Evan Zane Estrada makes his debut!

On Thursday, June 16th, proud parents Josh and Dana Estrada welcomed their second child, Evan into the world, weighing in at 7 pounds and 20 inches long. Their daughter Claire is acclimating nicely to the roll of big sister.

Heartfelt congratulations go out to our Executive Director and her family on this latest addition!

Our offices have moved!

You can find Border Community SERVICE at a different location and with different phone numbers. We are now located just off of the Niagara University Campus on Roosevelt Avenue - known as the Roosevelt House. Our new phone numbers are listed on the right side of this page.

CERT Training Courses Scheduled

A free CERT training course will be offered at the Grand Island Fire Company, 2275 Baseline Road, Grand Island, NY 14072 beginning Thursday, September 15th, 2011. The classes will run eight consecutive Thursday evenings from 6:30 to 9:30 pm and culminate in a disaster simulation on Saturday, November 5th.

Participants must be at least 16 years of age and must plan to attend all sessions. For more information or to enroll in the training, please contact Valerie Haseley, Niagara County Project Coordinator at (716) 205-0076 or email: vhaseley@niagara.edu. To register online, please visit our website: www.niagara.edu/bcs-enrollment.
In June, I presented the “Ready America” program to various groups in Niagara County, including Community Habilitation employees at Opportunities Unlimited of Niagara, Sanbornite Seniors, Early Childhood Education and Health Occupation Technician classes at the Boards of Cooperative Educational Services (BOCES), and clients served by Guildcare.

I continued to be one of the featured speakers for the Council of Older Adults of HANCI’s Safety Forums and presented at St. John AME Church and LaSalle Senior Center, both in Niagara Falls.

I also manned a table at the resource fair at the Niagara County Senior Walk in the Park event at the John Duke Center in Niagara Falls where more than 320 people attended. It was a well organized event and it was great to make so many wonderful connections with those in attendance.

Volunteers are still needed to man informational booths at various events throughout the summer as well as assisting at the Thunder of Niagara Air Show, taking place September 10 & 11, 2011. I hope you will consider taking time to volunteer for one of the upcoming events.

Please contact Valerie Haseley at 205-0076 or vhaseley@niagara.edu for more information about programs and events occurring in Niagara County.

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**MARE Exercise**

Thank you to the 11 CERT members who signed up and volunteered for the Niagara Falls Air Reserve Station Mass Accident Recovery Exercise (MARE) on June 11. The exercise simulated a multiple agency emergency response to an aircraft accident which is a requirement before hosting the Thunder of Niagara Air Show September 10 & 11, 2011. The drill was a success according to the organizers and they were pleased with our assistance and support of this exercise.
June was an exceptional month for Border Community SERVICE and City of Buffalo! The month opened with a great Clean Sweep in the Fillmore District followed by a Neighbors Connecting meeting at the BPD D - District Station where 51 area residents learned about disaster readiness. The weekend brought BCS’s “Empowering Volunteers” conference held at Niagara University with 18 City of Buffalo CERT members along with others from the area in attendance.

Thank you to Buffalo Common Council Members Kearns, Pridgen, Smith and Golombek for meeting with BCS and pledging their support to assist us in helping to prepare their district residents in the case of a disaster. Thanks to them, as well as Council Members Russell, Fontana, LoCurto and Rivera, 450 brochures will be distributed among their constituents.

Throughout the month of June, BCS has reached 224 households through Mayor Byron Brown’s Save Our Streets: Operation Clean Sweep, held every Wednesday on the streets of Buffalo. Thank you to Jen Fault who attended her first Clean Sweep as a CERT member and BCS representative. It was a chilly day and the hot, hand-made lasagna at the Kensington/Bailey Neighborhood Housing Services afterwards was just what we needed to warm up again. Jen looks forward to joining BCS on a Clean Sweep again.

A big thank you goes to Ron Smith for volunteering to run the BCS table at the Day of Health held at the Matt Urban Hope Center and also to Marge Price, Jacqueline Ornsby, Robert and Elizabeth Gibson and Paul Armani for volunteering at the Hispanic Family Health and Safety Fair. With their help, BCS was able to provide the 3,000 people in attendance with English and Spanish preparedness materials for all ages. Even though the forecast made us nervous, it did not rain on our parade!

