NIAGARA UNIVERSITY
Department of Intercollegiate Athletics

Student Athlete Manual
# TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Page(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student-Athlete Code of Conduct</td>
<td>3 - 7</td>
</tr>
<tr>
<td>Telephone Directory</td>
<td>8 - 9</td>
</tr>
<tr>
<td>Introduction</td>
<td>10</td>
</tr>
<tr>
<td>Niagara University Athletics Department Mission Statement</td>
<td>11</td>
</tr>
<tr>
<td>Metro Atlantic Athletic Conference Sportsmanship Statement</td>
<td>12 - 13</td>
</tr>
<tr>
<td>Gambling and Sports wagering</td>
<td>14</td>
</tr>
<tr>
<td>Media Relations</td>
<td>15</td>
</tr>
<tr>
<td><strong>Academics</strong></td>
<td></td>
</tr>
<tr>
<td>Initial Eligibility</td>
<td>16</td>
</tr>
<tr>
<td>Continuing Eligibility</td>
<td>16</td>
</tr>
<tr>
<td>Satisfactory Progress</td>
<td>16</td>
</tr>
<tr>
<td><strong>Academic Information for ALL Student-Athletes</strong></td>
<td></td>
</tr>
<tr>
<td>Attendance</td>
<td>17</td>
</tr>
<tr>
<td>LSK Courses</td>
<td>17</td>
</tr>
<tr>
<td>Academic Standing</td>
<td>17</td>
</tr>
<tr>
<td>Final Semester of Coursework</td>
<td>17</td>
</tr>
<tr>
<td>Withdrawal From A Class</td>
<td>18</td>
</tr>
<tr>
<td>Incomplete Coursework</td>
<td>18</td>
</tr>
<tr>
<td>Grading System and Quality Points</td>
<td>18</td>
</tr>
<tr>
<td>Advising</td>
<td>18</td>
</tr>
<tr>
<td>Academic Probation and Dismissal</td>
<td>19</td>
</tr>
<tr>
<td>Academic Progress Charts/Tables</td>
<td>19</td>
</tr>
<tr>
<td>Academic Services</td>
<td>19</td>
</tr>
<tr>
<td>Tutoring</td>
<td>19</td>
</tr>
<tr>
<td>Writing Center</td>
<td>19</td>
</tr>
<tr>
<td>Academic Counselor for Student-Athletes</td>
<td>20</td>
</tr>
<tr>
<td><strong>Financial Aid</strong></td>
<td></td>
</tr>
<tr>
<td>Cancellation/Reduction</td>
<td>21</td>
</tr>
<tr>
<td>Institutional Obligation</td>
<td>21</td>
</tr>
<tr>
<td>Hearing Opportunity Required</td>
<td>21</td>
</tr>
<tr>
<td>Financial Aid – Summer School</td>
<td>21 - 22</td>
</tr>
<tr>
<td>NCAA Special Assistance Fund Guidelines</td>
<td>22</td>
</tr>
<tr>
<td><strong>Athletic Department and Team Policies</strong></td>
<td></td>
</tr>
<tr>
<td>Team Requirements</td>
<td>23</td>
</tr>
<tr>
<td>Official/Unofficial Visit Policy</td>
<td>23 - 25</td>
</tr>
<tr>
<td>Student-Athlete Host Policy</td>
<td>26</td>
</tr>
<tr>
<td>Student-Athlete Grievance Procedures</td>
<td>27 - 28</td>
</tr>
</tbody>
</table>
Preface to the Student Athlete Code of Conduct

The Intercollegiate Athletic program at Niagara University facilitates the personal growth and education of students through their participation in a comprehensive program of NCAA Division I sports.

As an integral part of the University, the Department of Athletics actively promotes fair competition, fosters the pursuit of academic and athletic excellence, supports core institutional values of equity and diversity, and provides community enrichment.

The University is proud of the high caliber of its student-athletes. The Department of Athletics is committed to the guiding principles of honesty, integrity, respect, ethical conduct, teamwork, and hard work in support of student-athletes in their roles as scholars, athletes, campus leaders, and community members.

The University expects its student-athletes to train and strive for their highest degree of athletic excellence and sportsmanship; to demonstrate academic integrity and accomplishment; and to conduct themselves responsibly as members of the campus and larger community.

To that end, the University has adopted the following Student Athlete Code of Conduct. It is the responsibility of each student-athlete to familiarize themselves with the contents of this Code, and to govern themselves accordingly.

Niagara University
Student-Athlete Code of Conduct
2009-2010

Niagara University is strengthened by the high caliber of its student-athletes, and the Department of Athletics is committed to promoting that strength with the guiding principles of honesty, integrity, respect, ethical conduct, teamwork, and hard work.

A student-athlete can be confronted with many pressures while training to live up to the Niagara University standard. To support their student athletes, to give them guidance through the challenges facing them, the University has adopted this Student Athlete Code of Conduct. Each student-athlete is required to read, discuss, abide by and refer to the contents of this Code as they live, compete, train, and study at Niagara.

While it is hoped that student-athletes will draw inspiration from the ethics and spirit underpinning this Code, make no mistake: THESE ARE THE RULES. Violations of this code are subject to discipline by the Department of Athletics, and, potentially, Student Affairs, Academic Affairs, or law enforcement.

I. Reporting Obligation

Student-athletes must report: their own violations, the violations of others, and the planning of events and actions that will result in violations of this Code. Reports should be made to the Director of Athletics, or the Associate Athletic Directors.

For example, a student-athlete must self-report his or her own underage drinking, the underage drinking of another student-athlete, and the planning of a party where drinking by student-athletes in season will occur.

As another example, a student-athlete must self-report if he or she cheats on an exam by copying, must report the student-athlete from whom he or she was allowed to copy, and must report the plans of a student-athlete to sell exam papers (which is also a Class B Misdemeanor).
This reporting obligation is serious. Failure to abide by it will be an additional charge if a student-athlete is either: 1) subject to discipline for an incident he or she did not report, 2) for a violation by another student-athlete of which he or she was aware, 3) or for a violation planned by others of which he or she was at any time aware.

II. Standards of Conduct

Student-athletes must comply with:

- The rules, policies and procedures found in the Niagara University Student Handbook;
- The rules, policies and procedures found in the Niagara University Undergraduate Catalog;
- Municipal ordinances, and State and federal laws, both civil and criminal (“laws”);
- National Collegiate Athletic Association (NCAA);
- Metro Atlantic Athletic Conference (MAAC);
- College Hockey America (CHA);
- The direction or their coach, trainer, and Department of Athletics staff;
- The rules set forth in this Code of Conduct.

Violation may result in discipline as described in Section V below.

III. Sportsmanship

Student-athletes must bring honor to themselves, their team, their sport, the Athletic Department, the University, their families, and their communities, by exhibiting only the highest level of sportsmanship.

“Sportsmanship” is respect for oneself, teammates, coaches, officials, opponents, and property. It requires self-control. It means refusing to be drawn into or encourage physical conflict not otherwise required by proper execution of the sport.

A sportsperson can take a loss or defeat without complaint, a victory without gloating, and treat an opponent with fairness, generosity and courtesy. At Niagara University, sportsmanship is tied to the Vincentian mission of charity to others—especially when you win.

IV. Some Particular Rules and Policies to Keep in Mind

Niagara University Academic Integrity Policy
The Niagara University Academic Integrity (“AI”) Policy is posted at www.niagara.edu/academicintegrity. Copying, cutting and pasting, using the work of others, fixing grades, cheating on an exam, and submitting fraudulent work are just a few of the types of “academic dishonesty” that can be disciplined both under the university’s AI policy, and this Code. If you are struggling with academics, let your coach or the Director of Athletics know, and seek assistance from the Learning Center. Academic dishonesty in any form will not be tolerated.

Niagara University Alcohol Policy
The Niagara University Alcohol Policy is in the Student Planner and Handbook. Prohibited acts include: (1) Possessing or consuming alcohol if under the age of 21, (2) Operating a motor vehicle while under the influence of alcohol, (3) Misrepresenting one’s age for the purpose of purchasing, possessing, or consuming alcohol, (4) Purchasing, furnishing, or serving alcohol to or for an underage person, (5) Being dangerously intoxicated to the point where State law mandates being taken into custody.

Niagara University and NU Athletics’ Drug Use Policies
The Niagara University rules on drug use are in the Student Planner and Handbook. Prohibited acts include (1) Possessing or using illegal substances, as defined by law, (2) Possessing or using controlled substances as defined by law (provided that controlled substances may be taken pursuant to a properly issued prescription in the amount prescribed), (3) Distributing, selling, or possessing with the intent to distribute illegal or controlled substances, as defined by law, (4) The use of tobacco products by a student-athlete during practice, competition, or other team functions, (5) Other prohibited acts as described in the NU Student Planner and
Handbook or the NU Athletics Drug and Alcohol Policy. Student-athletes from each team will be drug tested throughout the year at random. Failure to appear at a drug test will be considered a positive test.

**NCAA Nutritional or Dietary Supplements Policy**
Many nutritional/dietary supplements contain substances banned by the NCAA. In addition, the U.S. Food and Drug Administration does not strictly regulate the supplement industry; therefore, the purity and safety of nutritional/dietary supplements cannot be guaranteed. Impure supplements may lead to a positive NCAA drug test and thus affect the eligibility of student-athletes. To avoid violation of this standard, as questions arise student-athletes should contact the team physician or athletic trainer and/or consult the list of banned drugs as described in NCAA Division Bylaws.

**Hazing as both defined by Niagara University and New York Penal Law**
Hazing in connection with membership or participation in University athletic teams or team activities is strictly prohibited.

Niagara University interprets hazing as any act whether physical, mental, emotional or psychological, which subjects another person, **voluntarily or involuntarily**, to anything that may abuse, mistreat, degrade, humiliate, harass or intimidate the person, or which may in any fashion compromise the inherent dignity of the person. In addition, any requirements by a member which compels another member to participate in any activity which is against University policy or state/federal law will be defined as hazing.

Actions and activities which are prohibited include, **but are not limited to**, the following:
- Any type of initiation or other activity where there is an expectation of individuals joining a particular team to participate in behavior designed to humiliate, degrade or abuse them **regardless of the person’s willingness to participate**.
- Forcing, requiring or pressuring an individual to consume alcohol or any other substance.
- Forcing, requiring or pressuring an individual to shave any part of the body, including hair on the head.
- Any requirement or pressure put on an individual to participate in any activity which is illegal, perverse, publicly indecent, contrary to genuine morals and/or beliefs, e.g., public profanity, indecent or lewd conduct or sexual gestures in public.
- Required eating of anything an individual would refuse to eat otherwise.
- Any activity or action that creates a risk to the health, safety or property of the University or any member of its community.
- Forcing or requiring calisthenics, such as push-ups, sit-ups and runs.
- Assigning or endorsing pranks such as stealing or harassment of another organization.
- Awakening or disturbing individuals during normal sleeping hours.
- Expecting or pressuring individuals to participate in an activity in which the full membership is not willing to participate.
- Physical abuse of any kind.
- Forcing, encouraging or pressuring someone to wear in public apparel which is conspicuous and not within the norm of what is considered to be in good taste.
- Engaging in public stunts and buffoonery.
- Nudity at any time or forced reading of pornographic material.
- Paddling, beating or otherwise permitting a member to hit other members.
- Having substances such as eggs, mud, paint and honey thrown at, poured on or otherwise applied to the body of a member.
- Morally degrading/humiliating games or other activity that makes a member the object of amusement, ridicule or intimidation.
- Subjecting a member to cruel and unusual psychological conditions.

**Niagara University Policy regarding Violence, Sexual Assault and Harassment**
Niagara University and the NU Athletics Program are committed to creating and maintaining a community in which its members are free from all forms of harassment, exploitation, intimidation, and violence. NU’s violence prevention policies, and response procedures for violent incidents, are intended to protect the health and safety of the campus and the community and ultimately to advance the educational mission of the University. Student-athletes are prohibited from engaging in violent acts including assault on a person or property, hate crimes, hazing, stalking, sexual violence, or any other conduct prohibited by University policy and/or law.
IV. ALSO PROHIBITED

Disrespect
At all times, student-athletes are required to comport themselves in a manner respectful of themselves, their team, the University and its Athletic Department, game officials, opponents, and property. Student-athletes are to refrain from disrespectful conduct such as unsportsmanlike conduct; profane, abusive, demeaning, harassing, threatening or obscene expression; or deliberate damage to equipment or other property. Disrespectful conduct will be reviewed by the Head Coach and Director of Athletics and may result in disciplinary action.

Poor Sportsmanship
Student-athletes at Niagara University are held accountable to a high standard of ethical conduct in all activities affecting the athletics program, whether as a participant or as a spectator. “Unsportsmanlike” conduct, as defined by the NCAA, the MAAC, the CHA, or Niagara University, will be reviewed by the Director of Athletics and may result in disciplinary action.

