

CAROLYN SHIVERS, PH.D.

2026

School Address

135 DePaul
Niagara University, NY 14109

cshivers@niagara.edu

PROFESSIONAL WORK EXPERIENCE

- 2022-Present **Niagara University**, Niagara University, NY
Associate Professor of Psychology
College of Arts & Sciences
- 2024-Present Director, Disability Studies Minor
- 2021-2022 **Virginia Tech**, Blacksburg, VA
Associate Professor of Human Development and Family Science
College of Liberal Arts and Human Sciences
- 2015-2022 Director, Pathways Minor in Disabilities Studies
- 2015-2021 Assistant Professor
- 2014-2015 **Trinity College Dublin**, Dublin, Ireland
Hegarty Fellow, Post-doctoral Research Associate (co-location)
Faculty of Health Sciences
- 2013- 2015 **Michigan State University**, East Lansing, MI
Hegarty Fellow, Post-doctoral Research Associate (co-location)
Daughters of Charity Technology Research into Disability (DOCTRID) International
Research Institute
Department of Counseling, Educational Psychology, and Special Education

EDUCATION

- Ph.D. **Vanderbilt University**
May, 2013
Areas of Study: Psychology and Human Development
- M.S. **Vanderbilt University**
May, 2010
Area of Study: Developmental Psychology
- B.A. **University of Notre Dame**
May, 2008
Major: Psychology

AWARDS AND HONORS

- 2025 Women in STEM Honor
Niagara University, Students Aligned to Stop Sexism
- 2021 Favorite Faculty Award
Virginia Tech Housing and Residence Life
- 2020 Diversity Award
Virginia Tech College of Liberal Arts and Human Sciences
- 2020 Excellence in Access and Inclusion Award
Virginia Tech Services for Students with Disabilities

PEER-REVIEWED MANUSCRIPTS

Journal Articles (*Denotes student co-author)

1. **Shivers, C.M.** (under review). Development and validation of the Experienced Ableism Scale. *Rehabilitation Bulletin*.
2. **Shivers, C.M.**, *Shea, E., *Sommer, N., & Jackson, J.B. (2025). Cross-disability experiences of ableism: What family therapists need to know. *Rehabilitation Research, Policy, and Education*, 39(4), 196-209.
3. Muruthi, B. A., **Shivers, C.M.**, McRell, A.S., Bermudez, M., & Zárate, J. (2025). Cultural adherence as a protective factor for risk behavior among Afro-Caribbean women in the United States. *Journal of Systemic Therapies*.
4. *Almeyda, C., McRell, A., Muruthi, B., **Shivers, C.M.**, Zarate, J., & Lahoti, A., (2025). “Ustedes tienen el uno al otro” [You guys have each other]: Exploring Latino/a/x sibling relationships. *The Family Journal*.
5. *Toman, M., Wesche, R., & **Shivers, C.M.** (2024). Narratives of personal health and sexual education experiences of emerging adults with disabilities. *Sexuality and Disability*, 42(4), 851-880.
6. Muruthi, B. A., **Shivers, C. M.**, Bermudez, J. M., & Cronce, J. M. (2024). Cultural expectations and perceptions of risk communication among Afro-Caribbean mothers and daughters in the United States. *Families, Systems, & Health*, 42(2), 254.
7. *Tillet, J., **Shivers, C.M.**, & Apple, R. (2024). Autistic perspectives of sibling relationships: Clinical implications for the use of quantitative measures in family autism research. *Contemporary Family Therapy*, 46(2), 151-161.
8. **Shivers, C.M.**, *Yu, S. & *Textoris, S. (2024). Physiological stress response to mental illness narratives. *Psychology of Popular Media*, 13(3), 534.
9. Lee, G.K., & **Shivers, C.M.** (2023). Psychometric analyses of the Challenges and Needs Survey for family caregivers of individuals with autism spectrum disorder: Implications for practice. *Journal of Family Issues*, 44(3), 681-702.
10. *Kosar, S., Muruthi, B., **Shivers, C.M.**, Zarate, J., & Byron, J. (2023). Millennials and Generation Z: Men’s Perspectives on Hashtag Feminism. *Journal of Men’s Studies*, 31(3), 478-499. doi: 10.1177/10608265231175832
11. **Shivers, C.M.**, Russon, J., *Benson, M., *King, A., & *Textoris, S. (2022). Siblings’ roles and perceptions of mental illness: Postmodern perspectives on quantitative findings. *Contemporary Family Therapy*, 45(3), 360-370.
12. *Steinberg, S., **Shivers, C.M.**, Liu, T., Cirelli, L.K., & Lense, M.D. (2021). Musical engagement and parent-child attachment in families of young children with and without developmental disabilities. *Journal of Applied Developmental Psychology*.
13. **Shivers, C.M.** & *Textoris, S. (2021). Non-psychopathology related outcomes among siblings of individuals with mental illness: A systematic review. *Clinical Child and Family Psychology Review*, 24. 138-64 doi: 10.1007/s10567-020-00331-3.