Thank you to Ben Johnson of the Parkside Community Association for helping us to distribute 200 Preparing Makes Sense brochures during the Parkside Garden Walk and for committing to holding presentations for the Parkside area block clubs. Thank you to Michael Szymanski and Jacqueline Ornsby, Americorps member, both from the Father Belle Center for recommitting their time and energy to support and encourage all CERT and BCS efforts.

Finally, congratulations to the 19 CERT members and other volunteers from the City of Buffalo for attending the June Skills Enhancement Training. We would like to thank Officer Genevieve Rak for leading the group in verbal and self-defense skills. It was a hands-on night and those in attendance found the session to be beneficial and empowering. We look forward to seeing more CERT members at our future Skills Enhancement Trainings.

Thank you to Jess Martin who has worked with BCS as the Citizen Corps Coordinator for the Town of Tonawanda grant that had ended as of June 30th, 2011. Jess, a recent NU Masters Graduate is hoping to continue her schooling and/or possibly working with the FBI or within another Homeland Security position and she takes with her our thanks and gratitude for a job well done. She also leaves behind office staff that will miss her presence, wit and knowledge.

Good luck Jess and thank you!!
LIVE UNITED™

Family Night at the Ballpark

Special Offer: $8 Tickets

50% of ticket proceeds go to the United Ways serving Erie and Niagara Counties
Friday, August 19th - 7:35 pm

Use these packages as donations to a community group, employee and member incentives, a company outing or prizes!

Ticket Packages:

Family Pack - $56
4 tickets, 4 hot dogs, 4 sodas
Single - 10 tickets
Includes website exposure
Double - 50 tickets
Includes website exposure and game recognition
Triple - 100 tickets
Includes website exposure, game recognition and autographed baseball
Home Run - 250 tickets
Includes website exposure, game recognition and dinner for 4 at Pettibones

Questions & Orders:
Contact Lindsay Carucci - (716) 846-2040 or LCarucci@bisons.com

United Way of Buffalo & Erie County

United Way of Greater Niagara

United Way of the Tonawandas

Bank of America
Summer Tips for Pet Owners

When we finally get a chance to get outside and enjoy the weather with our family and pets, it's up to each owner to be on the lookout for their pet's safety and comfort on these 'dog days of summer'. Humans can change into cooler clothing or get into an air conditioned environment but pets need to stay cool as well.

Here are some tips to avoid overexertion and heatstroke in pets:

- Work up slowly to exercise fitness. Make exercise part of the regular routine.
- Exercise in the early morning and late evening when it is (hopefully) cooler. Avoid the midday heat. It can be a killer.
- Offer small amounts of fresh cool (not iced) water, frequently.
- Use a hose or let your pet swim in a lake or pool to become thoroughly wet before a walk. Evaporation will help keep your pet cool. Be sure to wet all layers of coat, especially double-coated breeds, such as Retrievers, for maximum cooling.
- Watch your pet for signs of tiring and too much panting. The panting tongue out too far will indicate break time.
- Search for shade-available areas.
- Some dogs love having their own kiddie pool in the yard.
- Be mindful of burn pads on hot pavement and metal surfaces - (i.e. boat dock, car or truck surfaces) -- and walk your dog on the cool side of the street or in the grass. Another tip is to lay down a wet towel for your dog to stand on when grassy areas are not available. Do remember that if your dog has been in the pool or swimming for an extended period of time, the water might have softened their pads up quite a bit and the heat can severely burn those softened pads.
- Never leave a pet in a car, even with the windows rolled down for any length of time.

Signs of heat stroke include (but are not limited to):

- Excessive panting
- Staggering
- Dark or bright red tongue and gums
- Stupor
- Sticky or dry tongue and gums
- Seizures
- Bloody diarrhea or vomiting
- Coma

If you suspect heat stroke in your pet, seek veterinary attention immediately!

Find some shade. Get your pet out of the heat. Use cool water, not ice water, to cool your pet. (Very cold water will cause constriction of the blood vessels and impede cooling). Cool wet cloths on feet and around head. Offer ice cubes for the animal to lick on until you can reach your veterinarian, but do not force ice or water on your pet. And just because your animal is cooled and 'appears' OK, do NOT assume that everything is fine. Internal organs such as liver, kidneys, brain, etc., are definitely affected by the body temperature elevation, and blood tests and veterinary examination are needed to assess this. There is also a complex blood problem, called DIC (Disseminated Intravascular Coagulation) that can be a secondary complication to heat stroke that can be fatal.
Protect Yourself from Identity Theft