Gambling and Bribery
Student-athletes shall not knowingly (1) Provide information to individuals involved in organized gambling activities concerning intercollegiate athletics competition, (2) Solicit a bet on any intercollegiate team, (3) Accept a bet on any team representing the institution, (4) Solicit or accept a bet on any intercollegiate competition for any item that has tangible value (e.g. cash, clothing or equipment, meals), and/or (5) Participate in any gambling activity that involves intercollegiate athletics or professional athletics through a bookmaker, a parlay card or any other method employed by organized gambling.

Unexcused Class Absences and Poor Academic Performance
Student-athletes are expected to attend class regularly and punctually, and to fulfill course load and academic performance requirements. Failure to meet such obligations may affect eligibility to participate in team sports and scholarship eligibility, as well as academic standing.

Failure to Meet Team Obligations
Student-athletes must complete training requirements; arrive promptly for team practices, meetings, and departures for away games and other team events; attend team functions; and otherwise fulfill their responsibilities as team members.

Absences must be excused in advance by the Head Coach unless an unforeseeable emergency arises.

Conduct Unbecoming a NU Student-Athlete*
At all times NU student-athletes are expected to conduct themselves responsibly within the Athletic Department, campus, and larger community. Behavior that reflects negatively on themselves, their team, the Athletic Department, or the University may be grounds for disciplinary action.

*Special Notice regarding Social Networking Web Sites
(such as facebook, myspace, blogs, and twitter,)
As a representative of the Department of Athletics and Niagara University, you are always in the public eye. Please keep the following in mind as you participate on social networking web sites:
• Understand that anything posted online is available to anyone in the world. Any text or photo placed online is out of your control the moment it is placed online—even if you limit access to your site.
• You will not post any information, photos, or other items online that could embarrass you, your family, your team, the Department of Athletics, or Niagara University. This includes information, photos and items that may be posted by others on your site. Posting of photos with alcohol is strictly prohibited.
• Behavioral expectations in the online world are the same as in the real world. Student-athletes could face discipline or sanctions as described below for policy violations revealed online.
V. Disciplinary Process and Sanctions.

The Department of Athletics disciplinary process is independent of, and supplements, the University judicial process. Sanctions levied by Athletics may occur over and above those levied by the Dean of Students Office. Sanctions will vary depending on the type and circumstances of the violation, but may without limitation include loss of athletics program eligibility and/or scholarship.

When the Department of Athletics becomes aware of an alleged violation of this Code of Conduct, the Director of Athletics or her/his designee will take reasonable steps to verify the validity, reliability, and accuracy of the report. These steps may include interviews of students and employees, or of non-University persons having knowledge of relevant facts; examination of documents; and other steps necessary for the AD to determine the merits of the report.

Upon the Director’s satisfaction that they have sufficient information to proceed, sanctions, if applicable, shall be issued. Possible sanctions include but are not limited to:

1. **Warning.** The issuance of a written warning.
2. **Probation.** Special status with conditions imposed for a limited time.
3. **Community Service.** As required by the Director.
4. **Restitution.** Payment for damaged property.
5. **Temporary Suspension.** Removal of a student-athlete from some or all Athletic Department activities, including athletic participation in team events, for a limited period of time.
6. **Suspension.** Removal of a student-athlete from some or all Athletic Department activities, including athletic participation in team events, for a specified period of no less than one season.
7. **Expulsion.** Permanent removal from a team and/or Athletic Department activities.
8. **Withdrawal of Financial Aid.** Termination of athletic-related financial aid at first opportunity allowable by NCAA regulations.

Other actions that may coincide with Sanctions:

**Referral to Counseling**

Students who, in the judgment of the Athletic Director, evidence a need for professional assistance will be referred to appropriate counseling resources. It is the student-athlete’s responsibility, and financial obligation, to follow up on this referral and to adhere to professional recommendations.

VI. Drug Testing

Student athletes are required to consent in writing to drug testing under the terms of NCAA policy on drug testing, as a condition of the privilege of participating in intercollegiate sports. Failure to provide such consent shall result in immediate suspension and possible permanent expulsion from the team.
**TELEPHONE DIRECTORY**

All phone numbers begin with 286, unless otherwise stated. When using a campus phone, use the extension listed.

### Athletic Administration

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
<th>Phone/Extension</th>
</tr>
</thead>
<tbody>
<tr>
<td>Director of Athletics</td>
<td>Ed McLaughlin</td>
<td>8601</td>
</tr>
<tr>
<td>Associate Athletic Director</td>
<td>Theresa Berg</td>
<td>8603</td>
</tr>
<tr>
<td>Assoc. Ath. Dir. - Compliance</td>
<td>William Morris</td>
<td>8602</td>
</tr>
<tr>
<td>Assistant Operations Mgr.</td>
<td>Daniel O’Brien</td>
<td>8627</td>
</tr>
<tr>
<td>Athletic Secretary</td>
<td>Mary Matiash</td>
<td>8600</td>
</tr>
<tr>
<td>Faculty Athletics Representative</td>
<td>John Stranges</td>
<td>8471</td>
</tr>
<tr>
<td>Academic Advisor for Student-Athletes</td>
<td>Dan Venuto</td>
<td>8154</td>
</tr>
<tr>
<td>Equipment Manager</td>
<td>Don Borsuk</td>
<td>7379</td>
</tr>
<tr>
<td>Facilities Manager</td>
<td>Peter Veltri</td>
<td>8617</td>
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### Marketing/Ticket Office Staff

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<tr>
<th>Role</th>
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<tbody>
<tr>
<td>Assoc. Ath. Dir.-External Relations</td>
<td>James Herrmann</td>
<td>8607</td>
</tr>
<tr>
<td>Assistant Director of Marketing</td>
<td>Julie Moses</td>
<td>8494</td>
</tr>
<tr>
<td>Ticket Office/Secretary</td>
<td>Marianne DeMizio</td>
<td>8780</td>
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### Media Relations Staff

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<tr>
<th>Role</th>
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<tr>
<td>Director of Athletic Communications</td>
<td>Kevin Carver</td>
<td>8586</td>
</tr>
<tr>
<td>Assistant Director</td>
<td>Christopher Smith</td>
<td>8724</td>
</tr>
<tr>
<td>Assistant Director</td>
<td>Derick Thornton</td>
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### Sports Medicine Staff

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<th>Role</th>
<th>Name</th>
<th>Phone/Extension</th>
</tr>
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<tr>
<td>Director of Sports medicine</td>
<td>John Munro</td>
<td>8615</td>
</tr>
<tr>
<td>Asst. Athletic Trainer</td>
<td>Scott Mastrobattista</td>
<td>8642</td>
</tr>
<tr>
<td>Asst. Athletic Trainer</td>
<td>Carol Becker</td>
<td>8612</td>
</tr>
<tr>
<td>Asst. Athletic Trainer</td>
<td>David Vasquez</td>
<td>8616</td>
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<tr>
<td>Part Time Athletic Trainer</td>
<td>Peter McCabe</td>
<td>8616</td>
</tr>
<tr>
<td>Strength &amp; Conditioning Coach</td>
<td>Matt Diegelman</td>
<td>8476</td>
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<tr>
<td>Training Room (Upper Level Gallagher Center)</td>
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<tr>
<td>Training Room (Kiernan Center)</td>
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<tr>
<td>Training Room (Hockey Arena)</td>
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<tr>
<td>Weight Room (Kiernan Center)</td>
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<tr>
<td>Kiernan Gym (Kiernan Center)</td>
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<td>8055</td>
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### Niagara University Coaching Staff

#### Men's Teams:

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Head Baseball Coach</td>
<td>Rob McCoy</td>
<td>7361</td>
</tr>
<tr>
<td>Assistant Baseball Coach</td>
<td>Dan Cevete</td>
<td>8624</td>
</tr>
<tr>
<td>Head Basketball Coach</td>
<td>Joe Mihalich</td>
<td>8604</td>
</tr>
<tr>
<td>Assistant Basketball Coach</td>
<td>Akbar Waheed</td>
<td>8611</td>
</tr>
<tr>
<td>Assistant Basketball Coach</td>
<td>Luke Dobrich</td>
<td>8608</td>
</tr>
<tr>
<td>Assistant Basketball Coach</td>
<td>Phil Martelli</td>
<td>8606</td>
</tr>
<tr>
<td>Basketball Secretary</td>
<td>Carolyn Neumann</td>
<td>8605</td>
</tr>
<tr>
<td>Head Cross Country Coach</td>
<td>Thomas Mulhern</td>
<td>8644</td>
</tr>
</tbody>
</table>
Assistant Cross Country Coach-Michelle Fox ........................................... 8644
Head Golf Coach-Kevin Miller .......................................................... 8600
Head Ice Hockey Coach-Dave Burkholder .......................................... 8239
Assistant Ice Hockey Coach-Tim Madsen ......................................... 8620
Assistant Ice Hockey Coach-Greg Gardner ....................................... 8758
Head Soccer Coach-Dermot McGrane ............................................... 8661
Assistant Soccer Coach-Brendan Murphy ......................................... 8156
Assistant Soccer Coach-Lee Catchpole ............................................. 8661
Head Swimming & Diving Coach-Ben Nigro ..................................... 8053
Assistant Swimming Coach-TBD ...................................................... 8053
Head Diving Coach-Brooke Nigro .................................................... 8053
Head Tennis Coach-Anthony Nguyen ............................................... 8600

Women’s Teams:

Head Basketball Coach-Kendra Faustin ........................................... 8618
Assistant Basketball Coach-Katie Murphy ....................................... 8619
Assistant Basketball Coach-Usha Gilmore ....................................... 8657
Assistant Basketball Coach-Brittany Holterman ............................... 8621
Basketball Secretary-Carolyn Neumann ......................................... 8605
Head Cross Country Coach-Thomas Mulhern .................................. 8644
Assistant Cross Country Coach-Michelle Fox .................................. 8644
Head Golf Coach-Bob O’Malley ....................................................... 8600
Interim Head Ice Hockey Coach-Chris MacKenzie ............................ 8218
Assistant Ice Hockey Coach-Josh Sciba .......................................... 8757
Assistant Ice Hockey Coach-Shivaun Siegl ..................................... 8781
Head Lacrosse Coach-Mike Mansour .............................................. 8380
Assistant Lacrosse Coach-Kevin Conroy ......................................... 8380
Assistant Lacrosse Coach-Brad Stahlka ........................................... 8380
Head Soccer Coach-Peter Veltri ...................................................... 8617
Assistant Soccer Coach-Alex Sahlen ............................................... 8617
Head Softball Coach-Al Dirschberger ............................................. 8662
Assistant Softball Coach-Larry Puzan ............................................. 8662
Assistant Softball Coach-Caitlin Lever ............................................ 8662
Head Swimming & Diving Coach-Ben Nigro .................................. 8053
Assistant Swimming Coach-TBD ..................................................... 8053
Head Diving Coach-Brooke Nigro .................................................... 8053
Head Tennis Coach-Paul Calkins .................................................... 8641
Head Volleyball Coach-Susan Clements .......................................... 8540
Assistant Volleyball Coach-Kara Hellmann ...................................... 8540

Student Services

Campus Bookstore (Butler Building) ............................................... 8370
Campus Safety (Perboyre) ............................................................. 8111
Counseling & Advisement Services (LL Seton) – Tom McDermott .... 8536
Financial Aid (LLGC) – Sheri Glaser ............................................. 8673
Health Services (Butler Building) – Ilona Yungblut .......................... 8390
Identification Cards (St. Vincent’s Hall) ......................................... 8567
Learning Center (O’Shea, First Floor) – Elaine McCombs ................ 8072
Student Accounts (LLGC) .............................................................. 8300
Student Loan Office (LLGC) .......................................................... 8300
University Housing (O’Shea) – Barb Butski ................................... 8568
INTRODUCTION

Every student who participates in intercollegiate athletics becomes a member of a team chosen to represent Niagara University. By doing so, a student-athlete assumes special obligations and responsibilities for meeting requirements set forth by the National Collegiate Athletic Association (NCAA), the Metro Atlantic Athletic Conference (MAAC) and Niagara University.

The Athletics Department does not view the student-athlete as merely an athlete. Your main purpose at Niagara is to obtain an academic degree.

The Athletics Department expects that each student-athlete attends all classes and performs all assignments unless illness or emergencies arise. Further, student-athletes are encouraged to consult with instructors on an individual basis about academic issues.

A student-athlete is a responsible adult. All choices and decisions regarding personal/academic life reside with the student-athlete. Rather than fostering dependence, we work at teaching student-athletes to take care of themselves. We encourage students to develop self-reliance, a quality that will help them throughout their college and future careers.

Please READ ALL of the information contained in this handbook. It has been designed to keep you abreast of the academic and athletic rules of the NCAA, MAAC and Niagara University.
ATHLETIC DEPARTMENT
MISSION STATEMENT

As an integral part of the Niagara University community, the athletics program strives to create an environment that challenges student-athletes to reach their full academic and athletics potential.

The conduct of the program reflects the core values of the university's Vincentian mission in its emphasis on the intellectual, personal and spiritual growth of the student-athletes.

