in buffering PTSD symptoms*. Presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- McKeon, J. I., & Osberg, T. M. (2014, March). *Personality, anxiety, and help-seeking behavior*. Presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Osberg, T. M. (2013, August). *Initial college alcohol beliefs predict freshman drinking at a six-month follow-up*. Presented at the annual meeting of the American Psychological Association, Honolulu, HI.

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- Elling, C., & Osberg, T. M. (2013, March). *Rape myth acceptance and the Dark Triad of personality traits*. Presented at the annual meeting of the Eastern Psychological Association, New York, NY.
- Knight, M., & Osberg, T. M. (2013, March). *Relationship perceptions and the Dark Triad*. Presented at the annual meeting of the Eastern Psychological Association, New York, NY.
- Lorenzo, C., & Osberg, T. M. (2013, March). *Music genre preferences and their relation to depression and self-injury*. Presented at the annual meeting of the Eastern Psychological Association, New York, NY.
- Markham, A., & Osberg, T. M. (2013, March). *The Dark Triad, academic performance attributions, and academic dishonesty*. Presented at the annual meeting of the Eastern Psychological Association, New York, NY.
- McKeon, J. I., Dyster, R. A., & Osberg, T. M. (2013, March). *Personality and social correlates of the Dark Triad*. Presented at the annual meeting of the Eastern Psychological Association, New York, NY.
- Osberg, E. E., & Osberg, T. M. (2013, March). *Predicting changes in alcohol consequences during freshman year: A multiple mediation analysis*. Presented at the annual meeting of the Eastern Psychological Association, New York, NY.
- Osberg, T. M., Nordin, C., Boyer, A., & Dunkelberger, N. (2013, March). *The Dark Triad and self-reported criminal activity among college students*. Presented at the annual meeting of the Eastern Psychological Association, New York, NY.
- Paul, A., & Osberg, T. M. (2013, March). *The relationship between depression, distorted food attitudes, and diet nutritional quality*. Presented at the annual meeting of the Eastern Psychological Association, New York, NY.
- Whitley, J. R., & Osberg, T. M. (2013, March). *Sensation seeking, college alcohol beliefs, and drinking among college and non-college adults*. Presented at the annual meeting of the Eastern Psychological Association, New York, NY.
- Osberg, T. M., Billingsley, K., Eggert, M., & Insana, M. (2012, August). *College drinking movie exposure impacts freshman drinking: A multiple mediation analysis*. Presented at the annual meeting of the American Psychological Association, Orlando, FL.
- Osberg, T. M., & Serianni, C. (2012, April). *MMPI-2 and MMPI-2-RF predictors of college student attrition*. Presented at the 47<sup>th</sup> Annual Symposium on Recent Research with the MMPI-2/MMPI-2-RF/MMPI-A, Las Vegas, NV.
- Antonelli, C., & Osberg, T. M. (2012, March). *Irrational food beliefs, attitudes toward thinness, and body esteem*. Presented at the annual meeting of the Eastern Psychological Association, Pittsburgh, PA.
- Coppola, S., & Osberg, T. M. (2012, March). *Incremental validity of the Power of Food Scale in explaining bulimic symptoms*. Presented at the annual meeting of the Eastern Psychological Association, Pittsburgh, PA.
- Fish, J., & Osberg, T. M. (2012, March). *Development and preliminary validation of the Native American Alcohol Beliefs Scale*. Presented at the annual meeting of the Eastern Psychological Association, Pittsburgh, PA.
- Kilmer, A., & Osberg, T. M. (2012, March). *Complicated grief, positive and negative affect, and symptoms of alcohol use disorders*. Presented at the annual meeting of the Eastern Psychological Association, Pittsburgh, PA.

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- Osberg, E., & Osberg, T. M. (2012, March). *Cyberbullying and the Big Five Personality Factors: Victim and perpetrator correlates*. Presented at the annual meeting of the Eastern Psychological Association, Pittsburgh, PA.
- Osberg, T. M., Hardison, K., Kilmer, A., Overton, K., Antonelli, C., Morrison, C., Osberg, E., Coppola, S., Knight, M., Fish, J., Nordin, C., & O'Sullivan, K. (2012, March). *College alcohol beliefs and sensation seeking in relation to freshman drinking consequences*. Presented at the annual meeting of the Eastern Psychological Association, Pittsburgh, PA.
- Overton, K., & Osberg, T. M. (2012, March). *Measuring the impact of parental cancer: The Reactions to Parental Cancer Scale*. Presented at the annual meeting of the Eastern Psychological Association, Pittsburgh, PA.
- Osberg, T. M., Insana, M., Eggert, M., & Billingsley, K. (2011, August). *Incremental Validity of College Alcohol Beliefs in Predicting Freshman Drinking*. Presented at the annual meeting of the American Psychological Association, Washington, DC.
- Osberg, T. M., Billingsley, K., Eggert, M., Hogan, C., Overton, K., Hardison, K., Brzezowski, E., Antonelli, C., Castiglione, T., Stevens, C., Fish, J., Coppola, S., Morrison, C., Collins, A., Knight, M., Kilmer, A., & Caldwell, S. (2011, March). *Development and validation of a measure of the drinking competition motive*. Presented at the annual meeting of the Eastern Psychological Association, Cambridge, MA.
- Billingsley, K., & Osberg, T. M. (2011, March). *The drinking competition motive: Direct and indirect effects on drinking and consequences*. Presented at the annual meeting of the Eastern Psychological Association, Cambridge, MA.
- Osberg, T. M., Insana, M., Eggert, M., Billingsley, K., Hogan, C., Antonelli, C., Brzezowski, E., Swiantek, A., Singh, H., Murphy, A., Mann, S., Collins, A., & Vescio, S. (2010, August). *Validity of college alcohol beliefs in predicting drinking game participation*. Presented at the annual conference of the American Psychological Association, San Diego, CA.
- Osberg, T. M., Insana, M., Eggert, M., Billingsley, K., Hogan, C., Antonelli, C., Brzezowski, E., Swiantek, A., Singh, H., Murphy, A., Mann, S., Collins, A., & Vescio, S. (2010, March). *College Alcohol Beliefs, College Drinking Movie Exposure, Perceived Drinking Norms, Alcohol Expectancies, and Drinking Among College Students*. Presented at the annual conference of the Eastern Psychological Association, New York (Brooklyn), NY.
- Osberg, T. M., Atkins, L., Buchholz, L., Shirshova, V., Swiantek, A., Whitley, J., Hartman, S., & Oquendo, N. (2009, August). *Development and Validation of the College Life Alcohol Salience Scale (CLASS): A Measure of Beliefs about the Role of Alcohol in College Life*. Presented at the annual meeting of the American Psychological Association, Toronto, ON, Canada.
- Atkins, L. M., & Osberg, T. M. (2009, May). *College drop-outs vs. graduates: Comparison of MMPI-2 clinical scale code-types and RC scale elevations*. Presented at the 44<sup>th</sup> Annual Symposium on Recent Research with the MMPI-2/MMPI-2-RF/MMPI-A, Minneapolis, MN.
- Buchholz, L. J., & Osberg, T. M. (2009, May). *Comparative psychometric properties of the MMPI-2 clinical scales and Restructured Clinical scales in a sample of older adults*. Presented at the 44<sup>th</sup> Annual Symposium on Recent Research with the MMPI-2/MMPI-2-RF/MMPI-A, Minneapolis, MN.
- Osberg, T. M., Atkins, L., Collins, H., Buchholz, L., Insana, M., Sabo, C., Grabka, J., Whitley, J., Ilic, T., Lisuzzo, M., Shirshova, V., Swiantek, A., and Eggert, M. (2009, March). *The College Life Alcohol Salience Scale Demonstrates Incremental Validity Relative to Past Behavior in the Prediction of College Student Drinking and Its Consequences*. Presented at the annual meeting of the Eastern Psychological Association, Pittsburgh, PA.



## Vita - Timothy Michael Osberg

- Osberg, T. M., Serianni, C., LoFurno, M., Sabatini, A., Thomson, K., Pelkey, J., & Mahoney, J. (2008, August). *Incremental validity of alcohol problems in predicting college freshman grades*. Presented at the annual meeting of the American Psychological Association, Boston, MA.
- Osberg, T. M., Atkins, L., Buchholz, L., Swiantek, A., & Hartman, S. (2008, March). *Comparative validity of the MMPI-2 Clinical and Restructured Clinical (RC) scales in a sample of prison inmates*. Presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Osberg, T. M., LoFurno, M., Collins, H., Thomson, K., Sabatini, A., & Mahoney, J. (2007, August). *College year differences in binge drinking and protective strategies*. Presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Osberg, T. M., Haseley, E. N., & Kamas, M. M. (2007, April). *Comparative Within-Normal-Limits rates and diagnostic efficiency of RC Scale based and other MMPI-2 indicators of general maladjustment in young adults*. Presented at the 42<sup>nd</sup> Annual Symposium on Recent Research with the MMPI-2/MMPI-A, Ft. Lauderdale, FL.
- Osberg, T. M., Collins, H., Thomson, K., Howard, K., Richbart, M., Sylvester, S., Swiantek, A., & Dempski, K. (2007, March). *Big Five personality factors associated with drinking motives, protective behavioral strategies, and negative consequences of drinking in college freshmen*. Presented at the annual meeting of the Eastern Psychological Association, Philadelphia, PA.
- Osberg, T. M. (2006, August). *The majors-only introductory psychology course increases retention to graduation*. Presented at the annual meeting of the American Psychological Association, New Orleans, LA.
- Osberg, T. M., LoFurno, M., Sabatini, A., Pelkey, J., Mahoney, J., Parker, K., Scheuer, M., Thomson, K., Sylvester, S., & Rotella, B. (2006, May). *Drinking motives, psychiatric symptomology, and drinking among college freshmen*. Presented at the annual meeting of the Association for Psychological Science, New York, NY.
- Osberg, T. M., LoFurno, M. E., Sabatini, A. M., & Pelkey, J. E. (2006, March). *Comparative validity of the MMPI-2 Clinical, RC, PSY-5, and Supplementary Scales in the prediction of college student attrition*. Presented at the annual meeting of the Society for Personality Assessment, San Diego, CA.
- Osberg, T. M., & Haseley, E. N. (2005, August). *Effectiveness of an Exposure-Based Intervention to Increase Classroom Participation*. Presented at the annual meeting of the American Psychological Association, Washington, DC.
- Osberg, T. M., Huber, N. M., O'Brien, K. E., & Haseley, E. N. (2005, August). *Persistence Through College: The Role of Psychological Problems and Supports*. Presented at the annual meeting of the American Psychological Association, Washington, DC.
- Osberg, T. M., Haseley, E. N., & Kamas, M. M. (2005, April). *MMPI-2 RC Demoralization Scale Outperforms Academic Predictors of College Student Retention*. Presented at the 40<sup>th</sup> Annual Symposium on Recent Research with the MMPI-2/MMPI-A, Ft. Lauderdale, FL.
- Strasser, J. R., & Osberg, T. M. (2005, April). *MMPI-2 PSY-5 Correlates of Sexual Attitudes and Behaviors Among College Students*. Presented at the 40<sup>th</sup> Annual Symposium on Recent Research with the MMPI2/MMPI-A, Ft. Lauderdale, FL.
- Osberg, T. M., & Haseley, E. N. (2005, March). *Students' Perceived Barriers to Classroom Participation*. Presented at the annual meeting of the Eastern Psychological Association, Boston, MA.