14. Muruthi, B.A., Bermudez, M., Chou, J., **Shivers, C.M.**, Gale, J., & Lewis, D. (2020). Mother-Adult Daughter Questionnaire: Psychometric evaluation across first and second-generation black immigrant women. *The Family Journal*, 28(2), 168-175.
15. Fisher, M.H., & **Shivers, C.M.**, & *Josol, C. (2020). Psychometric properties and utility of the Social Vulnerability Questionnaire for individuals with intellectual and developmental disabilities. *Journal of Autism and Developmental Disorders*, 50. 2348-2359. doi: 10/1007/s10803-018-3636-4
16. Fisher, M.H., *Josol, C.K., & **Shivers, C.M.** (2020). An examination of social skills, friendship quality, and feelings of loneliness for adult with Williams syndrome. *Journal of Autism and Developmental Disorders*, 50(7), 2348-2359.
17. **Shivers, C.M.**, & *Resor, J. (2019). Health and life satisfaction among parents of children with physical disabilities. *Journal of Developmental and Physical Disabilities*, 32. 719-733. doi:10.1007/s10882-019-09716-x
18. Lee, G.K., **Shivers, C.M.**, & *Krizova, K. (2019). Needs, strain, coping, and mental health among caregivers of individuals with autism spectrum disorder: A moderated mediation analysis. *Autism*, 23(8), 1936-1947.
19. **Shivers, C.M.** (2019). Empathy and perceptions of their brother or sister among adolescent siblings of individuals with and without autism spectrum disorder. *Research in Developmental Disabilities*. Online publication. doi: 10.1016/j.ridd.2019.103451
20. **Shivers, C.M.** (2019). Self-reported guilt among adult siblings of individuals with intellectual and developmental disabilities. *American Journal on Intellectual and Developmental Disabilities*, 124(5), 470-477.
21. **Shivers, C.M.**, Jackson, J., & *McGregor, C. (2019). Adjustment among typically developing siblings of individuals with autism spectrum disorder: A meta-analysis. *Clinical Child and Family Psychology Review*, 22(2). 172-196.
22. **Shivers, C.M.**, *Sonnier-Netto, L., & Lee, G.K. (2019). Needs and experiences of family caregivers of individuals with autism spectrum disorder across the lifespan. *Journal of Policy and Practice in Intellectual Disabilities*, 16(1). 21-29.
23. **Shivers, C.M.**, *McGregor, C., & *Hough, A. (2019). Self-reported stress among adolescent siblings of individuals with autism spectrum disorder and Down syndrome. *Autism*, 23(1). 112-122.
24. Lee, G.K. & **Shivers, C.M.** (2019). Factors that affect the physical and mental health of caregivers of school-age children and transitioning young adults with autism spectrum disorder. *Journal of Applied Research in Intellectual Disabilities*, 32(2). 622-634.
25. **Shivers, C.M.**, & *McGregor, C.M. (2019) Brief Report: Sibling feelings toward individuals with or without autism or intellectual disability. *Journal of Autism and Developmental Disorders*. 49(1). 404-409.
26. Clifford, S., **Shivers, C.**, Chen, L., & Leader, G. (2018). "With a touch of a button": Staff perceptions on integrating new technologies in an Irish service provider for people with intellectual disabilities. *Journal of Applied Research in Intellectual Disabilities*, 31(1).
27. **Shivers, C. M.**, *Krizova, K. & Lee, G.K. (2017). Predictors of strain among family caregivers of individuals with autism spectrum disorder. *Research in Intellectual and Developmental Disabilities*, 68. 42-51.