Critical character values, including a strong work ethic, leadership, teamwork, sportsmanship, fairness and service are actively promoted among the student athletes.

The program is intended to provide esprit de corps among the student body and offer a rallying point for the campus, alumni, and community.

Consistent with the university policy, the athletics program does not discriminate against any individual in educational or employment opportunities because of race, color, religion, national origin, gender, disability, or status as a disabled veteran or veteran of the Vietnam era.
Based on the MAAC’s mission statement and constitution, one of the purposes of the conference is to ensure that high standards of scholarship and sportsmanship are adhered to by member institutions. To accomplish this goal, opponents must respect each other, and appreciate honest efforts that are made fairly in pursuit of victory. The conference shall require adherence to its adopted standards and to those standards set forth in the respective playing rules.

While victory shall be the expected goal of every competitor, defeat is not a disgrace; and the prospect of defeat is never an excuse for unethical behavior or lack of sportsmanship.

Adherence to these principles will maximize the benefits and enjoyment of intercollegiate competition for all participants, coaches and spectators.
METRO ATLANTIC ATHLETIC CONFERENCE
Policies and Actions in Support of the Sportsmanship Statement

Council of Presidents
The MAAC council of Presidents have directed that all representatives of the Conference’s member institutions shall exhibit ethical behavior at each Conference competition and conduct themselves in accordance with the rules of the NCAA and the Conference and the playing rules of the respective sports. They have directed that each member shall create a healthy environment for competition free of a hostile atmosphere for opponents. This responsibility is to be shared by administrators, coaches and student-athletes, plus others involved in intercollegiate athletics in the Conference.

They have directed the Commissioner, supervisor of officiating and game officials to apply the playing rules tightly and assess appropriate penalties – not merely issue warnings – when violations occur.

Athletics Administrators
Athletics administrators, led by the Directors of Athletics, must communicate the expectation of good sportsmanship to all representatives of the institution active in intercollegiate athletics. It is particularly imperative that this message is impressed on each coach, along with the intention that the coach will require compliance with the Sportsmanship Statement by each member of the team. The director must ensure that opponents are treated with fairness and respect. All aspects of game management must be controlled to assure such treatment, including crowd behavior.

Coaches
The coach’s behavior influences that of the players and, frequently, the fans. The coach has a responsibility to educate the players concerning their obligations to the coach, the institution, intercollegiate athletics and themselves. Respect for an opponent can most effectively be conveyed to the players by the manner in which the coach speaks of and acts toward the opponent.

Student-Athletes
Student-athletes must honor the responsibilities which accompany the privilege of representing a MAAC institution by adhering to Conference and playing rules, and the MAAC Sportsmanship Statement. MAAC student-athletes are expected to treat opponents with respect. They must be aware that significant penalties will be applied for fighting, taunting an opponent or other unethical conduct.

Public Address Announcers
Each public address announcer should provide an impartial and even-handed report of the event. Partisanship in this area inflames emotions and can promote poor sportsmanship by participants and spectators.

PA Announcement
Each institution shall read a sportsmanship statement public address announcement prior to each MAAC and non-conference home contest.

Cheerleaders, Spirit Groups, Bands and Mascots
Like the student-athletes, members of cheerleading squads, spirit groups, bands, and mascots are highly visible representatives of MAAC institutions. They can influence the behavior of others. Each group should welcome its counterpart group, and demonstrate respect for its members. Likewise, it should convey respect for each opponent player and team.

Officials
Although each game official has a demanding and difficult job to officiate the contest, he/she also will be directed to apply without hesitation or reservation the rules governing conduct and sportsmanship during each MAAC competition. When doing so as directed, the official will have support of the Conference, each member institution and its administrations and coaches.

Signage
Each institution shall post signage that promotes league sportsmanship, using elements of the conference sportsmanship statement or one developed by the school. This signage will be prominently posted in all campus athletic venues. “Best efforts” will be made to develop and display the same type of signage at all off-campus venues that member institutions utilize for contests.

Game Day Programs, Media Guides, and/or Websites
Each institution shall dedicate space in media guides, game day programs, and/or institutional websites for the MAAC sportsmanship statement and/or policies to be printed for access by the student-athlete, coaches, administrators, media members and fans.

Enforcement
The MAAC Compliance and Enforcement Committee and/or the MAAC staff will handle all sportsmanship issues that are reported by officials, media, etc. to the conference office.
Gambling and Sports Wagering

The NCAA opposes all forms of legal and illegal sports wagering. Sports wagering has the potential to undermine the integrity of sports contests, and jeopardizes the welfare of student-athletes and the intercollegiate athletics community. Sports competition should be appreciated for the inherent benefits related to participation of student-athletes, coaches, and institutions in fair contests, not the amount of money wagered on the outcome of the competition.

Bylaw 10.3 states that staff members of the athletics department of a member institution and student-athletes cannot knowingly:

a. Provide information to individuals involved in organized gambling activities concerning intercollegiate athletics competition.

b. Solicit a bet on any intercollegiate team.

c. Accept a bet on any team representing the institution.

d. Participate in any gambling activity that involves intercollegiate athletics or professional athletics through a bookmaker, a parlay card or any other method by organized gambling.

In simple terms the above means:

- You may not place a bet of any sort on any college or professional sports event.
- You may not give information to anyone who does place bets on college or professional sports.

Some examples of non-permissible activities:

- Sports pools run by friends in the dorms.
- Wagers (e.g., cash, shirt, dinner) on ANY professional or college event.
- Fantasy Leagues that award a prize and/or require a fee to participate.
- Internet gambling on sports events.
- Sports wagering using “800” numbers.
- Information about injuries on your team, new plays, team morale, discipline problems to anyone who gambles.
MEDIA RELATIONS

As a student-athlete you may not accept speaking engagements that have not been approved by the Head Coach of your sport or by the Media Relations Office. You may not permit your name or photograph to be used to advertise, promote, or sell a commercial product or be used for commercial services.

While at Niagara, you have an obligation to portray yourself and the institution in the best possible way. You have a responsibility to the institution, your coaches, and your teammates to cooperate with the media.

The opportunity for you to deal with the media is a learning experience in developing communication skills which can be helpful, not only during the intercollegiate experience, but in future professional and business careers.

You should never agree to any type of interview unless the Media Relations Office has coordinated the arrangements. This will allow you to avoid contact by unauthorized persons who may attempt to gain and use information for gambling purposes.

You should be aware of the importance of time in scheduled personal interviews or in returning telephone calls arranged by the Media Relations Office. If you encounter problems in fulfilling a scheduled appointment, the Media Relations Office should be notified immediately.

You should not answer a question if you do not wish to respond to it. An appropriate response is, "I'd rather not discuss the subject." If you do not feel comfortable with the questions, answers, or general tone of the interview, you should conclude the interview and seek counsel with the Media Relations Office personnel.

You should be aware that the acceptance of the individual, the team, or the institution by the media is developed by the way you conduct yourself during interviews.

Sports/Media Information Staff

Director of Athletic Communications-Kevin Carver........................................... 8586
Assistant Director-Chris Smith................................................................. 8724
Assistant Director-Derick Thornton.......................................................... 8588
ACADEMICS

Initial Eligibility:

1. In order to be eligible for Division I intercollegiate practice and competition during your first year of enrollment, you must be registered with, and certified as a qualifier by, the NCAA Eligibility Center. (www.eligibilitycenter.com)
2. ALL prospective student-athletes that are entering a Division I institution (Freshmen and Transfers) for the first time must have their amateur status certified by the NCAA Eligibility Center. (www.eligibilitycenter.com)

Continuing Eligibility:

1. To ensure that proper progress toward a degree is being made, student-athletes must be registered for a minimum of 12 semester hours in each semester of attendance. They may not withdraw from courses that would put them below 12 credits during their season of competition, unless their season is officially concluded.
2. Student-athletes must pass a minimum of 6 semester hours per semester, as well as pass a minimum of 18 semester hours per academic year (Fall & Spring).
3. Student-athletes entering their third semester must accumulate 24 semester hours of acceptable degree credits (Fall, Spring, and Summer). A maximum of 6 semester hours from the summer can be used to help satisfy the 24-hr. rule.
4. To be eligible for intercollegiate athletics, you must be enrolled in one of the undergraduate or graduate colleges leading to a recognized degree and meet the academic requirements of the University.
5. An athlete must officially declare a major prior to the beginning of the fifth semester (Junior Year) at the University.
6. Any remedial courses must be successfully completed during the first calendar year of attendance.
7. Coursework taken in high school that has been accepted for college credit may not be used toward meeting the continuing eligibility requirements. This applies expressly to the 24-Hour Rule.

Satisfactory Progress

Student-athletes must also abide by the following academic regulations to maintain eligibility for athletics competition:

1. You must complete the following percentage of course requirements toward your degree prior to entering the specified year of enrollment.
   - 40 percent prior to the 5th semester (Junior Year)
   - 60 percent prior to the 7th semester (Senior Year)
   - 80 percent prior to the 9th semester (5th Year)
2. You must achieve the following percentage of the minimum grade point average necessary for graduation prior to the specified year of enrollment.
   - 90 percent prior to the 3rd and 4th semester
   - 95 percent prior to the 5th and 6th semester
   - 100 percent prior to the 7th – 10th semester
Academic Information for ALL Student-Athletes

Attendance

Attendance in all classes is **an absolute necessity**. Any athlete may be **declared ineligible** immediately if he or she is found not to be attending classes. NCAA rules subject an athlete to possible **loss of financial aid** for excessive absences. The fact that a professor does not take roll or has an “easy” policy regarding absences does not change this policy.

Before your sport season begins, you will be required to complete a class absence form. There is one form for each class per semester. All absences for home contests and travel for away-from-home contests must be recorded on the form for the entire semester. An athletic administrator will provide this form and a schedule of missed class times to you. After you complete the form, your coach will sign off on the form. This form must be signed by the student-athlete and the instructor, then returned to your head coach before you will be allowed to miss classes for institutional travel.

The Niagara University Athletic Department has adopted the MAAC Missed Class Policy which states; when classes are in session:

A. Student-athletes shall not miss any regular scheduled classes for any practice activities except as permitted by the following regulations.

B. For home competition, student-athletes shall not miss classes prior to two hours before the scheduled competition time.

C. For **away** competition with same day travel, student-athletes shall not miss any classes prior to 30 minutes before the scheduled time of departure.

D. For **away** competition with overnight travel, no team shall depart more than 30 hours (including travel to and from the airport) prior to the scheduled time of competition. (Not applicable for M/W Hockey)

E. For **away** competition, the home team must make available on the morning of a scheduled game (or early afternoon for evening games) a sixty (60) minute shoot-around period, or warm-up period in sports other than basketball, at the site of the game if available, or at a campus site if the playing site is not available.

LSK Courses

You must make every effort to **pass your LSK courses** and do so during your **first and/or second semester**. Failure to do so could lead to **dismissal** from the University. LSK courses are the equivalent of three semester hours (3) credits and up to a maximum of 6 credits count toward your NCAA eligibility. They do not count toward the completion of your degree plan.

Academic Standing (GPA):

**You must be in good academic standing in order to practice, compete and receive athletic aid.** Students are considered to be in good academic standing as long as they are permitted by their dean to remain in school matriculated toward a degree.

If an athlete’s cumulative GPA falls below 2.0 they will be placed on Warning Status or Academic Probation and will be notified by the deans of their school or college.

Individual programs, departments, or colleges may set higher standards. See your Academic Advisor in your respective college for minimum standard requirements.

Final Semester of Coursework

Only student-athletes in their final semester of coursework can take fewer than 12 credit hours. Student-athletes must request a written approval letter from the dean of their college. This letter must be sent to the Assistant Athletic Director-Compliance before minimum credit hour requirements will be waived.
Withdrawal from a Class

A student may withdraw from a course at any time prior to the final exam. If a student wishes to withdraw after the completion of the second week of classes, but before the 10th week of the semester, the student will complete the appropriate form and a grade of “W” will be entered on the transcript. At the student’s request, faculty will inform students of their standing in the class prior to the end of the 9th week of the semester.

Beginning with the 11th week, a student must consult with the student’s advisor and the professor. The professor will attest in writing on the ‘Withdrawal From Course Form’ whether the student is passing or failing. If the student is passing, a grade of “W” will be entered on the transcript; if the student is failing, the grade of “F” will be entered on the transcript.

The Dean reserves the right to review withdrawal requests and to make the final decision with respect to the assignment of a grade in any exceptional case. Withdrawals will not be approved to avoid failure. Unofficial withdrawals will result in the grade of “F” being entered on the transcript.

Incomplete Coursework

A notation of "I" (Incomplete) may be given by the instructor indicating there is still the possibility of credit after further work. It is used when the instructor is not prepared to give a definite mark for the term in view of either student illness or some justifiable delay in completion of certain work. It must be removed within 30 days after the beginning of the next regular semester or it will be replaced with a grade of F.