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- Osberg, T. M., Huber, N. M., O'Brien, K. E., Haseley, E. N., & Kamas, M. M. (2005, March). *Reframing the retention question to ask why students stay: College students' reports of the sources of support that enabled their persistence*. Presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Haseley, E. N., & Osberg, T. M. (2005, March). *Which children possess psychopathic tendencies? Empathy, guilt, narcissism, and facial affect recognition as indicators*. Presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Osberg, T. M., Basta, J. C., & Phillips, D. N. (2004, August). *Reliability and validity of the Psychopathic Personality Inventory in youths*. Presented at the annual meeting of the American Psychological Association, Honolulu, Hawai'i.
- Osberg, T. M., Kamas, M. M., Haseley, E. N., & Henderson, D. M. (2004, August). *MMPI-2 Demoralization RC Scale Predicts Early, Later College Student Attrition*. Presented at the annual meeting of the American Psychological Association, Honolulu, Hawai'i.
- Osberg, T. M., Haseley, E. N., Kamas, M. M., Henderson, D. M., Harper, E. A., Huber, N. M., Waldeck, C. A., Strasser, J. R., Culp, R. M., & Pilarski, D. J. (2004, April). *Comparative validity of self-report measures of psychopathy and antisocial behavior in relation to overall and violent crime*. Presented at the annual meeting of the Eastern Psychological Association, Washington, DC.
- Kamas, M. M., Osberg, T. M., Basta, J. C., & Norvilitis, J. M. (2004, April). *Psychopathy and Impulsivity in Relation to Youths' Success at Avoiding Criminal Detection*. Presented at the annual meeting of the Eastern Psychological Association, Washington, DC.
- Kamas, M. M., Haseley, E. N., & Osberg, T. M. (2004, April). *College student responses to the outbreak of war: A Terror Management analysis*. Presented at the annual meeting of the Eastern Psychological Association, Washington, DC.
- Osberg, T. M., Valentine, M., Kinner, P., Stoelting, D., & Pollard, R. (2004, March). *Mental health problems as a barrier to college student retention and learning: An open discussion*. Presented at the annual meeting of the New York State College Learning Skills Association, Buffalo, NY.
- Osberg, T. M., Haseley, E. N., Kamas, M. M., & Henderson, D. M. (2004, March). *The MMPI-2 clinical scales and RC scales: Comparability of indices of profile elevation and general maladjustment in young adults*. Presented at the annual meeting of the Society for Personality Assessment, Miami, FL.
- Osberg, T. M., & Basta, J. C. (2003, August). *Incremental Validity of the MMPI-A Conduct Problems Content Scale*. Presented at the annual meeting of the American Psychological Association, Toronto, Ontario, Canada.
- Osberg, T. M., & Hall, M. J. (2003, August). *Do the MMPI-2 Content Scales Overpathologize 18-Year-Olds?* Presented at the annual meeting of the American Psychological Association, Toronto, Ontario, Canada.
- Osberg, T. M., Lindstrom, C. M., & Heftka, J. (2003, March). *Choosing the city's finest: Comparative validity of psychological assessment methods used in police officer candidate selection*. Presented at the annual meeting of the Eastern Psychological Association, Baltimore, MD.
- Osberg, T. M., & Law, S. M. (2003, March). *Gender differences in cognitive factors related to body esteem and adherence to the thinness ideal*. Presented at the annual meeting of the Eastern Psychological Association, Baltimore, MD.
- Hillman, J. E., & Osberg, T. M. (2003, March). *Irrational food beliefs and symptoms of bulimia in high school girls*. Presented at the annual meeting of the Eastern Psychological Association, Baltimore, MD.

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- Swartout, K. M., & Osberg, T. M. (2003, March). *MMPI-2 correlates of drug problems and reasons for drug usage among college students*. Presented at the annual meeting of the Eastern Psychological Association, Baltimore, MD.
- Osberg, T. M., Basta, J. C., Peters, M. A., & Pettapiece, J. A. (2002, August). *MMPI-A correlates of disciplinary problems in high school students*. Presented at the annual meeting of the American Psychological Association, Chicago, IL.
- Osberg, T. M., & Mercer, M. (2002, March). *Evidence of the overpathologizing of the MMPI-2 in a sample of older adults*. Presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Schneidman, B. R., & Osberg, T. M. (2002, March). *Self-verification theory and patterns of relationship violence*. Presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Osberg, T. M., & Basta, J. C. (2001, August). *Implementing PowerPoint in the classroom: Advantages, obstacles, and student reactions*. Presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Osberg, T. M., Basta, J. C., & Peters, M. A. (2001, August). *MMPI-A correlates of criminality and violence in high school students*. Presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Osberg, T. M., Hanny, S., Mercer, M., Pettapiece, J., & Schneidman, B. (2001, June). *Instability of MMPI-2 and MMPI-A code types in young adults*. Presented at the annual meeting of the American Psychological Society, Toronto, Ontario, Canada.
- Osberg, T. M., & Barnett, J. E. (2001, April). *Comparative validity of the Psychopathic Personality Inventory and the MMPI-2 Pd Scale in relation to overall and violent crime*. Presented at the annual meeting of the Eastern Psychological Association, Washington, DC.
- Osberg, T. M., & Williams, J. (2001, April). *The relationship of narcissism and self-esteem to overall and violent crime history*. Presented at the annual meeting of the Eastern Psychological Association, Washington, DC.
- Tallides, S. J., & Osberg, T. M. (2001, April). *Comparison of four measures of weight cycling: Relations to eating attitudes, beliefs, behaviors, and psychopathology*. Presented at the annual meeting of the Eastern Psychological Association, Washington, DC.
- Taylor, D. B., Ireland, T. I., & Osberg, T. M. (2000, November). *Problem-solving and team-building intervention: Assessing an assault reduction strategy in a public high school*. Presented at the annual meeting of the American Society of Criminology, San Francisco, CA.
- Osberg, T. M., & Poland, D. L. (2000, August). *MMPI-2 versus MMPI-A in 18-year-olds: Sensitivity and specificity*. Presented at the annual meeting of the American Psychological Association, Washington, DC.
- Osberg, T. M. (2000, July). *Irrational food beliefs: Hidden barrier to weight loss and maintenance?* Presented at the XXVII International Congress of Psychology, Stockholm, Sweden.
- Osberg, T. M., & Poland, D. L. (2000, March). *Incremental validity of the MMPI-2 Harris-Lingoes subscales in a forensic sample*. Presented at the annual meeting of the Eastern Psychological Association, Baltimore, MD.
- Osberg, T. M., Poland, D. L., Stappenbeck, C., & Tallides, S. (2000, March). *Administration of the MMPI-2 to 19-21-year-olds: Evidence for the overdiagnosis of psychopathology*. Presented at the annual meeting of the Eastern Psychological Association, Baltimore, MD.

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- Osberg, T. M., Poland, D. L., Provino, K., Aguayo, G., & Bunnell, S. (1999, November). *The role of irrational food beliefs in obesity: Evidence from six studies*. Presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Toronto, Ontario, Canada.
- Osberg, T. M., & Poland, D. L. (1999, August). *Validity of the Irrational Food Beliefs Scale in Obese Individuals*. Presented at the annual meeting of the American Psychological Association, Boston, MA.
- Osberg, T. M., & Poland, D. L. (1999, August). *Weight cycling and psychopathology in an obese population*. Presented at the annual meeting of the American Psychological Association, Boston, MA.
- Osberg, T. M., & Harrigan, P. (1999, April). *Validity of the MMPI-2 ASP and Pd scales in male prison inmates*. Presented at the annual meeting of the Eastern Psychological Association, Providence, RI.
- Osberg, T. M., & Poland, D. L. (1999, April). *Construct validity of the Irrational Food Beliefs Scale in a college student sample*. Presented at the annual meeting of the Eastern Psychological Association, Providence, RI.
- Coleman, K. R., & Osberg, T. M. (1999, April). *Paradoxical self-esteem and reactions to competence and personality feedback*. Presented at the annual meeting of the Eastern Psychological Association, Providence, RI.
- Poland, D. L., & Osberg, T. M. (1999, April). *Correlates of global self-esteem inconsistency within an obese population*. Presented at the annual meeting of the Eastern Psychological Association, Providence, RI.
- Osberg, T. M., Aguayo, G., & Bunnell, S. (1998, August). *The Irrational Food Beliefs Scale: Development and Validation*. Presented at the annual meeting of the American Psychological Association, San Francisco.
- Osberg, T. M., & Rautenstrauch, K. (1998, February). *MMPI-2 correlates of weight cycling*. Presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Osberg, T. M., & Harrigan, P. (1997, August). *Validity of the MMPI-2 Subtle-Obvious scales in male inmates*. Presented at the annual meeting of the American Psychological Association, Chicago, IL.
- Osberg, T. M. (1997, August). *Using instructor personal examples to illustrate psychology's concepts: Student perceptions*. Presented at the annual meeting of the American Psychological Association, Chicago, IL.
- Osberg, T. M., & Bergen, S. E. (1997, April). *Does the MMPI-2 overdiagnose psychopathology in 18-year-olds? A comparison of MMPI-2 and MMPI-A profiles*. Presented at the annual meeting of the Eastern Psychological Association, Washington, DC.
- Osberg, T.M. (1996, August). *Students as therapists: An activity for clinical and abnormal courses*. Presented at the annual convention of the American Psychological Association, Toronto, Ontario, Canada.
- Osberg, T.M. (1996, March). *Cumulating data on effective teaching techniques in psychology: Towards integration of research on teaching*. Invited paper presented at the annual convention of the Eastern Psychological Association, Philadelphia, PA.
- Osberg, T. M. (1995, August). *Teaching psychotherapy outcome research methodology using a research-based checklist*. Presented at the annual meeting of the American Psychological Association, New York.
- Osberg, T. M., & Sweeney, C. A. (1995, March). *MMPI-2 subscale scores as a function of incarceration history and self-predicted likelihood of reincarceration in a sample of maximum-security prison inmates*. Presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Osberg, T. M. (1994, August). *Teaching technique literature reviews: Infusing published methods into the classroom*. Presented at the annual meeting of the American Psychological Association, Los Angeles, CA.