Removing your information from these common people-search websites can stop others from accessing your personal information on the Internet. Many of these sites refer you to optout.com where, for a fee, you can have yourself removed from the Internet. Anytime your name changes or you move, these sites can repost your information. They recommend you check these sites every 6 months.

http://www.whitepages.com  Search your name. Select yourself and at the bottom of your page, there is a link to have your information removed.

http://www.peoplesmart.com  Click ‘Privacy’ at the bottom of the page. ‘Manage Your Listing’ and you can change your privacy settings there.

http://www.ussearch.com/consumer/index.jsp?searchtab=home  There is an opt-out form on the website that you fax in along with proof of I.D.

http://www.intelius.com and http://pipl.com  You have to email them a photo of your drivers license to prove your identity. It must be in jpg or other photo format in order for them to accept it on the website.

http://peoplelookup.com  In order to remove your information, you need to fax them a copy of your drivers license. Details are in the ‘Privacy’ section at the bottom of the page.

http://www.anywho.com  Go to “Privacy Settings’ at the bottom of the page and fill out an opt-out request.

http://www.peoplesearch.com/PeopleSearch.aspx  Click ‘Privacy Policy’ at the bottom of the page and follow directions.

http://peoplefinders.com  You have to send them a letter in the mail. Go to ‘Contact Us’ at the bottom of the page for directions.

http://peekyou.com and http://www.mylife.com  Click ‘Contact Us’ at the bottom of the page and fill out an opt-out form.

Facebook - go to ‘Profile’ and ‘Edit Profile’ then ‘Privacy Settings’ on the left side. Make sure to put ‘Friends Only’ for all of your settings if you only want friends to view your profile and pictures.

Cell Phones - Many cell phone companies have released cell phone numbers to these sites. These sites will often make others pay a fee for your cell phone number, but by removing your record you will also remove your cell phone number.

Land Lines - In order to have your land line unlisted you need to contact your provider. Land lines are a public record and can be published in the phone books and whitepages.com. In order to remove your number from whitepages.com, follow the steps listed above.
Volunteer Opportunities!

Come out and enjoy Buffalo’s Summer Events and help Border Community SERVICE at the same time. We are participating in fairs/events and volunteers are needed to promote FEMA’s Ready Campaign material as well as Border Community SERVICE programs. Please contact Elizabeth H. Oddy at 716.851.4299 or ehoddy@bpdny.org if you are interested in volunteering. Thank you!

<table>
<thead>
<tr>
<th>EVENT</th>
<th>DATE</th>
<th>TIME</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Save Our Streets - Operation Clean Sweep - distribute information</td>
<td>July 13, 20, 27 August 10, 24, 31</td>
<td>8:30 AM – 1 PM</td>
<td>You will be notified of the meeting location</td>
</tr>
<tr>
<td>South District Senior Luncheon</td>
<td>July 16</td>
<td>9:30 AM – 1:30 PM</td>
<td>Cazenovia Community Resource Center - 155 Cazenovia Street</td>
</tr>
<tr>
<td>Day of Health - table event</td>
<td>July 19</td>
<td>10 – 2 PM</td>
<td>Response to Love Center - 130 Kosciuszko St.</td>
</tr>
<tr>
<td>The University District’s Pride Festival - table event</td>
<td>July 20</td>
<td>6 – 3 PM</td>
<td>University at Buffalo - SOUTH campus</td>
</tr>
<tr>
<td>National Night Out - table event</td>
<td>August 2</td>
<td>6 – 10 PM</td>
<td>Blocks all around Buffalo</td>
</tr>
<tr>
<td>Black Rock Canal Park Project - table event</td>
<td>August 13</td>
<td>8 AM – 1 PM</td>
<td>Ontario Street boat launch area, inside the park</td>
</tr>
<tr>
<td>Elmwood-Bidwell Farmers Market - table event</td>
<td>Sept. 17 Oct. 8, 15, 22, 29</td>
<td>8 AM -1 PM</td>
<td>Elmwood &amp; Bidwell green space</td>
</tr>
</tbody>
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Reminder - Contact Elizabeth H. Oddy at ehoddy@bpdny.org or 851-4299 if you are interested in attending the Team Building & Leadership Skills Enhancement Training to be held on Tuesday, July 26, 2011 at 5:30-7:30pm at Delaware park. Please RSVP by Monday, July 25th for meeting location.