Grading System & Quality Points

The following grading system is in use for grading and reporting students’ work:

Letter Grades and Points

<table>
<thead>
<tr>
<th>Grade</th>
<th>Description</th>
<th>Quality Points per Credit Hour</th>
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</thead>
<tbody>
<tr>
<td>A+</td>
<td>Superior</td>
<td>4.33</td>
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<tr>
<td>A</td>
<td></td>
<td>4.0</td>
</tr>
<tr>
<td>A-</td>
<td></td>
<td>3.67</td>
</tr>
<tr>
<td>B+</td>
<td>Very Good</td>
<td>3.33</td>
</tr>
<tr>
<td>B-</td>
<td></td>
<td>3.0</td>
</tr>
<tr>
<td>B</td>
<td></td>
<td>2.67</td>
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<tr>
<td>C+</td>
<td>Average</td>
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<tr>
<td>C-</td>
<td></td>
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<tr>
<td>D-</td>
<td></td>
<td>1.33</td>
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<tr>
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<tr>
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<tr>
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<tr>
<td>U</td>
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<td></td>
</tr>
<tr>
<td>R</td>
<td>Retaken</td>
<td></td>
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</table>

(Any questions or concerns regarding grading should be discussed with the instructor, your academic advisor or the Dean of your college.)

Advising

Each student at the University is assigned a faculty advisor for academic counseling. The advisor is there to assist you with degree planning each semester, major selection, general education requirements, postgraduate work and all other matters. Faculty advisors will do their best to help you complete your degree and guide you to meet NCAA requirements.
Academic Probation & Dismissal

Niagara University incorporates three levels of academic progress. (See tables below for a copy of the satisfactory academic progress chart.) For further definitions, see the following page.

<table>
<thead>
<tr>
<th>Semester</th>
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</tr>
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<td>60 / 2.00</td>
<td>57 / 2.00</td>
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</tr>
<tr>
<td>10</td>
<td>120 / 2.00</td>
<td>120 / 2.00</td>
<td>120 / 2.00</td>
</tr>
</tbody>
</table>

Academic Services

You are encouraged to utilize the academic services available through the Learning Center.

Niagara wants all of you to take advantage of the educational resources that are available. The Learning Center is the first step in that process (see Directory for location).

The Learning Center, a part of the university’s Office of Academic Support, is designed to provide assistance to students through courses, tutoring, supplemental instruction, and a writing center. Academic accommodations for students with learning disabilities are coordinated through the Learning Center based on documented needs. English as a Foreign Language instruction is offered in the Learning Center as are workshops and individual sessions to improve students’ study habits.

The Learning Center serves as the coordinating department for the university’s Skills Assessment Testing program and for academic progress records. The Center’s services are available to all university students.

Tutoring:

Tutoring is provided in many courses at the university. The service is free and the tutors are students who have high academic averages and have taken the course being tutored. To apply, students complete application forms which are available in the center. When a completed request form is received, a tutor will call to arrange a schedule of two meetings per week of one hour each. All tutors are trained by professional staff.

Writing Center:

The University Writing Center is located within the Learning Center. Faculty members are available to help students develop their abilities to write effective papers for courses across the curriculum. While tutors do not edit, proofread or correct student’s papers, they can recommend a variety of composing strategies for improving writing skills.
Academic Counselor for Student-Athletes

A part-time academic counselor works with all incoming freshman student-athletes to support academic success. Via the First-Year Program for Student Athletes, the counselor will assure freshman have been tested and placed in the appropriate coursework to assist in their academic success. During the fall semester, all Freshmen student-athletes will be required to attend academic skills seminars and three required meetings with the academic counselor for athletes. In the spring semester, all student athletes facing ineligibility or sub-standard grade point averages are required to participate in the At-Risk Program in which weekly meetings occur addressing a range of intensified academic support services. Both programs are designed to foster skills that will support the student-athlete’s academic independence and achievement. The academic counselor gets to know the needs of the student-athlete and assists the student-athlete in arranging appropriate counseling and tutorial services.

The counselor’s office is located in Seton Hall, First Floor, in the Office of Academic Support and can be reached at ext. 8154.
FINANCIAL AID

All financial aid, whether athletic or any other type, is handled through the Financial Aid office. All athletic financial aid for athletes may be renewed yearly if:
A) the student-athlete maintains academic eligibility,
B) the student-athlete progresses towards a degree,
C) the student-athlete maintains membership on the intercollegiate team for which financial aid was awarded, and
D) the student-athlete qualifies according to current NCAA regulations.

Student-athletes are responsible for taking care of any outstanding debts with the Student Accounts Office. Registration will be held up if unpaid charges exist.

Cancellation/Reduction

Reduction or cancellation is permitted. Institutional financial aid based in any degree on athletics ability may be reduced or cancelled during the period (one year) of the award if the recipient:
A) Renders himself or herself ineligible for intercollegiate competition; or
B) Fraudulently misrepresents any information on an application, letter of intent or financial aid agreement.
C) Engages in serious misconduct warranting substantial disciplinary penalty.
D) Voluntarily withdraws from a sport for personal reasons. If the recipient withdraws from a sport for personal reasons prior to the institution's first competition in that sport, reduction or cancellation may occur immediately.

Institutional Obligation

The renewal of institutional financial aid based in any degree on athletic ability shall be made on or before July 1 prior to the academic year in which it is to be effective. The institution shall promptly notify in writing each student-athlete who received an award the previous academic year and who has eligibility remaining in the sport in which financial aid was awarded the previous academic year whether the grant has been renewed or not renewed for the ensuing academic year. Notification of financial aid renewals and non-renewals must come from the institution's regular financial aid authority and not from the institution's athletics department.

Hearing Opportunity Required

If the institution decides not to renew or decides to reduce financial aid for the ensuing academic year, the institution shall inform the student-athlete that he or she, upon request, within 30 days of notification shall be provided a hearing before the Athletics Scholarship Review Board (ASRB). Only the student-athlete may request such a hearing; not the parent, guardian, or other legal advisor. The Chair of the ASRB is Dean of Student Affairs, Joe Cuda x.8566 (office located on 1st floor of O'Shea). (APPENDIX, p. 60)

Financial Aid-Summer School

Student-athletes interested in having their athletic scholarship applied to summer coursework must apply in writing to your respective head coach. In the absence of a head coach your requests will go to your sport administrator. Your head coach, or sport administrator, will then notify William Morris, Associate Athletic Director-Compliance of the summer athletic aid requests. Requests must include the date of request, reason for requesting summer athletic aid, number of courses needed and major the student-athlete is enrolled in.

Requests MAY be awarded for student-athletes that need coursework to:

- Remain on schedule to graduate in four years.
- Meet continuing eligibility requirements.

*Summer Financial Aid is NOT AUTOMATIC and can be denied for any reason.*
Requests received after the first summer session begins will not be granted.

Student-athletes must take a minimum of six hours in summer school in order for academic financial aid to be applied to their summer school bill. If a student athlete is only approved for three hours, academic aid will not be applied.

Athletic aid during the summer is prorated at the same percent as it was during the academic year.

All students requesting summer aid are required to meet with a financial aid counselor in order to understand how their bill will be affected and to fill out required financial aid paperwork.

The Board of Trustees and the administration reserve the right to change the programs, schedules, or other provisions described herein as they deem necessary.

**NCAA Special Assistance Fund Guidelines**

The NCAA has made available through conference offices a Student-Athlete Assistance Fund, which is available to student-athletes who receive Pell Grants or have financial need remaining. If you receive a Pell Grant or have been determined to have financial need remaining, you are eligible to apply for financial assistance for clothing, medical expenses, hearing and vision therapy, the purchase of expendable course supplies, etc. The NCAA Student-Athlete Assistance Fund is not guaranteed and the institution has the right to deny eligible student-athletes of the fund for disciplinary reasons.

The following student-athletes are eligible to apply for funds:

1. Pell-eligible student-athletes (except non-qualifiers in their initial year of residence), including student-athletes who have exhausted their athletics eligibility or no longer are able to participate because of medical reasons.
2. Student-athletes with an identified need remaining.

The responsibility for oversight and administration of the fund, including interpretations, rests solely with the conferences. The guiding principles of the fund are to meet the student-athletes' needs of an emergency or essential nature for which financial assistance otherwise is not available.

Following are permissible uses of the fund:

1. Cost of clothing and other essential expenses (not entertainment)
2. Cost of expendable academic course supplies (e.g., notebook and pens) and rental of nonexpendable supplies (e.g., computer equipment and cameras) that are required for all students enrolled in the course.
3. Medical and dental costs not covered by another insurance program (e.g., premiums for optional medical insurance, hearing aids, vision therapy and off-campus psychological counseling).
4. Costs associated with student-athlete or family emergencies.

Following are restrictions on the use of the fund:

1. Financing any portion of an institutional grant-in-aid that could have been awarded to the student-athlete is prohibited.
2. Non-qualifiers may not receive special assistance funds during their first academic year in residence.
3. Entertainment expenses for student-athletes are not permissible.
4. The purchase of disability, illness or injury insurance to protect against the loss of potential future professional sports earnings is not permissible.
5. The funds may not be used for administrative purposes (conferences may not charge an administrative fee nor may salary or staff expenses for administration of the funds be paid from these moneys).
ATHLETIC DEPARTMENT AND TEAM POLICIES

Team Requirements

Team requirements pertain to the traditional (the semester in which the NCAA championship in that sport is contested) and nontraditional seasons, for pre-season or post-season workshops, for games and practices.

Student-athletes on scholarship are expected to attend each practice session and each competition.

After one unexcused absence, a student-athlete will be issued an official warning, indicating that another unexcused absence will place the student-athlete's scholarship grant in serious jeopardy. It is the duty of the student-athlete to contact the coach, personally, and prior to practice or competition and indicate that he or she will miss practice (with the coach's permission).

Should a student-athlete become injured, he or she must be present for all therapy recommended by the sports medicine staff. Failure to report will be treated in the same manner as an unexcused practice and the same warning system is in effect, with the same provisions for excused absences. Once again, after a warning, one’s scholarship may be in jeopardy.

Physical conditioning: Student-athletes must participate in and complete all pre, post or in-season conditioning activities within the hourly guidelines as instituted by the NCAA.

Niagara University Official/Unofficial Visit Policy

PHILOSOPHY:
The recruitment of prospective student-athletes will not include any activities beyond those normally enjoyed by all students at Niagara University. The purpose of a prospect visit is to provide the prospective student-athlete with a realistic view of life as a student-athlete. All recruiting activities shall be done in accordance with NCAA, MAAC, and Niagara University regulations and policies. Niagara University (NU) is clearly opposed to recruiting abuses and shall take appropriate action against individuals who are involved in such abuses. Each staff member involved in the recruitment of prospective student-athletes shall possess a sound working knowledge of all applicable policies and regulations.

Transportation, Meals, and Lodging:
- NU cannot use private or chartered airplanes when transporting prospects; instead, they must use commercial air travel at coach-class fares.
- NU must use standard vehicles to transport prospective student-athletes and those accompanying them on official visits.
- Prospects and their parents or legal guardians must be housed in standard lodging and offered standard meals similar to those offered on campus.

Game-Day Activities/Presentations:
- NU cannot use personalized recruiting aides (such as jerseys or scoreboard presentations) or game-day simulations during campus visits. Prospects can visit the locker room before or after a game or stand on the sidelines during pre-game activities under this measure.

Entertainment (Alcohol/Drugs & Other Illicit Activities):
- Student hosts must be current student-athletes or students who conduct visits or tours as part of the admissions process. Student-athletes shall not excessively entertain any prospect, their parents or relatives or friends at any site, at any time.
- Consumption of alcohol and use of drugs will be strictly prohibited. The host and the prospect will not engage in any illegal activities.
- NU strictly prohibits the use of sex as a recruiting tool. The use of adult entertainment of any kind is prohibited.
Responsibilities of Hosts and Administrators:

Student Hosts: Student-hosts must sign the student-host form acknowledging both NCAA rules and the university official visit policy prior to hosting a prospect or receiving any host money. When the visit has concluded student-hosts must again sign the student-host form to verify the visit was in compliance with NCAA rules and university policy. If host money was allocated, the remaining money (if any) must be returned along with all receipts that the host money was used for.

Administrators: It is the responsibility of the Associate Athletic Director-Compliance (AAD) to make sure that all forms are filled out properly and turned in promptly after the visit. The AAD will distribute any host money and make sure all hosts sign the student-host form before and after each visit. It will also be up to the AAD to bring any possible violations to the attention of the athletic director. The AAD, with guidance from the athletic director, will monitor and enforce the official/unofficial visit policy.

Responsibilities of Coaches:

It will be the responsibility of the head coach to keep track of all official visits ensuring that their respective prospects and student-hosts comply with all aspects of this policy. Violations of the policy will be dealt with at the discretion of the athletic director, and will be reported to the conference.