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- Osberg, T. M., & DiGiorgio, A. (1994, April). *Depression and accuracy in the self-prediction of positive and negative thoughts and events: A self-verification interpretation*. Presented at the annual meeting of the Eastern Psychological Association, Providence, RI.
- Osberg, T. M., & Manzi, M. J. (1994, April). *Sports fanship and mental health: A preliminary investigation*. Presented at the annual meeting of the Eastern Psychological Association, Providence, RI.
- Osberg, T.M. (1993, August). *Applying research methods principles to media reports of research findings*. Presented at the annual meeting of the American Psychological Association, Toronto, Ontario, Canada.
- Thompson, W. B., & Osberg, T.M. (1993, August). *ToP Publication patterns: Plugging the gaps in our teaching techniques*. Presented at the annual meeting of the American Psychological Association, Toronto, Ontario, Canada.
- Walter, T. J., Osberg, T.M., Mariano, E. J., & Shrauger, J. S. (1993, August). *Self-predictions and depressive realism in future life events*. Presented at the annual meeting of the American Psychological Association, Toronto, Ontario, Canada.
- Osberg, T. M., & Thompson, W. B. (1993, April). *A comparison of the factor structure of the Dieting Beliefs Scale in clinical and nonclinical samples*. Presented at the annual meeting of the Eastern Psychological Association, Arlington, VA.
- Osberg, T. M. (1992, August). *Psychology is not just common sense: An introductory psychology demonstration*. Presented at the annual meeting of the American Psychological Association, Washington, D.C.
- Osberg, T. M., & Polinski, L. A. (1992, April). *Factors related to success in a weight control program*. Presented at the annual meeting of the Eastern Psychological Association, Boston.
- Osberg, T. M. (1991, August). *The Schizophrenic Monologue: A demonstration of the symptoms of schizophrenia*. Presented at the annual meeting of the American Psychological Association, San Francisco.
- Osberg, T. M. (1991, April). *Dieters' perceptions of support and nonsupport from others while dieting: A descriptive study*. Presented at the annual meeting of the Eastern Psychological Association, New York.
- Osberg, T.M., & Raulin, M.L. (1990, August). Professional development through networking. (*Invited Participant*). In D. Appleby (chair), Symposium on *Professional Development Strategies*. Presented at the annual meeting of the American Psychological Association, Boston.
- Osberg, T.M. (1990, August). *Teaching a course in current advances in psychology*. Presented at the annual meeting of the American Psychological Association, Boston.
- Osberg, T.M. (1990, April). *The relationship between self-prediction accuracy and psychological adjustment*. Presented at the annual meeting of the Eastern Psychological Association, Philadelphia.
- Osberg, T.M., Elliott, M., & Ames, G. (1990, April). *Determinants of attitudes towards out-group members: The relative influence of out-group homogeneity, competition, in-group identification, social categorization, and experience*. Presented at the annual meeting of the Eastern Psychological Association, Philadelphia.
- Gannon, T.C., & Osberg, T.M. (1990, April). *Depression and self-prediction accuracy in children*. Presented at the annual meeting of the Eastern Psychological Association, Philadelphia.
- Osberg, T. M. (1989, August). *Severity moderates the relationship between depressed affect and self-prediction accuracy*. Paper presented at the annual meeting of the American Psychological Association, New Orleans, LA.

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- Osberg, T. M. (1989, April). *Personality correlates of accuracy in the self-prediction of anger-related outcomes*. Paper presented at the annual meeting of the Society for Personality Assessment, New York.
- Osberg, T. M. (1989, April). *Individual differences in the accuracy of self-predictions of health behavior*. Paper presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Walser, G., & Osberg, T. M. (1989, April). *Some correlates of dispositional optimism*. Paper presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Osberg, T. M., & Shrauger, J. S. (1988, August). *Depression and accuracy in the self-prediction of emotionally-laden events*. Paper presented at the annual meeting of the American Psychological Association, Atlanta, GA.
- Nielsen, K. P. & Osberg, T. M., (1988, August). *Differential effects of a touch intervention on state and trait loneliness*. Paper presented at the annual meeting of the American Psychological Association, Atlanta, GA.
- Osberg, T. M., & Shrauger, J. S. (1988, April). *Depression and the accuracy of pessimistic versus optimistic self-predictions of future life events*. Paper presented at the annual meeting of the Eastern Psychological Association, Buffalo, NY.
- Osberg, T. M., & Nielsen, K. P. (1988, March). *Prison inmates' self-reports in forensic assessment: Relationship to parole board dispositions*. Paper presented at the annual meeting of the Society for Personality Assessment, New Orleans.
- Osberg, T. M. (1987, August). *Depression and self-prediction accuracy: Sadder but wiser or self-fulfilling prophecy?* Paper presented at the annual meeting of the American Psychological Association, New York.
- Osberg, T. M. (1987, August). *Making attribution theory understandable and relevant: A classroom exercise*. Paper presented at the annual meeting of the American Psychological Association, New York.
- Osberg, T. M., & Shrauger, J. S. (1987, April). *Self-consciousness, self-confidence, and the self-prediction of athletic performance: Personality moderators of accuracy and comparison with previous performance*. Paper presented at the annual meeting of the Eastern Psychological Association, Arlington, VA.
- Pillitteri, D., Patti, M. E., & Osberg, T. M. (1987, April). *A quasi-experimental study of a new drinking law's effects on college student drinking: Effects on drinking frequency and semester grades*. Paper presented at the annual meeting of the Eastern Psychological Association, Arlington, VA.
- Shrauger, J. S., & Osberg, T. M. (1987, April). *Accuracy in the self-prediction of change in behavior: Evidence from the athletic arena*. Paper presented at the annual meeting of the Eastern Psychological Association, Arlington, VA.
- Osberg, T. M., & Shrauger, J. S. (1987, March). *The role of self-prediction in psychological assessment*. Paper presented at the annual meeting of the Society for Personality Assessment, San Francisco.
- Osberg, T. M. (1986, August). *Mapping the negative psychological effects of incarceration: Implications for pre-release intervention*. Paper presented at the annual meeting of the American Psychological Association, Washington, D.C.
- Osberg, T. M., & Nielsen, K. P. (1986, August). *A primer on the teaching of psychology in prisons*. Paper presented at the annual meeting of the American Psychological Association, Washington, D. C.
- Osberg, T. M., & Niedda, T. (1986, April). *Effects of long-term exposure to audiences: Evidence for enhanced private self-consciousness in thespians*. Paper presented at the annual meeting of the Eastern Psychological Association, New York.

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- Mather, J. J., & Osberg, T. M. (1986, April). *Development of a scale to assess expected post-release problems in prison inmates*. Paper presented at the annual meeting of the Eastern Psychological Association, New York.
- Roseboro, K. A., & Osberg, T. M. (1986, April). *Need for cognition versus measures of academic motivation in the prediction of academic achievement*. Paper presented at the annual meeting of the Eastern Psychological Association, New York.
- Osberg, T. M., Mather, J. J., & Nielsen, K. P. (1985, August). *Prison inmates' perceptions of post-release problems and suggested intervention techniques*. Paper presented at the annual meeting of the American Psychological Association, Los Angeles, CA.
- Osberg, T. M., & Shrauger, J. S. (1985, March). *When people make self-predictions: A descriptive study*. Paper presented at the annual convention of the Eastern Psychological Association, Boston, MA.
- Ebert, P. D., & Osberg, T. M. (1985, March). *Further exploration of the correlates of need for cognition: A replication and extension*. Paper presented at the annual convention of the Eastern Psychological Association, Boston, MA.
- Nielsen, K. P., Osberg, T. M., & Shrauger, J. S. (1985, March). *Mood and bias in self-prediction*. Paper presented at the annual convention of the Eastern Psychological Association, Boston, MA.
- Osberg, T. M. & Basta, J. C. (1984, August). *Some correlates of the need for cognition*. Paper presented at the annual meeting of the American Psychological Association, Toronto, Canada.
- Osberg, T. M. (1984, May). *Order effects in the administration of personality measures: The case of the self-consciousness scale*. Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Osberg, T. M. (1984, April). *The effects of personality assessment on personality: An unintended manipulation of public and private self-consciousness*. Paper presented at the annual meeting of the Eastern Psychological Association, Baltimore, MD.
- Osberg, T. M., & Shrauger, J. S. (1983, August). *On decoding cues to the accuracy of self-predictions*. Paper presented at the annual meeting of the American Psychological Association, Anaheim, CA.
- Osberg, T. M. & Shrauger, J. S. (1983, August). *Process and person variables associated with self-prediction accuracy*. Paper presented at the annual meeting of the American Psychological Association, Anaheim, CA.
- Osberg, T. M., & Shrauger, J. S. (1983, April). *Comparative accuracy of self-predictions and average-other predictions*. Paper presented at the annual meeting of the Eastern Psychological Association, Philadelphia, PA.
- Nielsen, K. P., Osberg, T. M., & Shrauger, J. S. (1983, April). *Mood, self-confidence and the accuracy of self-prediction*. Paper presented at the annual meeting of the Eastern Psychological Association, Philadelphia, PA.
- Osberg, T. M., Nielsen, K. P., Snitzer, J. A., & Shrauger, J. S. (1982, August). *The relative accuracy of self-predictions formulated through different strategies*. Paper presented at the annual meeting of the American Psychological Association, Washington, D. C.
- Osberg, T. M., Snitzer, J. A., & Nielsen, K. P. (1982, April). *The how of self-prediction: Spontaneous reports of the informational bases of individuals' self-predictions*. Paper presented at the annual meeting of the Eastern Psychological Association, Baltimore, MD.
- Osberg, T. M., & Shrauger, J. S. (1981, April). *A comparison of past and future attributional judgments*. Paper presented at the annual meeting of the Eastern Psychological Association, New York, NY.

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### Media Interviews

*Washington Post* newspaper interview: concerning the Buffalo-Niagara region's first ranking in percentage of metropolitan population affiliated with a formal religion, as determined by a recent national survey (10/6/02).