28. Dykens, E.M., Roof, E., Hunt-Hawkins, H., Dankner, N., Lee, E.B., **Shivers, C.M.**, & Daniell, C. (2017). Autism spectrum disorders in children with Prader-Willi syndrome: Methodology matters. *Journal of Neurodevelopmental Disorders*, 9(1), 18.
29. **Shivers, C. M.** & *Butner-Kozimer, L.M. (2017) Adolescent siblings of individuals with intellectual disability with and without comorbid mental illness: A preliminary comparison of sibling perceptions. *Journal of Mental Health Research in Intellectual Disabilities*, 10(1). 1-16.
30. **Shivers, C.M.** & Dykens, E.D. (2017). Adolescent siblings of individuals with and without intellectual and developmental disabilities: Self-reported empathy and feelings about their brothers and sisters. *American Journal of Intellectual and Developmental Disabilities*, 122(1). 62-77.
31. **Shivers, C. M.**, Oates, C. & Dykens, E. (2016). Life satisfaction among mothers of individuals with Prader-Willi Syndrome. *Journal of Autism and Developmental Disorders*, 46(6). 2126-2137.
32. **Shivers, C.M.**, & Plavnick, J.B. (2015). Sibling involvement in interventions among families of children with autism spectrum disorder: A systematic review. *Journal of Autism and Developmental Disorders*, 45(3), 685-696.
33. Gordon, R.L., **Shivers, C.M.**, Wieland, E., Kotz, S.A., Yoder, P.J., & McAuley, J.D. (2015) Musical rhythm discrimination explains individual differences in grammar skills in children. *Developmental Science*, 18 (4), 635-644.
34. Lense, M.D., **Shivers, C.M.**, & Dykens, E.D. (2013) (A)Musicality in Williams Syndrome: Examining relationships among auditory perception, musical skill, and emotional responsiveness to music. *Frontiers in Psychology*.
35. **Shivers, C. M.**, Deisenroth, L., & Taylor, J. L. (2013). Patterns and predictors of anxiety among siblings of children with autism spectrum disorders. *Journal of Autism and Developmental Disorders*, 43(6), 1336-46.
36. *Waters, R.E., Gordon, R.L, **Shivers, C.**, Key, S., & Yoder, P. (2013). Toward understanding syntactic processing and phonological awareness in specific language impairment. *Young Scientist Journal*.
37. Taylor, J. L. & **Shivers, C.** (2011) Predictors of helping profession choice and volunteerism among adult siblings of individuals with mild intellectual deficits. *American Journal of Intellectual and Developmental Disabilities*, 116(4). 263-277.
38. Ekas, N.V., Whitman, T.L., & **Shivers, C.** (2009) Religiosity, spirituality, and socioemotional functioning in mothers of children with autism spectrum disorder. *Journal of Autism and Developmental Disorders*, 39, 706-719.

Additional Publications

1. Aspinwall, L.G., **Shivers, C.M.**, Detrich, A.N., & Maron, A. (in press). Countering ableism and disability education: Student and faculty perspectives on course design, attitude, and content. In A. Richmond & D. Dunn (Eds.) *Oxford Handbook of Psychology Education*. Oxford, U.K.: Oxford Publishing.
2. **Shivers, C.M.** & Aspinwall, L.G. (2026). Anti-ableist strategies for introductory psychology classes: Creating inclusive classes without compromising rigor. In C.A. Sanderson & R.R. Totton (Eds.) *Teaching Introduction to Psychology*. Cheltenham, U.K.: Edward Elgar.
3. Aspinwall, L.G., & **Shivers, C.M.** (2024). Teaching anti-ableism: A practical guide to creating friendly and flexible courses without compromising rigor. In C.A. Sanderson & R.R. Totton (Eds.) *Teaching Social Psychology*, pp. 109-121. Cheltenham, U.K.: Edward Elgar.