Screening of Recruits

- Head coaches are responsible for evaluating a recruit’s character and citizenship, and for recruiting individuals who will share the College’s commitment to the highest standards of behavior and attitude.
- Head coaches are expected to communicate to recruits their expectations in terms of behavior and attitude prior to the official visit.
- If any coach receives information that a recruit has any incidents in his/her background such as arrests, citations, or any other potentially embarrassing incidents or incidents that would indicate a lack of character, the coach is to make the Athletics Director aware of those issues so that a joint decision can be made on whether or not to continue recruitment.

Activities during Official Visits

- Coaches are responsible to select responsible hosts who will follow the coaches’ instructions and avoid inappropriate behaviors.
- Coaches are responsible to instruct their assistant coaches and student hosts about what types of behavior and activities are appropriate and inappropriate. While good judgment is expected of student athletes, all possible activities cannot be listed. The following are some examples of inappropriate and appropriate activities:

  Inappropriate activities:
  - Attendance at adult entertainment facilities and/or casinos
  - Excessive meals and transportation
  - Provision of alcohol to under-aged recruits
  - Use of escort services, exotic dancers, or any other similar services
  - Participation in any unethical or illegal activity, that violates criminal law or NCAA rules such as provision of drugs, or participation in gambling activities
  - Activities at any location that may cause a perception of impropriety

  Appropriate activities:
  - Take the prospect out for a snack(e.g., pizza, hamburger) in addition to the three meals
  - Take the prospect to the movies
  - Take the prospect to an on campus athletic or student event
  - Take the prospect to an on or off campus party
  - Take the prospect to play pool
  - Take the prospect to engage in recreational activities (e.g., bowling Lasertron, etc…)

- Coaches are responsible to ask the host what free time or social activities are planned for the recruit, and to follow up after the visit.
- Coaches are responsible to inform the host that providing alcohol to anyone under the age of 21 is prohibited by New York State laws and will not be tolerated.
Administration and Education

NU will take the following steps in administering the Official/Unofficial Visit Policy:

- The Official/Unofficial Visit Policy will be incorporated in the Student-Athlete Manual and Athletic Department Policies and Procedures Manual.
- The policy will be distributed to all coaches and administrators at the earliest possible NU All Staff Meeting.
- The policy will be posted on the NU Compliance Website; [www.niagara.edu/compliance](http://www.niagara.edu/compliance)
- Copies of the policy will be given to prospects; along with the Graduation Rate Report and the NCAA Banned Substances List.

Oversight, Monitoring, and Enforcement

While the control of the Athletics program rests with the President, Vice President, and Director of Athletics, others at the College have important roles to play in preventing and reporting recruiting abuses.

- The responsibilities of Coaches are clearly stated above.
- The Sport Administrators are responsible to monitor recruiting activities to be sure the coach is fulfilling his/her responsibilities as noted above.
- The Associate Athletic Director - Compliance will assure that the coaches have reviewed these policies and that the coaches have reviewed these policies with their teams.
- The Associate Athletic Director - Compliance will assure that an itinerary and a copy of the prospect’s high school or junior college transcript with SAT or ACT scores are on hand prior to a visit and that an expense summary form is submitted at the conclusion of each visit with receipts for travel, meals, and lodging.
- Staff, coaches, and student-athletes will be informed that any concerns about the recruiting process should be reported to the Associate Athletic Director - Compliance who will in turn inform the Director of Athletics so that appropriate action can be taken.

In case of potential NCAA infractions, institutional investigative and enforcement policies will be followed, including informing the Faculty Athletics Representative, Vice President, and President. If circumstances warrant further action, appropriate campus and/or law enforcement authorities will be informed. If as a result of investigations it is determined that a violation(s) occurred, swift and appropriate action will be taken along with a self-report of the violation(s) submitted to the conference and/or the NCAA. An annual report of all recruiting violations shall be filed with the Metro Atlantic Athletic Conference.

- Staff, coaches, or student athletes found to be in violation of these policies would face disciplinary action, which may include termination of employment or cancellation of athletic aid.

Unofficial Visits:

1. If NU or its boosters pay for any of the prospect’s travel expenses or entertainment, the visit becomes official.
2. Coaches are required to record all unofficial visits on the “Unofficial Visit Record Form” and return the completed forms to the compliance office.
3. The compliance office will review, and compile all Unofficial Visit Record Forms in the compliance office.

Any person aware of impermissible recruiting activity identified in this policy or as regulated by the NCAA should contact the Associate Athletic Director – Compliance immediately. Failure to report impermissible activity may place the individual(s) aware and/or involved in impermissible recruiting activity and the institution in a position of violation of NCAA Bylaws. This policy has been reviewed and approved by Niagara University President, Rev. Joseph L. Levesque, C.M.
Student-Athlete Host Policy (Recruiting)

As a student-athlete at Niagara University, you may be asked by your coach to host a prospect on his/her official visit. Being a host is an integral part of the recruiting process. If asked to host a prospect you must go to the compliance office to review and sign the host form. At this time you will receive instructions as to what you are permitted/prohibited to do on an official visit with the prospect. After the instructions have been reviewed the Associate Athletic Director – Compliance will give the host an allowance up to $30/day to be used on reasonable entertainment. The money is to be used on the host, the prospect, and the prospect’s parents, legal guardians, or spouse.

Here are some other important reminders about being a host:

- You may only spend the allotted amount of money you have received from the Compliance Office.
- You **CANNOT** use additional money from a coach or anyone to spend during the prospect’s visitation.
- You **CANNOT** use the advance money to purchase NU souvenirs such as T-shirts, hats, etc.
- You **CANNOT** use the advance money for alcoholic beverages of any kind, as NU athletics requires hosts to maintain a dry (alcohol-free) recruitment process.
- You **CANNOT** use the advance money for the purchase of illegal substances.
- You **CANNOT**:
  - Go to any “drinking” establishment (ex: bar).
  - Request the use of escorts or exotic dancers for sexual favors.
  - Go to gentlemen and adult entertainment facilities (ex: strip clubs).
  - Participate in activities or events at any location that would be perceived as lewd.
  - Participate in any gambling activities.
  - Arrange any type of sexual rendezvous as a means of recruiting.
- You **CAN** spend the money only during the prospect’s visitation.
- Only one host per prospect may be provided a free meal if restaurant facilities are utilized.
- You **MAY NOT** transport the prospect, or anyone accompanying the prospect, more than 30 miles from the Niagara University campus further, you may not use vehicles provided or arranged for by any institutional staff member or booster.
- You should not allow recruiting conversations to occur anywhere between the prospect and a booster of the athletic program. If an unplanned meeting occurs, only an exchange of greeting is allowed.
- A prospect may engage in recreational workouts as long as the activities are not organized or observed by the NU coaching staff, and are not designed to test the athletics ability of the prospects.
- You **MAY** receive a complimentary admission (no hard tickets) when accompanying a prospect to a campus event.
- You are responsible for returning any remaining cash from the host advance money to the Compliance Office. **This is to be done on Monday following the recruiting weekend.** Failure to comply may result in withholding future advance money for hosting purposes.
Student-Athlete Grievance Procedure

DEFINITION

A grievance is an allegation by a student-athlete that there has been a breach, misinterpretation, or improper application of the Niagara University Student-Athlete Code of Conduct; or an arbitrary or discriminatory application of, or failure to act, pursuant to the terms of the Student-Athlete Code of Conduct.

The term “grievance” shall not include complaints involving:

1. Refusal to grant a transfer release;
2. Renewal or removal of athletic aid;
3. Academic evaluation of any kind;
4. Sexual harassment or discrimination.

INFORMAL GRIEVANCE PROCEDURE

As a general rule, the student-athlete should first discuss the problem and seek a solution with the person(s) most directly involved. If no resolution results, or if circumstances make discussion inappropriate with the person(s) most directly involved, the student-athlete may request a meeting of the head coach, sport administrator, and the Associate Athletic Director/Compliance or the Associate Athletic Director/Senior Woman Administrator.

The Associate Director must be separate and distinct from the sport administrator, and will serve as the student advocate throughout this stage of the grievance. The Associate Director will also ensure that all parties have available to them all relevant department and university procedures. The parties involved in this collaborative effort are encouraged to resolve the issue at an informal level without resort to a formal grievance.

FORMAL GRIEVANCE PROCEDURE

Step 1

If the informal method of resolution proves unsatisfactory, the student-athlete may submit in writing the substance of the complaint and the evidence on which it is based to the Director of Athletics. A meeting between the Director of Athletics (or designee) and the student-athlete must take place within five (5) university business days of receipt of the grievance. The Director of Athletics (or designee) will issue a written decision to the student-athlete within three (3) university business days of the meeting.

Step 2

If the student-athlete disagrees with the decision of the Director of Athletics, the student-athlete may request, within five (5) university business days of the decision, a hearing to present the grievance in person to the Athletics Grievance Committee. Committee members are the Faculty Athletics Representative (Chair), Director or Assistant Director of Human Resources, and a representative from the Dean of Students office.

Step 3

The committee shall meet and deliberate in a closed session. It will review the student-athlete’s submission and the Athletic Director’s response, and may also request information from any person or source believed to have information relevant to the grievance. Persons who have no formal relationship with the university have no right of attendance at the committee’s sessions, and information discussed or presented at the committee’s meetings shall be considered confidential. During the committee’s deliberations, the Associate Athletic Directors shall be available to assist the committee as needed.

The committee will issue a written decision within five (5) university business days to the Director of Athletics and, if necessary, recommend an appropriate remedy or course of action. The Director of Athletics will inform the student-athlete in writing of the committee’s decision. The formal procedure must be resolved within twenty-one (21) university business days from the time the formal grievance is submitted.
Step 4

The student-athlete may request a review of the committee's decision only if evidence of procedural error that substantially affected the outcome can be demonstrated. The appeal must be made in writing to the Vice President for Administration – Business Affairs within five (5) university business days following receipt of the written decision. The Vice President for Administration – Business Affairs shall render a decision within thirty (30) calendar days. The decision of the Vice President for Administration – Business Affairs is final.

Student-Athlete Welfare

Should an issue arise that you feel your welfare here at Niagara University is being jeopardized you should immediately contact the Associate Athletic Director/SWA at extension 8603 or Dr. John B. Stranges, Faculty Athletics Representative, at extension 8471.

Athletic Equipment Policies and Procedures

All equipment will be handed out and collected by the Equipment Manager and/or the team's respective coaches. At the time of issue, each student-athlete must sign out the equipment they have been issued. Student-athletes must turn in equipment on a date and place designated by the equipment manager or coach. You must return the exact equipment issued to you. You will not be given credit for returning someone else's equipment. **Student athletes may not return equipment at random to the athletic department or training room.** The student-athletes are responsible for the accountability of the equipment. A student-athlete will be billed through Student Accounts for any unreturned, lost/stolen or unnecessarily damaged equipment. Fees will be removed after all equipment has been paid for or returned. Seniors will not receive their diplomas until all accounts are cleared.

The charge for unreturned, lost/stolen or unnecessarily damaged equipment is approximately one and one-half times the original cost. In some cases, primarily uniforms, the charge may double.

Playing and Practice Seasons

**Time limits for athletically related activities:**

For all sports, the following time limitations apply:

1. Your participation in countable athletically-related activities shall be limited to a maximum of four hours per day and 20 hours per week with at least one (1) day off per week during the declared playing season.

2. Outside of the playing season, only your participation in the countable athletically related activities shall be permitted. Your participation in such activities shall be limited to a maximum of eight hours per week.
   a.) Two of the eight hours can be required individual skill instruction/full team practice.
   b.) Student-Athletes are required to have two days-off per week outside the playing season.

3. Competition: All competition and any associated athletically-related activities on the day of competition shall count as three hours regardless of the actual duration of these activities. Practice may not be held following competition, except between contests, rounds or events during a multi-day or multi-event competition.

4. Daily and weekly hour limitations do not apply to countable athletically-related activities occurring during your school's official vacation period, as listed in your school's official calendar, and during the academic year between terms when classes are not in session. If such vacation periods occur during any part of a week in which classes are in session, you will be subject to the daily and weekly hour limitations during the portion of the week when classes are in session. You must be provided a day off, which may be a vacation day.

5. Daily and weekly hour limitations apply to countable athletically-related activities during final examination periods and to all official preceding periods leading to final examination periods.

6. You are entitled to one required day off per week during the playing season.
A. A travel day related to athletics participation may be considered as a day off, provided no countable athletically-related activities occur during that day.

B. It is permissible to use a vacation day to satisfy the one-day-off-per-week requirement.

The following are **countable athletically-related** activities that must be counted in the weekly or daily time limitations:

- Practice
- Competition
- Required weight-training and conditioning activities held at the direction of or supervised by an institutional staff member.
- Required participation in camps, clinics or workshops.
- Meetings initiated by coaches or other institutional staff members on athletically related matters.
- Individual workouts required or supervised by a member of the coaching staff.
- On-court or on-field activities called by any member or members of a team and confined primarily to members of that team that are considered as requisite for participation in that sport *(e.g. captain’s practices)*.