*Buffalo News* interviews: the psychology of the legend of the Hopkins ghost at Niagara University (1/30/98), recent research on the relation between history of sexual abuse and eating disorders (12/20/98), the suicide lure of Niagara Falls (5/1/00), the psychological impact of job layoffs (5/28/00), a psychologist's perspective concerning the Buffalo-Niagara region's first ranking in percentage of metropolitan populations affiliated with a formal religion, as determined by a recent national survey (10/2/02), recent increases in the rates of college student mental health problems (1/6/04), a psychologist's perspective on a congressman's inappropriate sexual advances towards male pages (10/2/06), how psychology would explain the recent increase of women spectators at pro hockey games (4/21/07), a psychologist's opinion about the possible role of mental disorder in a local case of a mother killing her toddler (9/9/07), a psychologist's view of the impact of parental access to student grades via the internet (11/30/07), the influence of media portrayals of sex and violence on children (5/9/08), the decline of unstructured play opportunities in children (5/27/08), local colleges' positions on the Amethyst Initiative, a movement of college presidents to lower the drinking age to 18 (9/17/08), a psychologist-parent's advice on handling teens' cell phone and gasoline bills (11/10/08), a psychologist's commentary on a UB study of the impact of living near parks and green space on the activity levels of teens and pre-teens (9/27/09), a psychologist's views on the impact of winning the recent mega-million dollar lottery (4/4/12), a psychologist's perspective on a recent suicide at Niagara Falls (5/23/12), psychological explanations for the allure of giant jackpot lotteries (11/28/12), and commentary on an upcoming mental health conference at NU (9/12/15).

*Niagara Gazette* newspaper interviews: shyness (9/19/82), loneliness (2/14/85), chemical dumping at Forest Glen (7/27/89), betting on major sporting events (10/14/89), the influx of Canadian shoppers (7/30/89; 3/1/90), local residents' views on the Gulf War (1/18/91), the psychology of weight control (1/23/91), a black history month article on prejudice (2/24/91), the readjustment of Gulf War veterans upon returning home (3/11/91), people's psychological reactions to unfavorable weather conditions (4/2/92), the psychological effects of unexpectedly cool and rainy summer weather (8/14/92), the emotional impact of record-breaking cold weather (1/18/94), psychological explanations for recent escalation of violence in sports (7/20/94), psychological explanations for less apparent local fan interest in Super Bowl XXIX (1/29/95), coping with holiday stress (12/17/95), forgiveness as a goal in psychotherapy (5/4/96), the reasons people lie (6/13/96), how to combat procrastination at tax time (1/12/97), the stress of working two jobs (1/20/97), the potential psychological effects of a local case of child abuse and neglect (3/2/97), the psychology of parents' and children's clothing choices (8/28/97), psychological explanations for "road rage" (3/5/98), workplace stress (10/4/98), some people's tendencies to be late (11/12/98), avoiding post-weekend depression (4/18/99), National Depression Screening Day (9/29/99), the relationship between dress style and work productivity (1/9/00), people's needs for control (8/20/00), a recent rash of domestic violence/suicide cases (10/29/00), coping with holiday stress (12/7/00), New Year's resolutions (1/4/01), the role of victim self-esteem in repeated domestic violence (2/8/01), psychopathy as an explanation for one local man's life of crime (8/26/01), an NU symposium on Terrorism (11/7/01), the psychological impact of the war on terrorism (12/9/01), a psychological viewpoint on the 25<sup>th</sup> anniversary of the Blizzard of 1977 (1/27/02), the relation of regional self-esteem to economic development in Western New York (7/21/02), the potential impact of September 11 memorial ceremonies on school children (9/9/02), my participation in a Mental Health Association Conference on Coping Skills (10/19/02), the psychological profile of the pedophile in an article on the effectiveness of Meghan's Law (11/10/02), a psychologist's perspective on winter blues (1/19/03), an editorial on the psychological impact of terrorism and war (4/30/03), the prevalence of depression in the general population (10/4/03), the psychologist's perspective on the Michael Jackson child molestation case (11/21/03), commentary on a local case of an inappropriate relationship between a high school teacher and student (11/28/03), annual university press conference comments on events planned for the 150<sup>th</sup> anniversary (8/25/04), commentary on the psychological effects of corporate team building on worker morale and productivity (8/29/04), the role of our busy work schedules in choosing less nutritional fast foods (5/23/05), and a psychologist's perspective on the 5<sup>th</sup> anniversary of 9/11 (9/10/06).



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*Buffalo Business First* newspaper interviews: psychological perspectives on personalizing one's workplace (1/21/02) and workplace bullying (2/11/02).

*Lockport Union-Sun Journal* newspaper interviews: a psychologist's perspective on the likely adjustment issues to be faced by a police officer returning to the job a year and a half after nearly being killed in the line of duty (5/20/04), psychologist's comments on identifying the signs and symptoms of suicidality and mental disorders in light of a spate of suicides in Lockport, NY (8/21/15).

*Tonawanda News* interviews: a psychologist's perspective on how to talk to children about the war in Iraq (3/22/03), and advice for parents on regulating children's amount of television viewing (3/29/03).

*Radio interviews:* Associated Press (summary broadcast on AP network news radio), Canadian radio station CHRE concerning research on local attitudes towards the presence of Canadian shoppers (3/90). Interviewed on the topic of weight control on WHLD Radio (5/10/91, 5/14/91) and on WJLL Radio (6/15/91). Interviewed on KISS 98.5 FM on the merits of the Psychology Department of Niagara University during the annual Niagara University Open House (10/19/02) and three other local radio stations during the annual Niagara University Open House (10/18/03; 10/04; 10/05; 10/06; 10/08). Interviewed concerning plans for Niagara's year-long 150<sup>th</sup> Anniversary Celebration on WBEN-AM (8/22/06). Interviewed on WBFO radio concerning the psychology of fear and Halloween haunted houses (10/26/15).

*Television news interviews:* WGRZ-TV (Channel 2) concerning research on local attitudes towards the presence of Canadian shoppers (3/90); WKBW-TV (Channel 7) concerning parent behavior at youth hockey games (2/21/06); WGRZ-TV (Channel 2) concerning the *Changing Our Minds: A Mental Health Summit* held at Niagara University (9/19/15), Time Warner Cable News (Channel 1) concerning the impact of repeated media reports of violence on viewers' mental health (7/19/16), Time Warner Cable News (Channel 1) concerning the health benefits of the new Pokémon Go app (7/26/16), Spectrum Cable News (Channel 1) concerning the psychological and social factors that may explain inner city gun violence in Buffalo (7/31/17), WKBW-TV (Channel 7) concerning the impact of cellphone use on teen mental health (10/23/17; also shown on KTNV-TV in Las Vegas), Spectrum Cable News (Channel 1) regarding the end of the Buffalo Bills' playoff drought on the psyche of fans (1/4/18), and regular guest on Lockport Cable Television (see community service listings below).

*Television documentary interview:* Interviewed on psychological explanations for the suicide lure of Niagara Falls in the documentary, "Niagara Falls: Fatal Attraction," which appeared on the Discovery Network's new Destination America channel (6/14/12) and has been replayed numerous times since.

Feature article on weight control techniques, *Niagara Gazette* (5/9/91).

Featured as "Niagara Newsmaker of the Week" in interview in *Niagara Gazette* concerning research on local attitudes towards the presence of Canadian shoppers (3/4/90).

Description of research on depression and self-prediction accuracy (presented at 1987 APA annual convention) appeared in *Psychology Today* magazine, January 1988. This study was also described in articles appearing in *The New York Times*, Dr. Dean Edell's syndicated column, *The National Enquirer* (which I may never live down), *The Niagara Gazette*, *The Toronto Star*, etc.

Description of research on negative psychological effects of incarceration (presented at 1986 APA annual convention) published in *Behavior Today Newsletter*, Vol. 17, pp. 2-3.

### **Presentations to the Niagara University Community**

Presenter, *Nick Albano Student Advocacy Award*, Take Back the Night event, March 31, 2022.

Presenter, "The Impact of COVID-19 on Mental Health." Presented as a part of "COVID One Year Later: A Panel Discussion of Lessons Learned and Challenges Ahead," a panel discussion co-sponsored by the

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Ostapenko Center for Ethics in Medicine and Healthcare and the Mental Health Literacy Committee at Niagara University, April 20, 2020.

Organizer, co-moderator with Shannon Hodges, and presenter, “Managing Mental Health in the Era of COVID-19,” a Zoom panel discussion featuring four Psychology and Clinical Mental Health Counseling graduates. This program was one of the featured events during Niagara’s “Mental Health Week.” November 18, 2020.

Co-organizer, co-moderator, and presenter, with Shannon Hodges, “Managing Mental Health in the Era of COVID-19,” a Zoom panel discussion featuring four Psychology and Clinical Mental Health Counseling graduates, September 30, 2020.

Presenter, “A psychologist’s take on mass shootings: Stop blaming mental illness,” given as a part of the *Can We Stop Mass Shootings?* panel discussion sponsored by the Delta Epsilon Sigma honor society, November 20, 2019.

Presenter, *Nick Albano Student Advocacy Award*, Take Back the Night event, April 4, 2019.

Presenter, *Dedication of the Nick Albano Student Advocacy Award*, Take Back the Night event, April 4, 2018.

Presenter, *Careers in Psychology*, to members of the Psychology Club and other undergraduates, February 27, 2017.

Presenter, “Report on the 2013-2015 VMI Cohort’s Capstone Project,” a presentation given to the Niagara University Board of Trustees’ Mission Committee, September 30, 2015.

Panelist, *Honors Thesis Symposium* sponsored by the Niagara University Honors Program, October 1, 2014.

Presenter, *Following in the footsteps of St. Vincent*, a presentation given to the Niagara University Board of Trustees’ Mission Committee concerning my experience in the Vincentian Mission Institute, September 27, 2014.

Presenter, *Ask the Psychologist*, an interactive forum wherein I fielded mental health-related questions posed by the Niagara University Community, sponsored by Niagara’s chapter of *Two Write Love on Her Arms*, a non-profit movement dedicated to presenting hope and finding help for people struggling with depression, addiction, self-injury, and suicide, November 13, 2013.

Presenter, *Research: One Clinical Psychologist’s Journey*, a presentation given to the *third* cohort of Niagara University’s doctoral program students in Leadership and Policy, as part of its Friday night research seminar series, October 18, 2013.

Featured Presenter, *College student drinking: The role of parents as a protective buffer*, a presentation given to the parents of the incoming freshman class at Summer Orientation, Castellani Art Museum, June 28, 2013; July 12, 2013; July 16, 2013.

Presenter, *Ask the Psychologist*, an interactive forum wherein I fielded mental health-related questions posed by the Niagara University Community, sponsored by Niagara’s chapter of *Two Write Love on Her Arms*, a non-profit movement dedicated to presenting hope and finding help for people struggling with depression, addiction, self-injury, and suicide, April 3, 2013.

Presenter, *Breaking the Barriers of Male Stereotypes*, a presentation given as part of the Niagara University Counseling Service’s Men’s Wellness Series, March 19, 2013.