4. Sharma, J., **Shivers, C.M.**, & *Duke, C. (2023). Cultural framework for working with intergenerational trauma. *Counseling Today*.
5. Owens, J.M., Miller, A., & **Shivers, C.M.** (2020). Analysis of the non-driving mobility needs of people with disabilities. (No. CATM-2020-R1-VTTI).
6. **Shivers, C.M.** (2020). Sibling feelings toward their brother or sister with autism. In F.R. Volkmar (Ed.) *Encyclopedia of Autism Spectrum Disorders*. New York, NY: Springer.
7. Simplican, S.C., & **Shivers, C.M.** (2018). Capacity, guardianship, and disability. In Heller, T., Harris, S.P., Gill, C., and Gould, R.P. (Eds.) *Disability in American Life: An Encyclopedia of Concepts, Policies, and Controversies*.
8. **Shivers, C.M.** (2017) The Sibling Experience. In B.S. Nelson Goff and N.P. Springer (Eds.) *Families and Disabilities: A Guide for Helping Professionals*. New York, NY: Routledge.
9. Fisher, M.H., & **Shivers, C.M.** (2015). Book review: The sibling survival guide: Indispensable information for brothers and sisters of adults with disabilities. *Research and Practice for Persons with Severe Disabilities*, 40(1), 88-92.
10. McCausland, D., McCallion, P., Carroll, R., O'Donovan, M.A., McGlinchey, E., **Shivers, C.**, Burke, E., & McCarron, M. (2014). Social participation for older people with intellectual disability. In M. McCarron, P. McCallion, & E. Burke (Eds.) *Advancing Years, Different Challenges: Wave 2 IDS-TILDA*. Ireland Department of Health.
11. Taylor, J. L., & **Shivers, C. M.** (2012). Sibling supports. In F. R. Volkmar (Ed.). *Encyclopedia of Autism Spectrum Disorders*. New York, NY: Springer.

Additional Media

1. Sargeant, D. (Host). (2022-present). *Exploring Empathy in Adolescent Siblings with Disabilities*. [Podcast]. Family Science Labs.

PRESENTATIONS

2025

- Olkin, R., **Shivers, C.M.**, Wang, K., & Bogart, K. *Disabled psychologists and students indicate microaggressions & discrimination*. Poster presented at Association for Psychological Sciences Global Summit [online].
- Shivers, C.M.** *Student choice assignments: A step-by-step guide to adopting inclusive assessment without compromising rigor*. Talk presented at the CCTL Conference, Niagara University, NY.

2024

- Yu, S., & **Shivers, C.M.** *Sibling intimacy and warmth among siblings of individuals with autism, mental illness, and other comorbidities*. Poster presented at the International Association for the Scientific Study of Intellectual and Developmental Disabilities World Congress, Chicago, IL.
- Shivers, C.M.** *Adopting inclusive teaching practices: A guided work session for incorporating universal design for learning strategies*. Talk presented at the CUNY Accessibility Conferences, New York, NY.
- Olkin, R., **Shivers, C.M.**, Wang, K., & Bogart, K. *Including disability and disabled researchers in psychological science*. Panel presented at the Association for Psychological Science Annual Convention, San Francisco, CA.

2023

- Lee, H., Lee, G. K., **Shivers, C.** & Rosadomartinez E. (2023, July). Skills improvement on emotion regulation for Hispanic college students with mental illness. National Association of Multicultural Rehabilitation Concerns, Tulsa, OK.
- *Yu, S., & **Shivers, C.M.** *Sibling relationships and distress in emerging adult siblings of individuals with and without autism: an exploration of coping.* Poster presented at the Gatlinburg Conference on Research and Theory in Developmental Disabilities, Kansas City, MO.
- Shivers, C.M.,** & *Tillett, J. *Autistic and Non-Autistic Perspectives on Sibling Relationships.* Paper presented at the Gatlinburg Conference on Research and Theory in Developmental Disabilities, Kansas City, MO.

2022

- *Codeca, L., Russon, J., **Shivers, C.M.,** *Puckett, K.P., & *Bland, K. *Stress, burden, distress and perception of relationships among young adults with siblings with suicidal ideation: An explanatory mixed methods study.* Poster presented at the National Council on Family Relations Conference, Minneapolis, MN.

2021

- *Cooke, S. & **Shivers, C.M.** *Centering the Margins: Depression Outcomes for Disabled LGBTQ+ Adults.* Poster presented at the LGBTQ Research Symposium. Online.
- *Yu, S. & **Shivers, C.M.** *Behavioral Outcomes of Siblings of People with Autism Spectrum Disorder.* Poster presented at the Gatlinburg Conference on Research and Theory in Developmental Disabilities. Online.

2020

- Shivers, C.M.,** McLain, E., Gardiner, F., Awni, H., & Williams, R.M. (2020). *Autism Tech & Autistic Experiences.* Panel presented at the Choices and Challenges Forum, Virginia Tech.
- Sharma, J., & **Shivers, C.M.** (2020). *Generational Transmission of Trauma: A Framework.* Talk presented at the Zarrow Symposium.
- Shivers, C.M.** (2020). *Disability on Campus.* Keynote speech presented at the Virginia Tech Student Affairs Spring Renewal.