The following **are not countable athletically-related activities**:

- Training table or competition-related meals.
- Physical rehabilitation.
- Dressing, showering or taping. Athletics department academic study hall or tutoring sessions.
- Meetings with coaches on non-athletic matters.
- Travel to and from practice and competition.
- Medical examinations or treatments.
- Fund-raising activities.
- Recruiting activities (e.g., serving as a student host for prospective student-athletes during official visits).
- Public relations activities related to the student-athlete’s sport (e.g., media days).
- Voluntary individual workouts, provided these workouts are not required or supervised by coaching staff members, except that such activities may be monitored for safety purposes by the institution’s strength and conditioning personnel. A coach may design a voluntary, general individual workout program for you (as opposed to a specific workout program for specific days).
- Individual consultation with a coaching staff member initiated voluntarily by you, provided neither party is engaged in athletically-related activities.
- Use of your school’s athletics facilities (which may be reserved for student-athletes during the academic year but not during the summer) by student-athletes, provided the activities are not supervised by or held at the direction of any member of your school’s coaching staff.

If a student-athlete feels that a coach is violating the spirit of this regulation, and is requiring athletically related hours above and beyond these limitations, please report the incident to the Associate Athletic Director-Compliance, William Morris, at 286-8602. All reports will be considered confidential.

**Participation on Outside Teams**

Student-athletes are **prohibited** from competing on outside teams during the academic year. The NCAA provides exceptions to the rules for participation on outside teams for certain teams and circumstances. You should consult with the Associate Athletic Director-Compliance before practicing or competing with any outside team.

**Participation on Outside Teams (Summer)**

There are specific NCAA rules pertaining to participation on outside teams or summer leagues. Please speak with William Morris, Associate Athletic Director-Compliance and your head coach before participating in summer league teams. Some sports (i.e. M&W Basketball) require approval from the Director of Athletics to participate.
Student-Athlete Advisory Committee (SAAC)

The 34-plus member SAAC is led by six officers who oversee the monthly meetings. The purpose of SAAC is to give a voice to the student-athletes by seeking their input on pertinent NCAA and Niagara University legislative issues and policies. Meetings provide a forum for student-athletes to voice their concerns and determine solutions to implement positive change. Goals of SAAC are to increase student-athlete awareness, improve student-athlete welfare, encourage support of all our athletic teams to promote school spirit, and serve the campus and surrounding communities through various events and service projects. More information on the Student-Athlete Advisory Committee can be obtained on the athletics website at www.purpleeagles.com/saac/index.asp.

Faculty Athletics Representative (FAR)

The role of the Faculty Athletics Representative is to provide academic perspective to decisions involving student-athletes. In order to fulfill this role the FAR is assured appropriate accessibility to the Executive Vice President within the Athletics Department, all academic records to student-athletes, all financial records of the department, and all committees related to student-athletes. The role of the FAR is to review documents whose preparation is the responsibility of other people (i.e. audits, continuing eligibility, exit interviews, waivers, NCAA violations, etc). The FAR will meet with the Student-Athlete Advisory Committee.

Faculty Athletics Advisory Committee (FAAC)

The purpose of the FAAC is to facilitate communication and understanding between the faculty and athletic administration. To achieve this goal the committee will share information and inquiries pertaining to the athletics program. All members of FAAC serve as liaisons of communication between their particular department, college and university colleagues. FAAC meets twice each fall and spring semester.

End of Season Meeting

An end of season meeting is held at the end of each sport’s season. This meeting is mandatory and all athletes on the team are expected to attend their team’s meeting.

End of Season Survey:

At the end of the sport season meeting, student-athletes will be required to complete a written questionnaire. This survey is anonymous and the information is compiled and used to aid in improving each program and addressing possible concerns student-athletes may have about their particular program or the department in general.

Exit Interviews:

Each senior student-athlete who has either exhausted eligibility or is graduating, is required to complete a written exit interview. It will be distributed at the end-of-the-season team meeting. As part of this program, you may be asked to have an in-person interview with the Faculty Athletics Representative, Director of Athletics and/or Senior Woman Administrator.

*Transfer Information*

If a student-athlete desires to explore the possibility of transferring to another institution, the student-athlete must follow a certain procedure. The student-athlete must first consult their respective head coach. Student-athletes who request a transfer will be viewed as voluntarily withdrawing from their respective team and will be required to fill out and sign a voluntary withdrawal from intercollegiate athletics form. No student-athlete will be permitted to contact any other MAAC, CHA, or AHA Institutions; SUNY at Buffalo, or St. Bonaventure University. After the student-athlete meets with the head coach, the student-athlete will then need to contact the Associate Athletic Director-Compliance, William Morris, (AADC). The AADC will then either confirm the “release” with the head coach and expedite the release or schedule a meeting with the Director of Athletics, AADC, and the student-athlete to discuss the reasons for transfer and go over the department’s decision to/not to permit you to contact other institutions. If Niagara University decides not to permit a student-athlete to contact other institutions, a letter will be sent to the student-athlete which states that the student-athlete will have an opportunity to appeal such a decision. At that point the student-athlete will be directed to contact the chair of the Transfer Appeal Committee (TAC) (Dean of Student Affairs, Joe Cuda) to appeal the decision. The chair of the TAC will then schedule a hearing with the TAC, the student-athlete, and the head coach. After such a hearing, the decision will be final. The NCAA leaves the final decision for transfer with the institution and will not accept appeals to transfer if denied by the institution.
SEXUAL HARASSMENT POLICY

Sexual harassment is a form of sex discrimination, which is illegal under Title VII of the Civil Rights Act of 1964, as it relates to employees, and under Title IX of the Education Amendments of 1972, as related to students. The university views sexual harassment as a form of misconduct, which undermines the integrity of academic employment relationships. Accordingly, the university maintains mechanisms for reporting and investigating instances of alleged or apparent incidents.

Sexual harassment may be described as unwelcome sexual advances, requests for sexual favors and physical, expressive behavior of a sexual nature where:

1) Submission to such conduct is made explicitly or implicitly a term or condition of an individual’s employment or education;
2) Submission to or rejection of such conduct by an individual is used as the basis for academic, athletic or employment decisions affecting an individual; or
3) Such conduct has the purpose or effect of substantially interfering with an individual’s academic, athletic or professional performance, or academic and athletic environment.

Sexual harassment threatens the relationship between teacher and student, coach and student-athlete or supervisor and subordinates. Through such measures as grades, playing time, wage increases, recommendations for further study or employment, promotion or tenure, a teacher, coach or supervisor exercises a decisive influence on a student-athlete’s, student’s or employee’s success and career both at the university and beyond. Such harassment, however, is not confined to the relationships described previously, but may include relationships between students, student-athletes, co-workers, at any level of the university.

Harassment of a non-sexual nature is verbal or physical conduct that denigrates or shows hostility or aversion toward an individual because of his/her race, gender, color, religion, national origin, age, disability, or sexual orientation and that: (i) has the purpose or effect of creating an intimidating hostile or offensive working or academic environment; (ii) has the purpose or effect of unreasonably interfering with an individual’s academic work performance; or (iii) otherwise adversely affects an individual’s academic or employment opportunities.

Harassment conduct includes, but is not limited to, the following: (i) epithets, slurs, negative stereotyping, or threatening, intimidating or hostile acts that relate to race, gender, color, religion, national origin, age, disability or sexual orientation, and (ii) written or graphic material that denigrates or shows hostility or aversion toward an individual or group because of race, gender, color, religion, national origin, age, disability or sexual orientation that is placed on walls, bulletin boards or elsewhere on Niagara’s premises, or circulated in the workplace.

A student, student-athlete or employee has the right to raise the issue of sexual harassment without fear of reprisal. Management at all levels is responsible for taking corrective action to prevent such harassment in the workplace. All reports of alleged sexual harassment will be investigated by one of the university sexual harassment officers as dictated by the specific circumstances. Investigations will be conducted in as confidential a manner as possible. Any individual filing a complaint will be advised of the results of the investigation and any action taken.

In cases where a student is alleged to have harassed another Niagara University student, in violation of public policy, a report should be filed with the Dean of Student Affairs office. Kim Żukowski, Director of University Housing – 286-8100 and Joe Cuda, Dean of Student Affairs – 286-8566, are available to investigate reports of sexual harassment. Students found to be responsible for committing offenses of sexual harassment in violation of this policy may be issued: warnings, educational and community service projects, residence hall reassignment, disciplinary probation, residence hall expulsion, suspension or expulsion from the university. Counseling and support is available through Counseling Services or the Campus Ministry Office.

In cases where a university employee is either the victim of sexual harassment in violation of this policy, or the accused, a report should be filed with Robert Plei, Director of Human Resources – 286-8690, or Fr. Joseph Hubbert, Chair or Religious Studies – 286-8456, for investigation. Any employee who engages in sexual harassment in violation of this policy will be subject to such corrective action and/or penalty as deemed warranted by the University. Such action may include discipline or discharge.
Sports Medicine Staff

Director of Sports Medicine-John Munro................................. 8615
Associate Athletic Trainer-Scott Mastrobatista......................... 8642
Asst. Athletic Trainer- Carol Bartz........................................ 8612
Asst. Athletic Trainer- David Vasquez.................................... 8744
Asst. Athletic Trainer – Ayumi Shimada.................................. 8622
Strength & Conditioning Coach-Matt Diegelman........................ 8476

Training Room (Upper Level Gallagher Center)............................ 8616
Training Room (Kiernan Center).............................................. 8616
Training Room (Hockey Arena).............................................. 8642

Preseason Physicals/Medical History

The Athletic Training staff will contact all coaches and let them know which student-athletes will need physicals. The coaches will notify the student-athletes of the time and place.

All student-athletes must fill out a medical history and injury verification form. This information is very important and needs to be filled out completely and truthfully.

All student-athletes must have a copy of their insurance information on file with the Athletic Training staff prior to practice or competition.

Medical Care

Niagara University’s insurance company will cover injuries sustained in supervised practice, contests, or travel. Since the insurance is a “Secondary” coverage, all claims must first be submitted to you or your parents insurance company for payments according to your company’s coverage. The company will then pay any unpaid portion of the bill within the limits of the policy. Should you not have personal coverage under your home plan, you will be encouraged to purchase insurance through Health Services at Niagara University as a condition of participation. The Niagara University insurance policy would then be used to provide “Secondary” coverage.

Injury Procedure

Student-athletes should report all injuries to their head coach and the Athletic Training Staff within 24 hours. If a physician’s referral is given by the athletic training staff to seek outside medical care, an accident report will be filled out in the Athletic Training Room. Failure to do so at all, or in a timely manner could result in denial of secondary coverage by the University’s insurance company. Necessary referrals will be made as required. Appointments will be made by the athletic training staff. Except for emergencies, under NO circumstances should you seek other care without proper referral from the training staff.

Claims Procedure

Should an injury occur, the following is the procedure to be followed for processing insurance and medical bills:

1. Fill out claim form with the Athletic Trainer.
2. Submit all bills to your own or parent’s insurance company for payment.
3. Obtain from their insurance company proof of payment (Letter of Explanation of Benefits), if applicable, Letter of Denial for any unpaid bills.
4. Submit to Business Services: The Explanation of Benefits (EOB) and unpaid bill must be submitted together to Business Services.
5. Business Services will then process payment for any unpaid portion of the bill within the limits of coverage.
6. Please process bills within a reasonable time period.
7. Business Services will work with you to settle your accounts. Use them as a valuable resource. If you have questions regarding the processing of your injury bills, please call Business Services at ext. 8365.
Nutritional Supplements/Ergogenic Aids Policy

The Niagara University student-athlete depends on our coaches and athletic trainers to supply them with accurate and sound information on sports nutrition and help them discern media hype from fact in reference to supplements. With input from our medical staff, the Athletics administration has decided a panel comprised of two team physicians and a certified athletic trainer will approve, disapprove and monitor the distribution or endorsement of any nutritional supplements by the Athletics staff. Our department will be pro-active in following NCAA Guidelines when it comes to nutritional ergogenic aids.

NCAA List of Banned Drugs

The Niagara University athletic training staff has been provided a list of drugs banned by the NCAA. Student-athletes can view the list of banned drugs in the training room in the Kiernan Center. This list is subject to change and update throughout the year. For an accurate listing of all banned drugs, please view the list on the NCAA web site at www.ncaa.org. The link to the NCAA website is available through the Niagara University web site at www.purpleeagles.com, by clicking on Compliance and then clicking on NCAA banned drug list. The list of banned substances is subject to change by the NCAA throughout the year. The head athletic trainer will post updates in all training room locations throughout the year.

2011-12 NCAA Banned Drugs

The NCAA bans the following classes of drugs:

a. Stimulants
b. Anabolic Agents
c. Alcohol and Beta Blockers (banned for rifle only)
d. Diuretics and Other Masking Agents
e. Street Drugs
f. Peptide Hormones and Analogues
g. Anti-estrogens
h. Beta-2 Agonists

Note: Any substance chemically related to these classes is also banned. The institution and the student-athlete shall be held accountable for all drugs within the banned drug class regardless of whether they have been specifically identified.