Presenter, *Research: One Clinical Psychologist’s Journey*, a presentation given to the *second* cohort of Niagara University’s doctoral program students in Leadership and Policy, as part of its Friday night research seminar series, November 2, 2012.

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Presenter, *College Student Mental Health*, part of the Mental Health Awareness Symposium held during National Mental Health Awareness Week, October 11, 2012.

Featured Presenter, *College student drinking: The role of parents as a protective buffer*, a presentation given to the parents of the incoming freshman class at Summer Orientation, Castellani Art Museum, June 26, 2012; July 9, 2012; July 14, 2012.

Co-Presenter, *Depression Screening and College Students: A Best Practice Approach*, a presentation given along with Lori Soos, Director of Health Services, as part of the Niagara University Brown Bag Lunch Series sponsored by Human Resources, November 9, 2011.

Presenter, *Research: One Clinical Psychologist's Journey*, a presentation given to the *first* cohort of Niagara University's doctoral program students in Leadership and Policy, as part of its Friday night research seminar series, October 21, 2011.

Featured guest, *Shrink Rap* show on WNIA Radio hosted by Dr. Bernadette Peters, discussing college student mental health, training in clinical psychology, my research program on college students drinking, etc., April 11, 2011.

Creator and Host for *Alcohol Awareness Jeopardy* at the request of O'Shea Hall Resident Assistants as part of Dorm Alcohol Awareness Night program, November 30, 2010.

Faculty representative and speaker at the annual luncheon for students accepted into the Academic Exploration Program and their parents, Saturday, March 20, 2010.

Presenter, *The Graduate School Paths into Clinical and Counseling Psychology Careers*, a discussion of the graduate school application process for psychology majors at Niagara, December 9, 2009.

Organizer and Presenter, *What can we learn from the Geneseo tragedy? A panel discussion on the causes and consequences of heavy drinking among college students*, with panelists Chris Sheffield, Teresa Berg, and Stephanie Cole. April 29, 2009.

Panelist and presenter, *Theology Under the Taps: In Pursuit of Happiness*. Presentation title: "Finding the Holy Grail: Psychology's Take on Happiness." April 23, 2009.

Presenter, *The Graduate School Paths into Clinical and Counseling Psychology Careers*, a discussion of the graduate school application process for psychology majors at Niagara, April 1, 2009.

Faculty representative and speaker at the first annual luncheon for students accepted into the Academic Exploration Program and their parents, Saturday, March 28, 2009.

Organizer and panelist, movie (PBS television's award-winning, *Dying to Be Thin*) and panel discussion (featuring Dr. Bernadette Peters, Assistant Director of the NU Counseling Service, and Elizabeth Meyers, Avalon Eating Disorders Treatment Center Nutritionist) as part of events related to National Eating Disorders Awareness Week, February 22, 2009.

Organizer and panelist, movie (Lifetime television's *The Party Never Stops*) and panel discussion (featuring NU students and administration/staff) on college student binge drinking, November 10, 2008.

Discussant, following the showing of the acclaimed PBS special, *Depression: Out of the Shadows*, as part of National Depression Awareness Week, October 6, 2008.

Panelist, Session for NU employees experiencing concerns in the wake of the Virginia Tech tragedy, organized by the Executive Vice President in conjunction with the Human Resources Office, April 27, 2007.

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Panelist, Session for NU students and employees experiencing concerns in the wake of the Virginia Tech tragedy, organized by the Counseling Service, April 24, 2007.

Organized and presented at a panel discussion entitled, *Consequences of Underage Drinking*, with Peter Butera (professor of psychology), Todd Schoepflin (assistant professor of sociology), and E. J. Gonser (residence director), February 28, 2007.

Presenter, *Irrational Food Beliefs: Hidden Barrier to Weight Loss and Maintenance?* Presentation given as part of the Niagara University 150<sup>th</sup> Anniversary Speakers Series, February 22, 2007.

Emcee, Niagara University *Underage Drinking: Not a Minor Problem* media campaign kickoff ceremony, Lower Level Gallagher Center, February 21, 2007.

Organized and presented at a panel discussion entitled, *The Graduate School Paths into the Helping Professions*, with Kristine Augustyniak (director, school psychology graduate program), Roselind Bogner (director, school counseling graduate program), Shannon Hodges (director, mental health counseling graduate program), and David Skiba (assistant professor, social work program), November 15, 2006.

Organized and presented at a panel discussion entitled, *College Student Mental Health: Focus on Alcohol Problems and Gambling Addictions*, as part of the Niagara University Brown Bag Lunch series, along with Thomas McDermott and Monica Romeo (Director and Counselor- Counseling Center), Shannon Hodges (professor, mental health counseling graduate program), Judith Munzi (gambling addictions counselor, Jewish Family Services) and Ilona Yungblut (Director, Health Services), October 4, 2006.

Organized and presented at a panel discussion entitled, *College Student Mental Health*, as part of the Niagara University Brown Bag Lunch series, along with Morgan Brooks Conway, Trish Peterson (Counselors- Counseling Center), Shannon Hodges (professor, mental health counseling graduate program), and Ilona Yungblut (Director, Health Services), May 3, 2006.

Presenter, *Drinking and drinking consequences among the Fall 2005 cohort of Niagara University Freshmen*, given to the members of the Niagara University Retention Committee, March 30, 2006.

Co-presenter, with Sharon Watkinson, *Overview of the Niagara University Sesquicentennial Celebration Year, 2006-2007*, given at the University Community meeting, March 27, 2006.

Organized and presented at a panel discussion entitled, *College Student Mental Health*, along with Trish Peterson (Counselor- Counseling Center), Tom McDermott (Director, Counseling Center), and Ilona Yungblut (Director, Health Services), November 29, 2005.

Presentation entitled, *Persistence through college: The role of psychological problems and supports*, given as part of the Niagara University Faculty Research Showcase, September 29, 2005.

Presenter, *Persistence through college: The role of psychological problems and supports*, given to the members of the Niagara University Retention Committee, April 7, 2005.

Presentation on *college student mental health and retention* given to the Niagara University Board of Trustees and Board of Advisors, September 21, 2004.

Presenter, *Predictors of retention in Niagara University's Fall 2002 cohort across three time intervals*, given to the members of the Niagara University Retention Committee, April 28, 2004.

Presenter, Workshop on the role of psychological functioning in college student learning given to staff of the Academic Exploration Program, December 9, 2003.

Presenter, Workshop on the role of psychological functioning in college student learning given to staff of the Office of Academic Support, November 5, 2003.

## Vita - Timothy Michael Osberg

Moderator, Alumni Weekend “Open Forum: Living with the threat of terrorism,” organized by the Dean of Arts and Sciences, Nancy McGlen, and the Dean of the School of Education, Debra Colley. October 11, 2003.

Panelist, Niagara University panel discussion on “Children, priests, bishops: A conversation on a Church in crisis,” sponsored by Campus Ministry (5/1/02).

Panelist, Niagara University symposium on “Terrorism: Where do we stand?” sponsored by the Justice and Peace Council (11/8/01).

Presenter, “Youth aggression and violence: Identifying psychological correlates using the Minnesota Multiphasic Personality Inventory – Adolescent Form,” Niagara University Research Council Speakers Series, October 24, 2001.

Presenter, “Irrational food beliefs: Hidden barrier to weight loss and maintenance,” Research presentation to Niagara University Board of Trustees, September 21, 2000.

Presenter, “Validation of the Irrational Food Beliefs Scale in College and Community Samples,” Niagara University Research Council Speakers Series, May 8, 2000.

Faculty Representative (with Sharon O. Watkinson) at the Inauguration Ceremony for Fr. Joseph Levesque, 25<sup>th</sup> president of Niagara University, March 30, 2000.

Presenter, “The Power of PowerPoint in the Classroom,” Arts & Sciences Program Committee Workshop on Technology in the Classroom, March 22, 2000.

Invited address as faculty representative, Arts and Sciences Day of Recognition, May 3, 1995.

“Pedophilia in the priesthood.” Presentation to participants in a retreat at Niagara University Coordinated by Fr. Vincent O’Malley and Linus Ormsby, January 22, 1994.

### **Presentations to Community Groups/Organizations**

Guest Columnist, *Grand Island Dispatch*, “A year of living with the Pandemic: Ways to keep fighting through it,” March 19, 2021.

Presenter, *Communicating with a Serial Killer, Part 1*, given as part of a seminar for the National Board of Forensic Evaluators, April 21, 2021.

Presenter, *The Minnesota Multiphasic Inventory-2-Restructured Form: Research and Clinical Interpretation*, a presentation given to the staff of the Rehabilitation Medicine Unit of Erie County Medical Center, September 29, 2017.

Presenter, *The State of Mental Health in America*, a presentation given at the “Changing Our Minds: A Mental Health Summit” conference, Castellani Art Museum, September 19, 2015.

Presenter, *Recognizing the Signs of Mental Illness and Supporting Someone into the Mental Health System*, a presentation given at the “Changing Our Minds: A Mental Health Summit” conference, Castellani Art Museum, September 19, 2015.

Panelist, *Suicide and Mental Health Forum*, organized by the City of Lockport Mayor (Ann McCaffrey) and Police Chief (Laurence Eggert), Lockport City Hall (covered live on LCTV), August 20, 2015.

Featured guest on a Lockport Cable Television show devoted to increasing mental health literacy in the NU and Niagara County community, in conjunction with the Mental Health Association of Niagara County (7/15).