2019

- Shivers, C.M.** (2019). *From the Lab to the Living Room: Involving Siblings of Individuals with Autism Spectrum Disorder.* Webinar presented for SPARK: Simons Powering Autism Research.
- Shivers, C.M.** (2019). *Disability and Utopia.* Presented at West Ambler Johnston Residential College FaculTEA, Blaksburg, VA.
- *Sonnier-Netto, L., Ramey, S., **Shivers, C.M.,** & Ramey, C. (2019). Indicators of successful aging: An experimental study of long-term effects of early care and education on midlife outcomes. Poster presented at the Society for Research in Child Development Biennial Meeting, Baltimore, MD.
- Biscotte, S., **Shivers, C.M.,** & Jewitt, J. (2019, September). Gen Ed Minors: Overcoming the One-and-Done Mindset through Thematic Transdisciplinary Programs. Talk presented at the Association for General & Liberal Studies Conference, Orlando, FL.
- Shivers, C.M.** & *Beaudet, L.C. (2019, August). Sibling Experiences in Families of Individuals with Williams Syndrome. Talk presented at IASSIDD World Congress, Glasgow, UK.

2018

- Shivers, C.M.,** Jackson, J., & *McGregor, C. (2018) *Outcomes among Siblings of Individuals with ASD.* Presented at the Virginia Tech Autism Research Symposium, Falls Church, VA.
- Shivers, C.M.,** Jackson, J., & *McGregor, C. (2018, April). Adjustment among typically-developing siblings of individuals with autism spectrum disorder: A meta-analysis. Poster presented at the Gatlinburg Conference on Research and Theory in Developmental Disabilities, San Diego, CA.
- Fisher, M.H., **Shivers, C.M.,** & *Josol, C. (2018, April). Assessing risk for social victimization: Validation of the Social Vulnerability Questionnaire. Poster presented at the Gatlinburg Conference on Research and Theory in Developmental Disabilities, San Diego, CA.

2017

- Shivers, C.M., *McGregor, C., & *Hough, A.** (2017, August). Self Reported Stress among Siblings of Individuals with Down Syndrome and Autism Spectrum Disorder. Poster presented at American Psychological Association Annual Convention, Washington, DC.
- Shivers, C.M., Lee, G.K., & *Krizova, K.** (2017, April). Caregiving and Strain among Family Members of Individuals with Autism Spectrum Disorder across the Lifespan. Poster presented at DOCTRID V Conference, Limerick, Ireland.
- Shivers, C.M.** (2017). *Stress among Adolescent Siblings of Individuals with Autism Spectrum Disorder*. Presented at the Virginia Tech Autism Research Symposium, Falls Church, VA.
- Shivers, C.M.** (2017). *Transitioning the Family: The Changing Roles of Parents and Siblings*. Presented at the STEM-Ability Program, Blacksburg, VA.
- Biscotte, S., **Shivers, C.M.**, Jewitt, J., Ervin, E., & Carlson, K. (2017, September). Developing Thematic Minors to Help Gen Ed 'Count': A Panel Discussion. Talk presented at the Association for General & Liberal Studies Conference, Memphis, TN.
- Shivers, C.M., *Sonnier-Netto, L. & Lee, G.K.** (2017, May). Service and Personal Needs among Family Caregivers of Individuals with Autism Spectrum Disorder. Talk presented at Families, Rights, & Disability Symposium, Innsbruck, Austria.
- Shivers, C.M., & Lee, G.K.** (2017, March). Concerns of Family Caregivers of Individuals with Autism Spectrum disorder across the Lifespan. Talk presented at Gatlinburg Conference on Research and Theory in Developmental Disabilities, San Antonio, TX.

2016

- Shivers, C.M.** (2016). *From the Lab to the Living Room: Involving Families of Individuals with ASD in Research*. Presented at the Virginia Tech Center for Autism Research Outreach Conference, Blacksburg, VA.
- Shivers, C.M.** (2016). *Disabilities Studies at Virginia Tech*. Keynote presentation at the Services for Students with Disabilities Awards Banquet, Blacksburg, VA.
- Shivers, C.M.** (2016). *Beyond "A Population at Risk:" Siblings of Individuals with ASD*. Presented at the NOVA Symposium: Frontiers of Autism Research at Virginia Tech, Falls Church, VA.
- Shivers, C.M., & Lense, M.** (2016, August). Age-related Changes in Problems Behaviors among Adults with Williams Syndrome. Talk presented at IASSIDD World Congress, Melbourne, Australia.
- Shivers, C.M., Roof, E., & Hunt-Hawkins, H.** (2016, August). Profiles of Psychopathology among Adults with Williams Syndrome. Talk presented at IASSID World Congress, Melbourne, Australia.