Drugs and Procedures Subject to Restrictions:

b. Local Anesthetics (under some conditions).
c. Manipulation of Urine Samples.
d. Beta-2 Agonists permitted only by prescription and inhalation.
e. Caffeine if concentrations in urine exceed 15 micrograms/ml.

NCAA Nutritional/Dietary Supplements Warning:

➢ Before consuming any nutritional/dietary supplement product, review the product and its label with your athletics department staff!

• Dietary supplements are not well regulated and may cause a positive drug test result.
• Student-athletes have tested positive and lost their eligibility using dietary supplements.
• Many dietary supplements are contaminated with banned drugs not listed on the label.
• Any product containing a dietary supplement ingredient is taken at your own risk.

It is your responsibility to check with athletics staff before using any substance.
Some Examples of NCAA Banned Substances in each class

NOTE: There is no complete list of banned drug examples!!
Check with your athletics department staff to review the label of any product, medication or supplement before you consume it!

**Stimulants:**
- amphetamine (Adderall);
- caffeine (guarana);
- cocaine;
- ephedrine;
- fenfluramine (Fen);
- methamphetamine;
- methylphenidate (Ritalin);
- phentermine (Phen);
- synephrine (bitter orange); etc.
  exceptions: phenylephrine and pseudoephedrine are not banned.

**Anabolic Agents:**
- boldenone;
- clenbuterol;
- DHEA;
- nandrolone;
- stanozolol;
- testosterone;
- methasterone;
- androstenedione;
- norandrostenedione;
- methandienone;
- etiocholanolone;
- trenbolone;
- etc.

**Alcohol and Beta Blockers** (banned for rifle only):
- alcohol;
- atenolol;
- metoprolol;
- nadolol;
- pindolol;
- propranolol;
- timolol;
- etc.

**Diuretics and Other Masking Agents:**
- bumetanide;
- chlorothiazide;
- furosemide;
- hydrochlorothiazide;
- probenecid;
- spironolactone (canrenone);
- triamterene;
- trichlormethiazide;
- etc.

**Street Drugs:**
- heroin;
- marijuana;
- tetrahydrocannabinol (THC).

**Peptide Hormones and Analogues:**
- human growth hormone (hGH);
- human chorionic gonadotropin (hCG);
- erythropoietin (EPO);
- etc.

**Anti-Estrogens:**
- anastrozole;
- clomiphene;
- tamoxifen;
- formestane;
- etc.

**Beta-2 Agonists:**
- bambuterol;
- formoterol;
- salbutamol;
- salmeterol;
- etc.

Any substance that is chemically related to the class of banned drugs, unless otherwise noted, is also banned!

NOTE: Information about ingredients in medications and nutritional/dietary supplements can be obtained by **contacting the Resource Exchange Center, REC, 877-202-0769 or www.drugfreesport.com/rec** password ncaa1, ncaa2 or ncaa3.

It is your responsibility to check with your athletics staff before using any substance.
Overview/Purpose

The Niagara University Athletics Department, its coaches and the university administration, condemn the use of chemical substances to enhance athletic performance, alter personal emotional states, or endanger the health and safety of our student-athletes. For the purpose of this policy, “student-athlete” shall mean any Niagara University student participating in any intercollegiate sport sponsored by Niagara University. Seeking to ensure the success and safety of Niagara’s student-athletes and to maintain the integrity of the intercollegiate athletic program, Niagara University will test intercollegiate athletes for banned substances including alcohol. Additionally, Niagara University will assist any intercollegiate student-athlete to deal with problems resulting from alcohol and drug use/abuse by making available University related medical or counseling resources. The intent of these policies is to prevent substance use and abuse by student-athletes through education, testing, and professional guidance.

Alcohol, Tobacco and Other Drug Education

Following the NCAA Minimum Guidelines for Institutional Alcohol, Tobacco and Other Drug Education Programs, Niagara University will conduct a drug and alcohol education program at least twice a year. These programs will be designed to review individual team, athletic department, institutional, conference and NCAA alcohol, tobacco and other drug policies. Appropriate educational materials will be made available to participants including the ATOD Education and Testing Policies and a list of banned substances. All student-athletes and athletics staff members are required to attend. Make-up sessions are available for participants who must miss a scheduled educational session for an approved reason. In addition to educating all parties about the various policies, a review of the institutional drug-testing program requirements will also be conducted. Sessions will include a review of NCAA alcohol, tobacco and drug policies including the tobacco ban, list of banned drug classes and testing protocol and an opportunity to view the NCAA drug-education and drug-testing video. Nutritional supplements and their inherent risks will be discussed during at least one of the educational programs. Time will be allowed for questions from participants. In addition, special educational programs may be arranged to provide participants the opportunity to learn more about specific dangers of substance abuse.

Consent to Participate

At the beginning of each academic year, and at the beginning of the second semester for mid-year transfers, a presentation will be made to all intercollegiate athletic teams at Niagara University to explain the Alcohol, Tobacco and Other Drug Education and Testing Policies. A copy of the policies will be given to each student-athlete.

Each student-athlete will be required to sign the following:

Niagara University Alcohol, Tobacco and Other Drug Education and Testing Program
Informed Consent and Release of Liability Form – consenting to participate in the program. [Appendix A]

Authorization for Release of Information and Records under the Niagara University Alcohol, Tobacco and Other Drug Education and Testing Program – authorizing the release of information to individuals identified in this policy. [Appendix B]

Niagara University Authorization for Release of Medical Information and Records – authorizing the release of medical information to individuals identified in this policy. [Appendix C]
Niagara University reserves the right to release testing information to a select group, that may include the Director of Athletics, his administrative team, the Medical Review Officer (MRO), the Team Physician, the Head Coach of the student-athlete’s sport(s), the Head Athletic Trainer, the Functional Officer for Athletics and the school administration. Failure to consent to or to comply with the requirements of this policy may result in loss of scholarship, suspension from participation or termination of eligibility to participate in intercollegiate athletics at Niagara University.

In addition to completing an institution drug-testing consent form, pursuant to NCAA Bylaw 14.1.4, each academic year student-athletes shall sign a form prescribed by the NCAA Management Council in which the student consents to be tested by the NCAA for the use of drugs prohibited by NCAA legislation.

Alcohol Policy

Niagara University does not condone the illegal or otherwise irresponsible use of alcohol. It is the responsibility of every member of the University community to know the risks associated with alcohol use and abuse. This responsibility obligates student-athletes to know relevant University policies and federal, state and local laws and to conduct themselves in accordance with these laws and policies.

Niagara University Department of Athletics prohibits the consumption of alcohol during student-athletes traditional and non-traditional seasons. Under-aged drinking is illegal and will be treated as such. Each team may have individual rules that are more stringent. To ensure the success and safety of Niagara’s student-athletes and to maintain the integrity of the intercollegiate athletic program, Niagara University will test student-athletes for alcohol. Additionally, each team may have individual rules that are more stringent. In addition, a "dry recruitment" policy exists. Prospective student-athletes visiting campus and socializing with current students are expected to participate in all activities without the influence of alcohol. It should be understood that possession or consumption of alcoholic beverages by individuals under the age of 21 is a violation of state liquor laws. Likewise, it is illegal for anyone to supply alcoholic beverages to persons under the age of 21.

Tobacco Policy

Pursuant to NCAA Bylaw 11.1.5, the use of tobacco products is prohibited by all game personnel (e.g., student-athletes, coaches, trainers, managers and game officials) in all sports during practice and competition.

Niagara University Department of Athletics prohibits the use of all tobacco products during student-athletes traditional and non-traditional seasons. Uniform penalties (as determined by the applicable rules-making committees and sports committees with rules-making responsibilities) have been established for such use.

Selected Types of Drug Testing

Unannounced Random Testing

All student-athletes who have signed the institutional drug-testing consent form and are listed on the institutional squad list are subject to unannounced random testing. Students listed on the squad list that have exhausted their eligibility or who have career-ending injuries will not be selected. The Director of Athletics or his/her designee will select student-athletes from the official institutional squad lists by using a computerized random number program. Urinalysis and/or on-site saliva testing procedures may be used for unannounced random testing.

Reasonable Suspicion Screening

A student-athlete may be subject to testing at any time when, in the judgment of the Director of Athletics or his/her designee determines there is reasonable suspicion to believe the participant is using a prohibited drug. Such reasonable suspicion may be based on objective information as determined by an Associate/Assistant Athletic Director, Head Coach, Assistant Coach, Head Athletic Trainer or Assistant Athletic Trainer and deemed reliable by the Director of Athletics or his/her designee. Reasonable suspicion may be found, but not limited to 1) observed possession or use of substances appearing to be prohibited drugs, 2) arrest or conviction for a criminal offense related to the possession or transfer of prohibited drugs, or 3) observed abnormal appearance, conduct or behavior reasonably interpretable as being caused by the use of prohibited drugs. Among the indicators which may be used in evaluating a student-athlete’s abnormal appearance, conduct or performance
are: class attendance, significant GPA changes, athletic practice attendance, increased injury rate or illness, physical appearance changes, academic/athletic motivational level, emotional condition, mood changes, and legal involvement. If suspected, the Director of Athletics or his/her designee will notify the student-athlete and the student-athlete must stay with a member of their coaching staff, the athletics administration staff, or the sports medicine staff, until an adequate specimen is produced. Note: The possession and/or use of illegal substances may be determined by means other than urinalysis. When an individual is found to be in possession and/or using such substances, he/she will be subject to the same procedures that would be followed in the case of a positive urinalysis (e.g., using on-site saliva testing products to determine alcohol consumption).

Re-Entry Testing
A student-athlete who has been suspended from participation in intercollegiate sports may be required to undergo re-entry drug and/or alcohol testing prior to restoring eligibility. The director of athletics or his/her designee shall arrange for re-entry testing.

Follow-Up Testing
A student-athlete who has returned to participation in intercollegiate sports following a positive drug test under this policy may be subject to follow-up testing. Testing will be unannounced and will be required at a frequency determined by the Director of Athletics or his/her designee.

Notification and Reporting for Collections
The student-athlete will be notified of and scheduled for testing by the institution less than 24 hours prior to the drug-test. The Director of Athletics or his/her designee will notify the student-athlete of the date and time to report to the collection station. Failure to show for the scheduled drug test will be considered a positive drug test.

The Director of Athletics or his/her designee must be in the collection station to certify the identity of the student-athletes selected, will be responsible for security of the collection station and must remain in the collection station until all student-athletes have completed the collection process. Student-athletes shall provide picture identification when entering the drug-testing station.

Specimen Collection Procedures - see appendix

Reporting Results
Urine samples will be collected and sent to an independent, SAMHSA approved and/or WADA accredited laboratory for analysis. Each sample will be tested to determine if banned drugs are present. A test result confirmed as positive by the laboratory does not automatically identify the student-athlete as having engaged in prohibited drug or alcohol use. Results will be made available to the MRO. The MRO will review the results and if there is a positive drug test, he/she will set up a meeting with the student-athlete. The student-athlete may present evidence of any mitigating circumstances that he/she feels may be important to the outcome of the drug test. The MRO will then make the determination of the outcome of the drug test.

If the laboratory reports a specimen as substituted or adulterated, the student-athlete will be deemed to have refused to submit to testing and treated as if the test were positive for a banned substance.

Penalties
Refusal to sign a consent form prohibits a student-athlete from participating in any intercollegiate sport at Niagara University. Any athletic scholarship award will be terminated at the earliest possible time consistent with Conference and NCAA Rules.
Positive Drug Test Penalties
Any student-athlete who tests positive for any banned substance other than alcohol or who refuses to submit to a required drug test as described in this policy shall be subject to the following sanctions:

First Offense:
The MRO will report the positive drug test finding(s) to the Director of Athletics. The Director of Athletics will schedule a confidential meeting with the student-athlete and the head coach. The Director of Athletics or his/her designee will notify the parent(s) or legal guardian(s) by telephone and in writing. The head athletic trainer, the team physician, school administration, and the functional officer for athletics will be informed of the positive result as well. The student-athlete will be immediately suspended from participation in any intercollegiate sports at Niagara University. The student-athlete will immediately be suspended from 10% of competitions. If this 10% does not finish with the end of the season, the suspension will be carried over to the next sport season. The student-athlete will not be permitted to practice, but will be required to attend practice during that 10% suspension period. In addition, the student-athlete will be required to attend a drug counseling assessment session at the Counseling Center at Niagara University. The counselor will ask the student-athlete to discuss the nature and extent of his/her involvement with prohibited drugs. The counselor shall determine the appropriate form(s) of intervention and rehabilitation needed by the student-athlete, based on the circumstances of the case. In addition to the suspension penalty for a first positive result, the student-athlete will not be permitted to return to competition in intercollegiate sports until he/she has complied with the counselor’s directions for treatment and has had a negative result on a re-entry drug test. Failing to comply with the counselor’s directions for treatment will be classified as a second offense. The student-athlete may be subject to follow-up testing. Testing will be unannounced and will be required at a frequency determined by the Director of Athletics or his/her designee.