## Vita - Timothy Michael Osberg

- Featured guest on a Lockport Cable Television show devoted to *Holiday Stress*, in conjunction with the Mental Health Association of Niagara County (11/13).
- Featured guest on a Lockport Cable Television show devoted to *depression, anxiety disorders, and National Depression Screening Day*, in conjunction with the Mental Health Association of Niagara County (8/10).
- Panelist on a Lockport Cable Television show devoted to *depression, anxiety disorders, and National Depression Screening Day*, in conjunction with the Mental Health Association of Niagara County (9/09).
- Featured guest on a Lockport Cable Television show devoted to *The Stomp Out Stigma Race and May is Mental Health Month*, in conjunction with the Mental Health Association of Niagara County (4/09).
- Featured guest on a Lockport Cable Television show devoted to *post-traumatic stress disorder*, in conjunction with the Mental Health Association of Niagara County (3/09).
- Featured guest on a Lockport Cable Television show devoted to *eating disorders*, in conjunction with the Mental Health Association of Niagara County (2/09).
- Featured guest on a Lockport Cable Television show devoted to *holiday stress in difficult economic times*, in conjunction with the Mental Health Association of Niagara County (12/08).
- Featured guest on a Lockport Cable Television show devoted to *depression, anxiety disorders, and National Depression Screening Day*, in conjunction with the Mental Health Association of Niagara County (9/08).
- Presenter, "Issues facing caregivers of people with mental disorders." Presented to members of the *Friends and Family Support Group* of the Dale Association, Lockport, NY, June 2, 2008.
- Featured guest (along with Maggie Campbell) on a Lockport Cable Television show devoted to *May is Mental Health Month: How prevalent are mental disorders and how can family members cope with care giving?*, in conjunction with the Mental Health Association of Niagara County (5/08).
- Featured guest on a Lockport Cable Television show devoted to *depression, anxiety disorders, and National Depression Screening Day*, in conjunction with the Mental Health Association of Niagara County (9/07).
- Keynote speaker, Presentation title: *Positive Psychology: Promoting happiness in our clients and ourselves*, Annual Conference of the Coalition of Agencies providing Services to the Elderly (CASE), Bishop Gibbons Auditorium, North Tonawanda, May 9, 2007.
- Featured guest on a Lockport Cable Television show devoted to *May is Mental Health Month: Focus on the Treatability of Disorders and the Virginia Tech Tragedy*, in conjunction with the Mental Health Association of Niagara County (4/07).
- Featured guest on a Lockport Cable Television show devoted to *May is Mental Health Month: Disorders are Very Treatable - So Why Don't People Come for Treatment?*, in conjunction with the Mental Health Association of Niagara County (5/06).
- Presenter, Niagara Middle School Eighth Grade Class Visit to Niagara University (Organized by NU Admissions Office). Presentation entitled, "Careers in Psychology and How to Get There," Perboyre Hall, April 6, 2006.
- Featured guest on a Lockport Cable Television show entitled, "Beyond New Year's resolutions: Achieving self-change," in conjunction with the Mental Health Association of Niagara County (1/06).
- Featured guest on a Lockport Cable Television show devoted to *depression, anxiety disorders, and National Depression Screening Day*, in conjunction with the Mental Health Association of Niagara County (9/05).

## Vita - Timothy Michael Osberg

Featured guest on a Lockport Cable Television show devoted to *May is Mental Health Month: Rates of Psychological Disorders and Success in Treating Them*, in conjunction with the Mental Health Association of Niagara County (5/05).

Featured guest on a Lockport Cable Television show devoted to *Positive Psychology and the Holidays*, in conjunction with the Mental Health Association of Niagara County (12/04).

Presenter of workshop entitled, "Finding the happiness Holy Grail: Strategies (for ourselves and our clients) gleaned from *Positive Psychology* research." This workshop was one of twelve included in the annual conference of the Mental Health Association in Niagara County held at the Holiday Inn Select, Niagara Falls, NY (10/20/04).

Featured guest on a Lockport Cable Television show devoted to *depression*, in conjunction with the Mental Health Association of Niagara County (9/04).

Presenter, "The psychological effects of Parkinson's Disease on patients and caregivers: Coping skills to promote wellness." Given to the Niagara County Chapter of the Parkinson's Wellness Group of Western New York, Niagara Falls Memorial Medical Center, October 5, 2003.

Featured guest on a Lockport Cable Television show devoted to *depression*, in conjunction with the Mental Health Association of Niagara County (9/03).

Presenter, along with Dr. Brooke Lewis and Dr. Shannon Hodges, of a seminar entitled, "Coping with anxieties and fears in uncertain times" at the Niagara Falls Memorial Medical Center, May 15, 2003.

Featured guest on a Lockport Cable Television show devoted to *terrorism, war, and coping in an age of fear*, in conjunction with the Mental Health Association of Niagara County (4/03).

Featured guest on a Lockport Cable Television show devoted to *holiday stress and the challenge of controlling overeating during the holidays*, in conjunction with the Mental Health Association of Niagara County (12/02).

Presenter of workshop entitled, "Beyond miracle pills and magic bullets: What psychological science can contribute to the weight loss and maintenance battle." This workshop was one of six included in a day-long conference sponsored by the Mental Health Association in Niagara County, Niagara University Department of Psychology, and Niagara Falls Memorial Medical Center at the Days Inn Riverview, Niagara Falls, NY (10/18/02).

Presenter of workshop entitled, "Fear Not! Coping strategies to deal with anxiety disorders." This workshop was one of six included in a day-long conference sponsored by the Mental Health Association in Niagara County, Niagara University Department of Psychology, and Niagara Falls Memorial Medical Center at the Days Inn Riverview, Niagara Falls, NY (10/18/02).

Featured guest on a Lockport Cable Television show devoted to *holiday stress and the response to terrorism*, in conjunction with the Mental Health Association of Niagara County (12/01).

Featured guest on a Lockport Cable Television show devoted to *mental health statistics and children's mental health*, in conjunction with the Mental Health Association of Niagara County (5/01).

Featured guest on a Lockport Cable Television show devoted to *anxiety disorders*, in conjunction with the Mental Health Association of Niagara County (4/01).

Presenter, "Recent research on the problem of domestic violence: Proposal for perpetrator and victim research." Presentation to FVIP: The Family Violence Intervention Project, January 19, 2001.

## Vita - Timothy Michael Osberg

- Featured guest on a Lockport Cable Television show devoted to *holiday stress and depression*, in conjunction with the Mental Health Association of Niagara County (12/00).
- Featured guest (along with Peter Butera) on Adelpia Niagara cable television call-in show, *Focal Point*, devoted to *mental health and eating disorders* (11/20/00).
- Featured guest on a Lockport Cable Television show devoted to *children's mental health and the return to school*, in conjunction with the Mental Health Association of Niagara County (9/00).
- Featured guest on a Lockport Cable Television show devoted to *children's mental health*, in conjunction with the Mental Health Association of Niagara County (5/00).
- Featured guest on a Lockport Cable Television show devoted to *schizophrenia*, in conjunction with the Mental Health Association of Niagara County (10/99).
- Presenter, "Recognizing Depression in the Elderly." Presentation to CASE (the Coalition of Agencies providing Services to the Elderly), September 15, 1999.
- Featured guest on a Lockport Cable Television show devoted to *anxiety disorders*, in conjunction with the Mental Health Association of Niagara County (5/99).
- Featured guest on a Lockport Cable Television show devoted to *eating disorders*, in conjunction with the Mental Health Association of Niagara County (2/99).
- Featured guest on a Lockport Cable Television show devoted to *depression*, in conjunction with the Mental Health Association of Niagara County (11/98).
- "Self-Esteem: What It Is and How to Maintain or Build It". Presentation to the Mental Health Association of Niagara County, Niagara Falls Memorial Medical Center, May 26, 1994.
- "Self-Esteem: What It Is and How to Maintain or Build It". Presentation to the Grand Island Business and Professional Women's Group, the Buffalo Launch Club, June 15, 1993.
- "How Our Emotions Affect Our Eating: The Psychology of Weight Control." Keynote address at the monthly Public Affairs Luncheon of the YWCA, North Tonawanda, April 13, 1993.
- "Coping with Pre-Wedding Stress." Keynote address at "Wedding Seminar '93" at the Grand Island Holiday Inn and Conference Center, February 21, 1993.
- "Control of Overeating: A Self-Management Approach." Presented as an adult education seminar at Niagara County Community College, February 5, 1993.
- "Self-Esteem: What It Is and How To Maintain or Build It". Presentation to the Niagara Falls Business and Professional Women's Association, The Red Jacket Inn, November 18, 1991.
- "Stress Management." Presented to participants in the Displaced Homemaker Program at the Everywoman Opportunity Center, Niagara Falls, NY, May 29, 1991.
- "Overcoming Self-Doubt." Presented to participants in the Displaced Homemaker Program at the Everywoman Opportunity Center, Niagara Falls, NY, May 28, 1991.
- "Control of Overeating: A Self-Management Approach." Presented at the Trott Access Center to members of the Niagara Falls Community (108 participants), May 14, 1991. Sponsored by Everywoman Opportunity Center and Niagara County Community College.



## Vita - Timothy Michael Osberg

"Teaching Psychology at an Undergraduate Institution." Presentation to graduate students in the Department of Psychology, SUNY at Buffalo, April 1991.

"The Ph.D. Interview for Entry Level Positions in Academia: A Primer." Presented as part of a workshop on Interviewing for the Ph.D. Candidate, Sponsored by the Career Planning and Placement Office, University at Buffalo, February 21, 1990.

"Self-Concept and Self-Esteem". Presentation at the Summit Park Mall as a part of Wellness Week sponsored by the Niagara County Mental Health Association, October 25, 1989.

"Self-Esteem: What It Is, how to Build It, and How to Maintain It". Presentation to the Lockport Senior Citizens Center Staff Study Group, September 25, 1989.

"Teaching Psychology in a University Setting". Presentation to graduate students in the Department of Psychology, SUNY at Buffalo, April 1988.

### **Membership in Professional Organizations**

American Psychological Association (Fellow)  
Division 2, Teaching of Psychology  
Division 8, Personality & Social Psychology  
Division 12, Clinical Psychology  
Division 50, Addictions

Association for Psychological Science  
Eastern Psychological Association  
Research Society on Alcoholism  
Society for Personality Assessment

### **Honors Theses Supervised\***

Dr. Theresa C. Gannon (1989)  
Linda A. Polinski (1992)  
Colleen A. Sweeney (1994)  
Mary Jo Manzi (1994)  
Karl Rautenstrauch (1996)  
Sara E. Bergen (1996)  
Dr. Paul J. Harrigan (1997)  
Dr. Kelly R. Coleman (1998)  
Kari Provino (1999)  
Dr. Danielle L. Poland (1999)  
Janice L. Harvey (1999)  
Jasmine Williams (2000)  
Steven J. Tallides (2000)  
Dr. Cynthia Stappenbeck (2000)  
Dr. Dennis G. LaLonde, Jr. (2000)  
John E. Barnett (2000)  
Sarah Drasgow (2000)  
Bryna R. Schneidman (2001)  
Dr. Julie A. Pettapiece (2001)\*\*  
MaryEllen Mercer (2001)  
Dr. Kevin Swartout (2002)\*\*  
Shannon Law (2002)  
Melissa Hall (2002)  
Denise Phillips (2003)  
Dr. Jenna Hillman (2003)  
Debra Henderson (2004)

Michele Kamas (2004)\*\*  
Dr. Erin Haseley (2005)\*\*  
Nicole Huber (2005)  
Lindsay Komm (2005)  
Jennifer Strasser (2005)  
Dr. Jessica Mahoney (2006)  
Dr. Michelle LoFurno (2006)  
Aaron Sabatini (2006)  
Kristina Howard (2007)  
Sarah Sylvester (2007)  
Kelly Thomson (2007)\*\*  
Dr. Kimberly Silla (2008)  
Lindsay Atkins (2009)  
Dr. Laura Buchholz (2009)  
Jillian Grabka (2009)  
Natascha Oquendo (2009)  
Catherine Sabo (2009)  
Jessica Whitley (2009)  
Maribeth Insana (2010)  
Meredith Eggert (2010)  
Katherine Billingsley (2011)  
Christina Antonelli (2012)  
Dr. Jillian Fish (2012)  
Erika Osberg (2013)  
Michael Knight (2013)  
Lindsey Seefeldt (2013)

Claire Elling (2014)  
Carly Lapp (2014)  
Joanne McKeon (2014)  
Haley Keeley (2015)  
Allison Rosset (2015)  
Taylor Edmonds (2016)  
Melissa Leone (2016)  
Dr. Courtney Doxbeck (2017)  
Danae Knowles (2017)  
Miranda Lauher (2017)  
Kelly Zaky (2017)  
Brigid Treverton (2017)  
Chelsea Dunkelberger (2020)  
Jaclyn Foulis (2021)  
Anna Mundy (2021)  
Alexander Scalzo (2021)  
Rachel Dixon (exp. 2023)  
Tristyn Puzan (exp. 2023)  
Jenna Stanley (exp. 2023)

\*Reader on numerous other theses.