2015

- Shivers, C.M.** (2015, August). A Sibling-Mediated, Play Skills Intervention for Children with Autism Spectrum Disorder. Poster presented at the APA Convention, Toronto, Ontario.
- Shivers, C.M., McCarron, M., & McCallion, P.** (2015, April). Engaging Staff in the Introduction of Technology for Individuals with Intellectual Disability. Poster presented at the International Association of Gerontology and Geriatrics European Region Congress, Dublin, Ireland.

2014

- Shivers, C.M., McCarron, M., & McCallion, P.** (2014, July). Literacy and Numeracy in an Aging Population of Individuals with Intellectual and Developmental Disabilities. Poster presented at the IASSID European Congress, Vienna, Austria.
- Shivers, C.M., McCarron, M., McCallion, P., & Dinsmore, J.** (2014, July). Acceptability of a Multimedia Life Stories Platform in a Residential Home for Individuals with Dementia and Intellectual Disability. Poster presented at the IASSID European Congress, Vienna, Austria.
- Shivers, C.M.,** (2014, March). Siblings of Individuals with Intellectual Disability With and Without Comorbid Mental Illness. Poster presented at the Gatlinburg Conference on Research and Theory in Developmental Disabilities, Chicago, IL.

- Shivers, C.M.** (2014). *Integrating Technology into Life Story Work for Residents with Dementia*. Presentation to the Daughters of Charity Staff Education Program, Dublin, Ireland.
- Shivers, C.M.** (2014). *Fulfilling a Need: Research in and around Siblings of Individuals with Intellectual and Developmental Disabilities*. Presentation at the Research Support and Education Day, School of Nursing and Midwifery, Trinity College, Dublin.

2013

- Shivers, C.M.** (2013). *Siblings of Individuals with Intellectual and Developmental Disabilities*. Presentation to the DOCTRID International Research Conference, Dublin, Ireland.
- Oates, C., **Shivers, C.M.**, & Dykens, E. (2013, March). Life Satisfaction among Mothers of Children with Prader-Willi Syndrome: A Correlational Study. Poster presented at the Gatlinburg Conference on Research and Theory in Developmental Disabilities, San Antonio, TX.
- Shivers, C.M.**, Oates, C., & Dykens, E. (2013, March). Life Satisfaction Over Time among Mothers of Children with Prader-Willi Syndrome. In S. Watson (Chair), *Families of Children with Disabilities: A Focus on Resources and Adaptation*. Symposium conducted at the Gatlinburg Conference on Research and Theory in Developmental Disabilities, San Antonio, TX.
- Lee, E., & **Shivers, C.M.** (2013, March). Prader-Willi Syndrome: Does Repetitive Behavior Change with Age? In E. Roof (Chair), *Which Came First? Anxiety, Repetitive Behavior, and Hoarding in PWS, ASD, ID, and OCD*. Symposium conducted at the Gatlinburg Conference on Research and Theory in Developmental Disabilities, San Antonio, TX.

2012

- Shivers, C. M.**, Deisenroth, L., & Taylor, J. L. (2012, March). *Patterns and Predictors of Anxiety Among Siblings of Children with Autism Spectrum Disorders*. Poster presented at Gatlinburg Conference on Research and Theory in Developmental Disabilities, Annapolis, MD.
- Oates, C. L., **Shivers, C. M.**, & Dykens, E. M. (2012, March). *An Overview of the BAPQ in a Large Sample of Simplex Families*. Poster presented at Gatlinburg Conference on Research and Theory in Developmental Disabilities, Annapolis, MD.
- Lee, E., & **Shivers, C.M.** (2012, March). A Comparison of Autistic Symptoms among Children and Adolescents with Prader-Willi Syndrome and Autism Spectrum Disorder. In E. Roof (Chair), *Co-Morbid Features in PWS, ASD, and 15q Disorders*. Symposium conducted at the Gatlinburg Conference on Research and Theory in Developmental Disabilities, Annapolis, MD.
- Roof, E., **Shivers, C.M.**, Deisenroth, L., & Dykens, E. (2012, March). Psychiatric Symptoms in Prader-Willi Syndrome. In E. Roof (Chair), *Co-Morbid Features in PWS, ASD, and 15q Disorders*. Symposium conducted at the Gatlinburg Conference on Research and Theory in Developmental Disabilities, Annapolis, MD.