Second Offense:
The MRO will report the second positive drug test finding(s) to the Director of Athletics. The Director of Athletics will schedule a confidential meeting with the student-athlete and the head coach. The Director of Athletics or his/her designee will notify the student-athlete’s parent(s) or legal guardian(s) by telephone and in writing. The head athletic trainer, the team physician, school administration, and the functional officer for athletics will be informed of the second positive result as well. The student-athlete will be immediately suspended from participation in any intercollegiate sports at Niagara University for a minimum of one calendar year. The student-athlete will be required to attend a drug rehabilitation program. The student-athlete will not be reinstated for athletic participation at Niagara University until providing the Director of Athletics with verification of the successful completion of a certified drug rehabilitation program. Additionally, consistent with Conference and NCAA rules, the student-athlete may not have renewal of any athletic scholarship for the following year. The student-athlete will have to provide a negative result on a re-entry drug test prior to reinstatement. Failing to complete a certified drug rehabilitation program and/or having a positive result on a reentry drug test will be classified as a third offense. The student-athlete may be subject to follow-up testing. Testing will be unannounced and will be required at a frequency determined by the Director of Athletics or his/her designee.

Third Offense:
The MRO will report the third positive drug test finding(s) to the Director of Athletics. The Director of Athletics will schedule a confidential meeting with the student-athlete and the head coach. The Director of Athletics or his/her designee will notify the student-athlete’s parent(s) or legal guardian(s) by telephone and in writing. The head athletic trainer, the team physician, school administration, and the functional officer for athletics will be informed of the third positive result as well. The student-athlete will not be permitted to participate in any intercollegiate sport at Niagara University for the remainder of his/her athletic career. Any athletic scholarship that had been awarded to the student-athlete will be terminated at the earliest possible time consistent with Conference and NCAA rules.

Positive Alcohol Test Penalties
Any student-athlete who tests positive for alcohol as described in this policy shall be subject to the following sanctions:

First Offense:
The MRO will report the positive alcohol test finding(s) to the Director of Athletics. The Director of Athletics will schedule a confidential meeting with the student-athlete and the head coach. The Director of Athletics or his/her designee will notify the parent(s) or legal guardian(s) by telephone and in writing. The head athletic trainer,
team physician, school administration, and the functional officer for athletics will be informed of the positive result as well. The student-athlete will be immediately suspended from participation in any intercollegiate sports at Niagara University. The student-athlete will be required to attend a drug counseling assessment session at the Counseling Center at Niagara University. The counselor will ask the student-athlete to discuss the nature and extent of his/her involvement with alcohol. The counselor shall determine the appropriate form(s) of intervention and rehabilitation needed by the student-athlete, based on the circumstances of the case. The student-athlete will not be permitted to return to competition in intercollegiate sports until he/she has complied with the counselor’s directions for treatment. During this period of suspension, the student-athlete may be allowed to participate in practices and conditioning sessions. Failing to comply with the counselor’s directions for treatment will be classified as a second offense. The student-athlete may be subject to follow-up testing. Testing will be unannounced and will be required at a frequency determined by the Director of Athletics or his/her designee.

**Second Offense:**
The MRO will report the second positive alcohol test finding(s) to the Director of Athletics. The Director of Athletics will schedule a confidential meeting with the student-athlete and the head coach. The Director of Athletics or his/her designee will notify the student-athlete’s parent(s) or legal guardian(s) by telephone and in writing. The head athletic trainer, the team physician, school administration, and the functional officer for athletics will be informed of the second positive result as well. The student-athlete will be immediately suspended from participation in any intercollegiate sports at Niagara University. The student-athlete will be required to attend or continue attending alcohol counseling sessions at the Counseling Center at Niagara University. The student-athlete will be suspended from 10% of competitions. If this 10% does not finish with the end of the season, the suspension will be carried over to the next sport season. The student-athlete will not be permitted to practice, but will be required to attend practice during that 10% suspension period. In addition, the student-athlete may not be permitted to return to competition in intercollegiate sports until he/she has complied with the counselor’s directions for treatment and has had a negative result on a re-entry alcohol test. Failing to comply with the counselor’s directions for treatment, having a positive result on a re-entry alcohol test will be classified as a third offense. The student-athlete may be subject to follow-up testing. Testing will be unannounced and will be required at a frequency determined by the Director of Athletics or his/her designee.

**Third Offense:**
The MRO will report the third positive alcohol test finding(s) to the Director of Athletics. The Director of Athletics will schedule a confidential meeting with the student-athlete and the head coach. The Director of Athletics or his/her designee will notify the student-athlete’s parent(s) or legal guardian(s) by telephone and in writing. The head athletic trainer, the team physician, school administration, and the functional officer for athletics will be informed of the third positive result as well. The student-athlete will be immediately suspended from participation in any intercollegiate sports at Niagara University for a minimum of one calendar year. The student-athlete will be required to attend an alcohol rehabilitation program. The student-athlete will not be reinstated for athletic participation at Niagara University until providing the Director of Athletics with verification of the successful completion of a certified alcohol rehabilitation program. Additionally, consistent with Conference and NCAA rules, the student-athlete may not have renewal of any athletic scholarship for the following year. The student-athlete will have to provide a negative result on a re-entry alcohol test prior to reinstatement.

**Final Offense:**
Failing to comply with the counselor’s directions for treatment, having a positive result on a re-entry alcohol test will be classified as a final offense. The student-athlete will not be permitted to participate in any intercollegiate sport at Niagara University for the remainder of his/her athletic career. Any athletic scholarship that had been awarded to the student-athlete will be terminated at the earliest possible time consistent with Conference and NCAA rules.

**Penalties for Alcohol-related Violations**
Any student-athlete found guilty of an alcohol-related violation under federal, state or local law shall be subject to the following sanctions:
First Offense:
The Director of Athletics will schedule a confidential meeting with the student-athlete and the head coach. The Director of Athletics or his/her designee will notify the student-athlete's parent(s) or legal guardian(s) by telephone and in writing. The head athletic trainer, the team physician, school administration, and the functional officer for athletics will be informed of the alcohol-related violation as well. The student-athlete will be immediately suspended from participation in any intercollegiate sports at Niagara University. The student-athlete will be required to attend alcohol-counseling sessions at the Counseling Center at Niagara University. The student-athlete will be suspended from 10% of competitions. If this 10% does not finish with the end of the season, the suspension will be carried over to the next sport season. The student-athlete will not be permitted to practice, but will be required to attend practice during that 10% suspension period. In addition, the student-athlete may not be permitted to return to competition in intercollegiate sports until he/she has complied with the counselor’s directions for treatment and has had a negative result on a re-entry alcohol test. Failing to comply with the counselor’s directions for treatment and/or having a positive result on a re-entry alcohol test will be classified as a final offense. The student-athlete may be subject to follow-up drug and alcohol testing. Testing will be unannounced and will be required at a frequency determined by the Director of Athletics or his/her designee.

Final Offense:
The Director of Athletics will schedule a confidential meeting with the student-athlete and the head coach. The Director of Athletics or his/her designee will notify the student-athlete’s parent(s) or legal guardian(s) by telephone and in writing. The head athletic trainer, the team physician, school administration, and the functional officer for athletics will be informed of the second alcohol-related violation as well. The student-athlete will be immediately suspended from participation in any intercollegiate sports at Niagara University and will not be permitted to participate in any intercollegiate sport at Niagara University for the remainder of his/her athletic career. Any athletic scholarship that had been awarded to the student-athlete will be terminated at the earliest possible time consistent with Conference and NCAA rules.
APPENDIX A

Specimen Collection Procedures

1. Upon entering the collection station the student-athlete will provide photo identification and/or a client representative/site coordinator will identify the student-athlete and the student-athlete will be officially signed into the station. Only the Director of Athletics or his/her designee and those persons authorized by the approved collector will be allowed in the collection station. The student-athlete will select a sealed collection beaker from the supply of such and will record his/her initials on the collection beaker’s lid or attach a unique bar code to the beaker.

2. A collector, serving as a validator, will monitor the furnishing of the specimen until a volume of at least 85 mL is provided. (volume is dependent upon client protocol and drugs being tested).

3. Only members of the drug-testing crew should serve as validators. Validators, who are of the same gender as the student-athlete must observe the voiding process. The procedure does not allow for validators to stand outside the immediate area or outside the restroom. The student-athlete must urinate in full view of the validator (validator must observe flow of urine. The validator must request the student-athlete raise his/her shirt enough to observe the midsection area completely to rule out any attempt to manipulate or substitute a sample.

4. Validators and other collectors must never handle the student-athlete’s beaker or specimen until after the specimen is enclosed in the appropriate vials.

5. Student-athletes may not carry any other item other than his/her beaker into the restroom when providing a specimen. Any problem or concern should be brought to the attention of the crew chief for documentation.

6. Once a specimen (at least 85 mL) is provided, the student-athlete is responsible for keeping the collection beaker closed and controlled.

7. Fluids and food given student-athletes who have difficulty voiding must be from sealed containers (approved by the collector) that are opened and consumed in the station. These items must be caffeine- and alcohol-free and free of any other banned substances.

8. If the specimen is incomplete, the student-athlete must remain in the collection station until the sample is completed. During this period, the student-athlete is responsible for keeping the collection beaker closed and controlled.

9. If the specimen is incomplete and the student-athlete must leave the collection station for a reason approved by the collector, the specimen must be discarded.

10. Upon return to the collection station, the student-athlete will begin the collection procedure again.

11. Once an adequate volume of specimen is provided, the collector who monitored the furnishing of the specimen by observation will sign that the specimen was directly validated and a collector will check the specific gravity and pH of the urine in the presence of the student-athlete.

12. If the urine has a specific gravity below 1.005 (1.010 if measured with a reagent strip), the specimen will be discarded by the student-athlete. The student-athlete must remain in the collection station until another specimen is provided. The student-athlete will provide another specimen.

13. If the urine has a pH greater than 7.5 (with reagent strip) or less than 4.5 (with reagent strip), the specimen will be discarded by the student-athlete. The student-athlete must remain in the collection station until another specimen is provided.
14. If the urine has a specific gravity above 1.005 (1.010 if measured with a reagent strip) and the urine has a pH between 4.5 and 7.5 inclusive, the specimen will be processed and sent to the laboratory.

15. The laboratory will make final determination of specimen adequacy.

16. If the laboratory determines that a student-athlete’s specimen is inadequate for analysis, at the institution’s discretion, another specimen may be collected.

17. If a student-athlete is suspected of manipulating specimens (e.g., via dilution), the institution will have the authority to perform additional tests on the student-athlete.

18. Once a specimen has been provided that meets the on-site specific gravity and pH parameters, the student-athlete will select a specimen collection kit and a uniquely numbered Chain of Custody Form or set of Specimen Bar Code Seals from a supply of such.

19. A collector will record the specific gravity and pH values.

20. The collector will pour approximately 60 mL of the specimen into the “A vial” and the remaining amount (approximately 25 mL) into the “B vial” (required volume is determined by client and/or laboratory) in the presence of the student-athlete.

21. The collector will place the cap on each vial in the presence of the student-athlete; the collector will then seal each vial in the required manner under the observation of the student-athlete and witness (if present).

22. Vials and forms (if any) sent to the laboratory shall not contain the name of the student-athlete.

23. All sealed specimens will be secured in a shipping case. The collector will prepare the case for forwarding.

24. The student-athlete and witness (if present) will sign certifying that the procedures were followed as described in the protocol. Any deviation from the procedures must be described and recorded. If deviations are alleged, the student-athlete will be required to provide another specimen.

25. After the collection has been completed, the specimens will be forwarded to the laboratory and all copies of all forms forwarded to the designated persons.

26. The specimens become the property of the client.

27. If the student-athlete does not comply with the collection process, the collector will notify the client representative/site coordinator and third party administrator responsible for management of the drug-testing program.

28. On occasion, a client may choose to test using a single specimen kit. The collector will follow the split specimen procedures up to the point where the student-athlete selects a sealed kit. With a single specimen kit, the collector beaker may serve as a secured vial for transporting the specimen to the laboratory. The collector will instruct the athlete to provide at least 35 mL of urine allowing for a 5 mL pour-off to measure specific gravity and pH on site. A single vial will be processed and transported to the laboratory for analysis.
APPENDIX

Standing Committees for Athletic Issues

**Athletic Scholarship Review Board (ASRB)/Transfer Appeal Committee (TAC)**
John Stranges – Faculty Athletic Representative
Myriam Witkowski – Assistant to the Dean of Business
Maureen Salfi – Director of Financial Aid

**Athletics Grievance Committee**
Faculty Athletic Representative
Director/Assistant Director of Human Resources
Dean of Student Affairs (or designee)

**Major Infractions Committee**
Michael Gentile – Assistant Professor of College of Hospitality and Tourism Management
Mike Skowronski – Job Developer
Christine Schwartz – Associate Director of Admissions
Dr. David Reilly – Director, International Studies
John Stranges – Faculty Athletic Representative