\*\*Sponsored student for Buffalo State College's NIMH funded summer research program in applied developmental psychology.

### **Committee Work/Service**

### **Community**

## Vita - Timothy Michael Osberg

- Organized and conducted free and confidential screenings for depression and anxiety disorders with my Active Minds students, on National Mental Health Screening Day, October 6, 2022.
- Organized and conducted free and confidential screenings for depression and anxiety disorders with my Active Minds students, on National Mental Health Screening Day, October 7, 2021.
- Organized and captained, "Kings Against Cancer" men's ice hockey team that participated in the 2020 *11 Day Power Play* which benefitted Roswell Park Cancer Institute. Team raised more than \$11,000. Personally raised \$3,300, December 2019-August 2020.
- Organized and conducted free and confidential screenings for depression and anxiety disorders with 7 of my Active Minds students, on National Mental Health Screening Day, October 10, 2019.
- Co-organizer, with the officers of *To Write Love on Her Arms* and *Active Minds*, of the first annual "Stigma Smash and Candlelight Walk," October 16, 2018.
- Organized and conducted free and confidential screenings for depression and anxiety disorders with 6 of my Active Minds students, on National Mental Health Screening Day, October 11, 2018.
- Co-organizer (with Dr. David Taylor), of a guest lecture at Niagara University by Lasse Wennman, Founder of *Matakuten* ("Food Emergency"), Gävle, Sweden, "*I Have a Dream: An Environmentally Sound Model for Feeding Sweden's Refugees and Poor*," October 12, 2017.
- Co-organizer (with Simon Gray, Director of Athletics), of a guest lecture at Niagara University by Clint Malarchuk, former Buffalo Sabres goaltender, on mental health advocacy, October 10, 2017.
- Organized and conducted free and confidential screenings for depression and anxiety disorders with 5 of my Active Minds students, on National Depression Screening Day, October 5, 2017.
- Organized and conducted free and confidential screenings for depression and anxiety disorders with 8 of my students, on National Depression Screening Day, (co-sponsored by the Mental Health Association of Niagara County), October 7, 2016.
- Organized and conducted free and confidential screenings for depression and anxiety disorders with 8 of my students, on National Depression Screening Day, (co-sponsored by the Mental Health Association of Niagara County), October 8, 2015.
- Member, Conference Planning Committee for VMI Project component entitled, "Changing Our Minds: A Mental Health Summit," held the Castellani Art Museum, Niagara University, Niagara Falls, NY, September 19, 2015, February-September 2015.
- Collaborated with Health Services and Counseling Services in conducting an alcohol screening and alcohol education in the Lower Level of Gallagher Center Multi-Purpose Room, April 9, 2015.
- Collaborated with Student Activities, Health Services and Counseling Services in conducting a mental health screening and other activities (as a part of *StressLess Week*) in the Lower Level of Gallagher Center Multi-Purpose Room, October 6-10, 2014.
- Collaborated with Health Services and Counseling Services in conducting an alcohol screening and alcohol education in the Lower Level of Gallagher Center Multi-Purpose Room, April 10, 2014.
- Organized and conducted free and confidential screenings for depression and anxiety disorders with 5 of my students, Lori Soos, RN, Director of Student Health Services, and Monica Romeo, Director of Counseling Services, on National Depression Screening Day in my Clinical Psychology Lab, (co-sponsored by the Mental Health Association of Niagara County), October 10, 2013.

## Vita - Timothy Michael Osberg

Collaborated with Health Services and Counseling Services in conducting an alcohol screening and alcohol education in the Lower Level of Gallagher Center Multi-Purpose Room, April 11, 2013.

Organized and conducted free and confidential screenings for depression and anxiety disorders with 12 of my students, on National Depression Screening Day in my Clinical Psychology Lab, (co-sponsored by the Mental Health Association of Niagara County), October 11, 2012.

Collaborated with Health Services and Counseling Services in conducting an alcohol screening in the Lower Level of Gallagher Center, March 29, 2012.

Organized and conducted free and confidential screenings for depression and anxiety disorders with eight of my students, and Monica Romeo, Director of Counseling Services, on National Depression Screening Day in my Clinical Psychology Lab, (co-sponsored by the Mental Health Association of Niagara County), October 6, 2011.

Co-organizer, with Bill Newton, Assistant Director of Student Activities, and student Meredith Eggert, of the Fifth Annual "Stomp Out Stigma" Run/Walk to benefit the Mental Health Association in Niagara County, April 17, 2011. Presented MHA with a \$2200.00 proceeds check at its Annual Luncheon, May 2011.

Organized and conducted free and confidential screenings for depression and anxiety disorders with seven of my students, and Lori Soos, RN, Director of Student Health Services, on National Depression Screening Day in my Clinical Psychology Lab, (co-sponsored by the Mental Health Association of Niagara County), October 7, 2010.

Co-organizer, with Bill Newton, Assistant Director of Student Activities, and student Maribeth Insana, of the Fourth Annual "Stomp Out Stigma" Run/Walk to benefit the Mental Health Association in Niagara County, April 25, 2010. Presented MHA with a \$2000.00 proceeds check at its Annual Luncheon, May 2010.

Organized and conducted activities on campus as part of National Eating Disorders Awareness Week (in collaboration with Active Minds). Activities/programs included an information booth and eating disorders screening in the LLGC, a drive to collect donated jeans for the St. Vincent DePaul Society, and a screening of the award-winning HBO documentary, *Thin*, February 24-25, 2010.

Organized and conducted free and confidential screenings for mental disorders with six of my students at the *Heart, Love, and Soul Food Pantry*, Ontario Avenue, Niagara Falls, NY, October 30, 2009.

Organized and conducted free and confidential screenings for depression and anxiety disorders with five of my students, and Dr. Bernadette Peters and Ms. Monica Romeo of the Counseling Service, on National Depression Screening Day in my Clinical Psychology Lab and at the Lockport Library, (co-sponsored by the Mental Health Association of Niagara County), October 8, 2009.

Co-organizer, with Bill Newton, Assistant Director of Student Activities, and student Lindsay Atkins, of the Third Annual "Stomp Out Stigma" Run/Walk to benefit the Mental Health Association in Niagara County, April 26, 2009. Presented MHA with a \$2000.00 proceeds check at its Open House, May 2009.

Organized and conducted activities on campus as part of National Eating Disorders Awareness Week (in collaboration with the Counseling Service and Active Minds). Activities/programs included an information booth and eating disorders screening in the LLGC, a drive to collect donated jeans for the St. Vincent DePaul Society, and a screening of the award-winning PBS documentary, *Dying to be Thin*, February 24-25, 2009.

Organized and conducted free and confidential screenings for mental disorders with eight of my students at the *Heart, Love, and Soul Food Pantry*, Ontario Avenue, Niagara Falls, NY, October 31, 2008.

Organized and conducted free and confidential screenings for depression and anxiety disorders with four of my students, and Dr. Bernadette Peters of the Counseling Service, on National Depression Screening Day in my Clinical Psychology Lab and at the Mental Health Association offices in Lockport, (co-sponsored by the Mental Health Association of Niagara County), October 10, 2008.

## Vita - Timothy Michael Osberg

- Co-organizer, with Bill Newton, Assistant Director of Student Activities, and student Lindsay Atkins, of the Second Annual "Stomp Out Stigma" Run/Walk to benefit the Mental Health Association in Niagara County, April 27, 2008. Presented MHA with a \$2000.00 proceeds check at its annual luncheon at the Holiday Inn Lockport, May 20, 2008.
- Organized and conducted activities on campus as part of National Eating Disorders Awareness Week (in collaboration with the Counseling Service and Active Minds). Activities/programs included an information booth and eating disorders screening in the LLGC, a drive to collect donated jeans for the St. Vincent DePaul Society, and a screening/discussion of the documentary film, "Thin," February 26-27, 2008.
- Organized and conducted free and confidential screenings for depression and anxiety disorders with six of my students, and Dr. Bernadette Peters and Ms. Monica Romeo of the Counseling Service, on National Depression Screening Day in my Clinical Psychology Lab and at the Mental Health Association offices in Lockport, (co-sponsored by the Mental Health Association of Niagara County), October 11, 2007.
- Co-organizer, with Bill Newton, Assistant Director of Student Activities, and student Elaine Zamojski, of the First Annual "Stomp Out Stigma" Run/Walk to benefit the Mental Health Association in Niagara County, April 29, 2007. Presented MHA a \$2000.00 proceeds check at its annual luncheon at the Holiday Inn Lockport, May 15, 2007.
- Promoted campus-wide online screening of mental health problems among both staff and students and consulted with several staff members and students concerning referral for professional follow-up, on National Mental Health Screening Day, October 5, 2006.
- Organized and conducted free and confidential screenings for depression and anxiety disorders with five of my students, and Drs. Brooke Lewis and Trish Peterson, on National Depression Screening Day in my Clinical Psychology Lab and at the Mental Health Association offices in Lockport, DeGraff Memorial Hospital in North Tonawanda, and the Niagara Falls Memorial Medical Center (co-sponsored by the Mental Health Association of Niagara County), October 6, 2005.
- Organized and conducted free and confidential screenings for depression with five of my students and Dr. Brooke Lewis on National Depression Screening Day in my Clinical Psychology Lab and at the Mental Health Association offices in Lockport (co-sponsored by the Mental Health Association of Niagara County), October 7, 2004.
- Member, Program Committee for the annual conference of the Mental Health Association in Niagara County entitled, "What's in your toolbox: A workshop for first responders and human service professionals," held at the Holiday Inn Select, Niagara Falls, NY, October 20, 2004.
- Organized and conducted free and confidential screenings for depression with ten of my students and Dr. Brooke Lewis on National Depression Screening Day in my Clinical Psychology Lab and at the Mental Health Association offices in Lockport (co-sponsored by the Mental Health Association of Niagara County), October 9, 2003.
- Member, Program Committee for conference entitled, "Coping skills: A spectrum of strategies," co-sponsored by the Mental Health Association in Niagara County, Niagara University Department of Psychology, and Niagara Falls Memorial Medical Center, held at the Days Inn Riverview, Niagara Falls, NY, October 18, 2002.
- Organized and conducted free and confidential screenings for depression with four of my students and Dr. Brooke Lewis on National Depression Screening Day in my Clinical Psychology Lab and at the Mental Health Association offices in Lockport (co-sponsored by the Mental Health Association of Niagara County), October 11, 2001.
- Organized and conducted free and confidential screenings for anxiety disorders with six of my students on National Anxiety Disorders Screening Day in my Clinical Psychology Lab and at the Mental Health Association offices in Lockport (co-sponsored by the Mental Health Association of Niagara County), May 2, 2001.
- Organized and conducted free and confidential screenings for depression with thirteen of my students on National Depression Screening Day in my Clinical Psychology Lab and at the Mental Health Association offices in Lockport (co-sponsored by the Mental Health Association of Niagara County), October 5, 2000.
- Organized and conducted free and confidential screenings for anxiety disorders with five of my students on National Anxiety Disorders Screening Day in my Clinical Psychology Lab and at the Mental Health Association offices in Lockport (co-sponsored by the Mental Health Association of Niagara County), May 3, 2000.