2011

- Shivers, C.**, Taylor, J. L., Hodapp, R. M. (2011, March). Self-Reported Guilt Among Adult Siblings of Individuals with Developmental Disabilities. In J. Lounds Taylor (Chair), *Adult Siblings of Individuals with Intellectual and Developmental Disabilities: New Perspectives*. Talk presented at Gatlinburg Conference on Research and Theory in Developmental Disabilities, San Antonio, TX.

2010

- Shivers, C.**, Taylor, J. L. (2010, March). *Sibling Relationship Factors Predictive of Helping Profession Choice and Volunteerism Among Adult Siblings of Individuals with Mild Intellectual Deficits*. Poster presented at Gatlinburg Conference on Research and Theory in Developmental Disabilities, Annapolis, MD.
- Shivers, C.**, Hodapp, R.M., & Taylor, J. L. (2010, March). *Correlates of Guilt in Adult Siblings of Individuals with Developmental Disabilities*. Poster presented at Interdisciplinary Training Conference in Developmental Disabilities, Annapolis, MD.

2009

- Shivers, C.**, & Taylor, J.L. (2009, March). *Adults Siblings of Individuals with Mild Intellectual Deficits: Differences in Career Choice and Volunteerism*. Poster presented at Gatlinburg Conference on Research and Theory in Developmental Disabilities, New Orleans, LA.

2007

Faircloth, W. B., Cummings, E. M., Cummings, J., Mitchell, P. J., Reeves, N., & **Shivers, C.** (2007, March). *Launch Models of Change: The Effect of Baseline Levels of Marital Conflict Knowledge on Marital Outcomes*. Poster presented at the Society for Research in Child Development Conference (SRCDC), Boston, MA.

GRANTS AND CONTRACTS

- 2023 Exploring Ableism: Development of a Quantitative Measure of Barriers and Attitudes Experienced by Disabled People (C. Shivers, PI). Niagara University Summer Grant. \$5,400.
- Teaching Disability in Psychology (C. Shivers, PI). The Society for the Psychological Study of Social Issues. \$2,500.
- Abnormal No More: A DARN Conference (C. Shivers, PI). Society for the Teaching of Psychology. \$1,600.
- 2019-2020 Help-Seeking, Service Utilization, and Experiences of Stigma among College Students (C. Shivers, PI, J. Russon, Co-I). Virginia Tech College of Liberal Arts and Human Sciences. \$9,992
- 2018-2019 Analysis of the Non-Driving Mobility Needs of People with Disabilities. (J. Owens, PI, C. Shivers, Co-I; 12%). Center for Advanced Transportation Mobility. \$31,112.
- 2018-2019 Siblings of Individuals with Mental Illness (C. Shivers, PI). Virginia Tech College of Liberal Arts and Human Sciences. \$2,500
- 2016-2017 Biological Measures of Sibling Stress (C. Shivers, PI). Virginia Tech Institute for Society, Culture, and Environment. \$15,855
- 2016-2017 Adolescent Siblings of Individuals with Autism Spectrum Disorder (C. Shivers, PI). Virginia Tech College of Liberal Arts and Human Sciences. \$4,796
- 2016 Developing a Pathways Minor in Disabilities Studies (C. Shivers, PI). Virginia Tech Office of the Provost.: \$10,000
- 2016 New Faculty Mentoring Grant (C. Shivers). Virginia Tech Office of the Provost. \$1,500
- 2015-2016 Sibling Stress Survey (C. Shivers, PI). Virginia Tech College of Liberal Arts and Human Sciences. \$3,200

INSTRUCTION

Courses (G = graduate, U = Undergraduate)

Niagara University, Lewiston, NY*Instructor*

- PSY 101 Introduction to Psychology (U; S23, F23, F24, F25)
- PSY 201 Developmental Psychology (U; F22, S23, S24, S25, S26)
- PSY 245/307 Psychology of Disability (U; F22, F23, S24, S25, F25, S26)
- PSY 481 Senior Seminar (F24)
- PSY 491/492 Psychology Practicum (F25, S26)
- VSJ 100 Disability & Utopia (U; F23, S24, F24, S25)

Virginia Tech, Blacksburg, VA

Instructor

HD 1134	Intro to Disabilities Studies (U; SP17, SP19, F19, S20, F20, S21)
HD 1004	Human Development I – Child and Adolescent Development (U; F15, S16, F16, S18)
HD 4714	Senior Capstone (U; F18, S19, F19, S20, F20, S21)
HD 4974	Independent Study (U; F19, S20)
HD 4994	Undergraduate Research (U; F17, S18, F18, S19, F19, S20)
HD 5514	Research Methods (G; F17, F18)
HD 5224	Social and Emotional Development in Children and Adolescents (G; F16)

Michigan State University, East Lansing, MI

Co-Instructor

CEP 470	Disability in a Diverse Society (U; Summer14 – Study Abroad Course)
CEP 960	Theoretical Foundations of Counseling (G; F14)

Student Committees

Virginia Tech

Chairperson

2020-2022	Monica Han (Marriage and Family Therapy, Masters)
2018-2020	Masumeh Farchtchi (Marriage and Family Therapy, Masters)

Co-Chairperson

2019-present	Shuqi Yu (Child and Adolescent Development, Masters through PhD)
2020-2024	James Tillett (Marriage and Family Therapy, PhD)
2018-2020	Jameson Natwick (Marriage and Family Therapy, PhD)
2015-2020	Katarina Krizova (Marriage and Family Therapy, PhD)

Committee Member

2022-present	Madelyn Tomen (Child and Adolescent Development, Masters through PhD)
2021-2024	Krista Hein (Marriage and Family Therapy, PhD)
2021-2024	Casey Anne Brimmer (Alliance for Social, Political, Ethical, and Cultural Thought, PhD)
2016-2021	Martina Svyantek (interdisciplinary PhD)
2019-2020	Christina Almeyda (Marriage and Family Therapy, Masters)
2019-2020	Sophie Kosar (Marriage and Family Therapy, Masters)
2016-2020	Emily Gary (Marriage and Family Therapy, PhD)
2019-2020	Taylor Wardle (Marriage and Family Therapy, Masters)
2017-2020	Elizabeth Spignola (interdisciplinary PhD)
2017-2019	Jyotsana Sharma (Counselor Education, PhD)
2015-2018	Mary Elizabeth Sonnier-Netto (Child and Adolescent Development, PhD)

University of Akron

2025-present	Rachel Mirsen (Counseling Psychology, PhD)
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PROFESSIONAL AFFILIATIONS AND CERTIFICATIONS

2020-present	Certified Professional in Accessibility Core Competencies International Association of Accessibility Professionals
2016-present	International Association for the Scientific Study of Intellectual Disability
2014-present	American Psychological Association Division 33

REVIEWER SERVICES

Manuscript Review

Advances in Autism	- 2022
American Journal on Intellectual and Developmental Disabilities	- 2017, 2019
Autism: The International Journal of Research and Practice	- 2015, 2017, 2018, 2019, 2021, 2022, 2024, 2025
British Journal of Learning Disabilities	- 2021
Clinical Child and Family Psychology Review	- 2017, 2018, 2019, 2020
Couple and Family Psychology: Research and Practice	- 2019
Families, Relationships, and Societies	- 2017
Family Relations	- 2019, 2020
Frontiers Psychiatry	- 2020
International Journal of Developmental Disabilities	- 2016, 2023
Journal of Applied Research in Intellectual Disabilities	- 2017, 2019-2025
Journal of Autism and Developmental Disorders	- 2014, 2015, 2017-2024
Journal of Child & Adolescent Mental Health	- 2023
Journal of Child and Family Studies	- 2020, 2023
Journal of Child Psychology and Psychiatry	- 2021
Journal of Developmental and Physical Disabilities	- 2019, 2020, 2021
Journal of Family Psychotherapy	- 2017
Journal of Family Studies	- 2020
Journal of Intellectual & Developmental Disability	- 2017, 2023, 2024
Journal of Intellectual Disability Research	- 2012, 2016, 2020, 2022, 2023
Journal of Marital and Family Therapy	- 2017
Journal of Mental Health Research in Intellectual Disabilities	- 2017
Journal of Policy and Practice in Intellectual Disabilities	- 2017, 2020
PLOS One	- 2017
Remedial and Special Education	- 2013
Research in Developmental Disabilities	- 2015, 2016, 2017, 2019, 2020, 2021, 2023-2025
Research in Autism Spectrum Disorder	- 2022, 2023
Review Journal of Autism and Developmental Disorders	- 2023
Smart Homecare Technology and Telehealth	- 2013
Teaching of Psychology	- 2024, 2025