## Vita - Timothy Michael Osberg

Organized and conducted free and confidential screenings for depression with six of my students on National Depression Screening Day in my Clinical Psychology Lab and at the Brydges Library in Niagara Falls (co-sponsored by the Mental Health Association of Niagara County), October 7, 1999.

Participated with six of my students in the National Anxiety Disorders Screening Day at Niagara County Community College (co-sponsored by the Mental Health Association of Niagara County, the Niagara University Clinical Psychology Laboratory, and NCCC), May 5, 1999.

Participant in the United Way Day of Caring, 1996, 2000.

Volunteer participant in monthly Pre-Release Program at the Attica Correctional Facility as Leader of inmate pre-release counseling group, 1984-1991.

Volunteer group therapy leader, "Hearts Apart" support group for families of those serving in the Persian Gulf War, Niagara Falls Air Force Base, 1991.

Psychological Association of Western New York. Member of the Executive Committee and Chair of Nominations, Elections, and Awards Committee, 1982-1987.

### **Department**

Co-Founder and Coordinator, Psychology/Clinical Mental Health Counseling 4+2 Program, Fall 2012-present.

Founder and Moderator, Niagara University chapter of Active Minds on Campus (a national student organization devoted to promoting awareness of mental health issues on college campuses), Spring 2005-present.

Inaugural moderator, NU chapter of *To Write Love on Her Arms* (a national organization dedicated to finding help for people struggling with depression, addiction, self-injury and suicide), Spring 2012-Spring 2020.

Acting chairperson, Spring 2013.

Organizer, Psychology Alumni Dinner, 2002, 2005, 2008.

Moderator, Undergraduate Psychology Club, Fall 1997-Spring 2009.

Webmaster, Psychology Department Home Page on the World Wide Web, 1996-2010.

Acting Chairperson, Department of Psychology, Spring 2000.

Chairperson, Department of Psychology, 1987-1991.

Moderator, Undergraduate Psychology Club and local chapter of Psi Chi (national psychology honorary organization) 1983-1987.

Acting Chairperson, Department of Psychology, Spring, 1986.

Department Liaison to Academic Computing Center, 1983-84, 1987.

### **University**

Member, Niagara University Mental Health Literacy Committee, Fall 2020-Spring 2021.

Member, Niagara Shares Scholarship Committee, April 2019-March 2020.

Member, Niagara University Beginnings (NUB; freshman seminar) Committee, January 2015-present.

Member, Institutional Review Board for the Protection of Human Subjects, 1996-present.

## Vita - Timothy Michael Osberg

Clinical psychological consultant to the Niagara University Division I Men's Hockey Team, Fall 2018-Spring 2020.

Co-chairperson, Search Committee for the new Provost at Niagara University, November-December, 2016.

Member, Beacon Administration Team (BAT), Summer 2015.

Member, Strategic Enrollment Committee, Fall 2014-Summer 2015.

Co-chairperson, Niagara University Student Engagement and Retention Committee, Fall 2013-Summer 2015.

Member, Task force formed to make recommendations regarding the membership and agenda of the forthcoming University Retention Committee in the Fall of 2013, Summer 2013.

Member, NULTA Salary Adjustment Committee, Spring 2013.

Participant, Niagara University Scholarship Interview Days, January 28, 2012; January 26, 2013.

Book Talk Partner, Fall 2012.

Chair, Niagara University Alcohol Task Force, Fall 2011-Spring 2012.

Coordinator, Niagara University Freshman Alcohol Education Program, 2008-2011.

Member, Conduct Council (Niagara University Student Life Committee that adjudicates instances of misconduct), Fall 2011- Spring 2012.

Member, search committee for the position of Vice President for Student Life, 2010.

Member, ad hoc committee formed to write a Title III grant for Niagara University, 2010.

Member, Niagara University First Year Task Force, November 2008 – 2010.

Faculty Athletics Fellow, men's hockey team, Fall 2008 – Spring 2010.

Author and Coordinator, Freshman Alcohol Problems Prevention Component of First Year Niagara freshman seminar (NUS 102), an initiative of the Strategic Plan for 2008-2011.

Member, Academic Senate, Spring 2008-2010.

Member, Academic Standards, Planning, and Support Subcommittee of the Niagara University Academic Senate, 2008-2010.

Member, Arts and Sciences Faculty Service Award Selection Committee, Spring 2008-2010.

Member, Niagara University Research Council, Social Sciences Area Review Committee, Spring 2007; Spring 2009.

Coordinator, Niagara University campus mental health initiative of the Strategic Plan for 2005-2008; 2008-2011, 2011-present.

Faculty Liaison to Counseling Services, Fall 2006 – present.

Member, Student Success & Retention Committee, Spring 2003-present.

Member, Academic Subcommittee of the Student Success & Retention Committee, Fall 2002-present.

Member, Niagara University Athletics Hall of Fame Selection Committee, 2002 – 2008.

## Vita - Timothy Michael Osberg

Co-Chair, Niagara University 150<sup>th</sup> Anniversary Celebration Committee, October 2000 – May 2007.

Coordinator, Niagara University *Underage Drinking: Not a Minor Problem* media campaign, Spring 2007.

Member, Advancement Office Faculty Giving Campaign Committee, Spring 2006.

Member, Search Committee for the new Dean of Enrollment Management, Summer, 2005.

Co-Chair, United Way Campaign at Niagara University, 1997-2004.

Member, Niagara University Counseling Services Review Committee, Spring 2003.

Member, Sportsmanship and Welfare Subcommittee of the NCAA 2004 Accreditation Steering Committee, Fall 2002 – Fall 2003.

Member, Faculty Athletics Advisory Committee, January 2001 – December 2003.

Member, Promotion and Tenure Committee, 2001 – 2003.

Member, Sabbatical Leave Review Committee, 1997-2000; 2001-2002.

Member, Human Resources Advisory Committee, 2000-2001.

Color Analyst for Men's Hockey Broadcasts of Home Games on WJIL Radio, 1999-2001.

Member, Team Niagara Athletic Season Ticket Sales Drive 1999-2000, Fall 1999.

Member, Search Committee for the Dean of the College of Arts and Sciences, 1997-98.

Member, Outstanding Teaching Award Committee, 1996, 1997, 1998 (Chair, 1998).

Member, Athletic Scholarship Review Board, Spring, 1996 - 1998.

Member, Niagara University Ice Complex Grand Opening and Dedication Committee, Spring, 1996.

Consultant to Middlestates Institutional Development and Outcomes Assessment Subcommittee, 1995-96.

Member, Niagara University Research Council, Social Sciences Area Review Committee, Spring, 1996.

Facilitator, and Author of one of four Vision Scenarios, as part of the Niagara University Visioning Process, Fall 1995.

Member, Promotion and Tenure Committee, 1991-95.

Member, Advisory Board for the development of a Masters in Mental Health Counseling Program at Niagara University, 1993-94.

Member, Committee to select 1993-1994 Student Employee of the Year, Spring 1994.

Strategic Planning Committee, May 1991 - May 1993.

Quality Control Subcommittee of Strategic Planning Committee, 1992-1993.

Arts and Sciences Post-tenure review committees, 1990, 1991 (chair - one committee), 1992, 1993.

Faculty Workshop Committee, Consortium of the Niagara Frontier (college program at three local correctional institutions cosponsored by Niagara University, Canisius College, and Daemen College), Spring 1993.

Academic Senate, 1986-93.

## Vita - Timothy Michael Osberg

Academic Standards and Planning Committee, 1989-90, 1992-93.

Academic Support Committee, 1986-1992.

Chairperson, Steering Committee formed to write the Five-Year Periodic Review Report to the Middle States Association of Colleges and Universities, May 1991 - September 1992. Coauthored Periodic Review Report to Middle States, which resulted in continuing accreditation (and won praise from MSA as a model report!).

Humanities Advisory Council/Science Advisory Council, 1987-1991.

Academic Council, 1988-1991.

Academic Priorities Committee, 1987-1988.

Social Work Program Accreditation Committee, 1987-1989.

Coordinator, Niagara University Hazardous Waste Project, Funded by New York State Department of Environmental Conservation (Project Title: "Model for Improved Public Information on Hazardous Waste"), Spring-Summer 1987.

Coordinator of Survey Instruments and Data Analyst for Middle States and NYSED Self-Study Projects, 1985-87.

Steering Committee for Middle States and NYSED Self-Study Projects, 1985-87.

Consultant and Data Analyst for Athletic Facility Survey, Spring, 1986.

Grant Reviewer, Niagara University Research Council, Spring, 1986.

Consultant and Data Analyst for Parents' and Faculty Visitation Policy Survey Project, Fall 1985.

University Judicial Board, 1984-85.

Chairperson, Survey Subcommittee of Strategic Planning, Fall 1983-Spring 1985.

College of Arts & Sciences Committee on Academic Excellence, 1983-86.

Arts & Sciences Grantsmanship Committee, 1983-86.

Reviewer of Nursing Grant Applications (for Grants Office), Summer, 1983.

Niagara University Lay Teachers Association (NULTA), Grievance Committee, 1983-84.

Professional Advisory Committee, Niagara University Counseling Service, 1982-83.

### **References**

Available Upon Request.