Highlighted Programs:

- **Couponing Over 500 Online Classes**
- **Niagara County Law Enforcement Academy**
- **Tall Ship Cruise War of 1812**
Now you’ve done it!

You have picked up one of the most interesting catalogs in the area. As you look through the classes, you have to decide how many classes you want to take. Difficult choices! Picture yourself taking a computer class, online course, learning about finances, or taking ballroom dancing. This catalog has something for everyone.

Classes close out fast . . . register today 716-286-8181 or www.niagara.edu/ce.

You can also enroll in one of our 30+ undergraduate and graduate degrees, minors and certificates. If you are interested in learning more about day, evening and weekend credit courses, please visit www.niagara.edu/admissions.

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Register Today!
Classes Close Out Fast!

Think MORE!
Use this icon to find over 25 NEW courses!

This catalog was prepared with the information available at the time of publication. All information, including statements of fees, course offerings, and admission, is subject to change without notice or obligation. Niagara University reserves the right to cancel any course listed in this catalog, and to alter the title, description, times and dates of the same.
**Stained Glass for Beginners**
Make beautiful stained glass while learning the lead came and copper foil methods. Develop basic glass-cutting skills, how to solder foil seams, cement stained glass panels, utilize correct safety procedures and tools required. It's time to stop admiring and start creating!  
**Instructor:** Robert Muelbauer, craft specialist  
**Sat, Feb 4-Mar 3**  
(5 sessions)  
9-11:30 am  
$195 (includes supplies and safety goggles)  
Dunleavy Hall

**Intermediate Stained Glass**
Master and enhance your glass cutting skills, cementing, and soldering techniques while creating your own masterpiece! Learn methods of constructing glass boxes and lamps.  
**Instructor:** Robert Muelbauer, craft specialist  
**Sat, Mar 10-Apr 14 (excl 4/7)**  
(5 sessions)  
9-11:30 am  
$195 (includes supplies and safety goggles)  
Dunleavy Hall

**“After Hours” Oil Painting**  
(for students 16 years of age and older)  
If you are interested in oil painting but have a busy schedule, then this class is for you! An evening class will enable you to relax and unwind while expanding your creativity. Beginning and advanced students will easily learn the fundamentals and techniques of oil painting and how to use the materials. Supplies are available for purchase in the studio.  
**Instructor:** Ruth L. Thomas, oil and drawing artist  
**Thu, Feb 2-Mar 22**  
(8 sessions)  
7-9:30 pm  
$89  
Niagara Arts & Cultural Center, room 116  
1201 Pine Avenue, Niagara Falls

**Crochet**
It’s a wonderful thing and back in style. A great intro class that allows you to learn and create a legacy with your family. All you need for the first class is a K hook and light colored 4ply yarn. Usually less that $6 at any craft store. Sign up today and bring your friends! Ages 16 or older. Anyone younger must sign up with an adult.  
**Instructor:** Diana Reneau, crochet expert  
**Wed, Feb 8-29**  
(4 sessions)  
6-8 pm  
$24  
Dunleavy Hall

**Intermediate Crochet**
You have mastered the basics of crochet now on to the next step. Learn more complicated stiches and patterns. You will actually be able to create your own garment.  
**Instructor:** Diana Reneau, crochet expert  
**Thu, Feb 9-Mar 1**  
(4 sessions)  
6-8 pm  
$24  
Dunleavy Hall

**Earth Day Sculptures & Posters**
Celebrate Earth Day by creating 3-D sculptures from a wide variety of recycled materials. Also create an Earth Day poster to promote a clean & green lifestyle. Ages 10-17 must be accompanied by an adult.  
**Instructor:** Katie Foley, artist and art therapist  
**Tue, Apr 17**  
6:30-8 pm  
$29  
Dunleavy Hall

**Plaster Mask-Making**
Show off your inner creativity with mask making! In the first class, use a basic mold and plaster gauze strips to begin the mask making process. The second class is all about color and creativity as you add an assortment of embellishments to bring your mask to life. Ages 10-17 must be accompanied by an adult.  
**Instructor:** Katie Foley, artist and art therapist  
**Tue, Apr 24-May 1**  
(2 sessions)  
6:30-8 pm  
$54  
Dunleavy Hall

**Scrapbooking**
Take a month to finally get your scrapbook up to date! Assorted materials and creative instruction will be available to organize and assemble your treasured photos and memorabilia. Materials include acid-free papers, assorted embellishments, scissors, markers and templates. All you need to bring is your scrapbook and photos.  
**Instructor:** Katie Foley, artist and art therapist  
**Tue, Mar 6-27**  
(4 sessions)  
6:30-8 pm  
$98 (includes materials)  
Dunleavy Hall

**Hand Printmaking**
Explore the world of hand printed printmaking. Learn fundamentals and techniques of hand printing. Put your new found skills to use creating original works of art, cards, or use in scrapbooking. No supplies needed first night. Additional supplies to be discussed. Beginners to Intermediate.  
**Instructor:** Shawn Kosmala, artist  
**Tue, Feb 7-Mar 20**  
(7 sessions)  
7-9 pm  
$69  
Dunleavy Hall

**Papermaking**
Explore the process of creating hand-made paper. Learn the multi-step process of turning colorful paper pulp into beautiful sheets of paper. Use your unique creation to create a variety of projects from home-made cards, photo frames and journal/book covers. It's time to get creative. Includes all materials. Ages 10-17 must be accompanied by an adult.  
**Instructor:** Katie Foley, artist and art therapist  
**Tue, May 22**  
6:30-8 pm  
$29  
Dunleavy Hall

**Call to register** 716.286.8181
Beginning and Advanced Oil Painting Workshop
Create beautiful works of art in the popular art of oil painting. Designed so you can easily learn the fundamentals and techniques of oil painting, as well as how to use its materials. This step-by-step course provides individual critiques of the students’ oil work. Supplies are available for purchase in the studio. Special skills needed: a willingness to learn and be creative.
Instructor: Ruth L. Thomas, oil and drawing artist
Choose Tues or Wed mornings
Feb 7-Mar 28
(8 sessions)
10 am-12:30 pm
$89
Niagara Arts & Cultural Center, room 116
1201 Pine Avenue, Niagara Falls

Watercolor Painting
Bring your artistic talents to new levels. Whether you are a beginner or intermediate level, learn the fundamentals and new techniques of watercolor painting. No supplies needed first night. Additional supplies to be discussed.
Instructor: Shawn Kosmala, artist
Thu, Feb 2-Mar 15
(7 sessions)
7-9 pm
$69
Dunleavy Hall

Pottery for Teens
Create beautiful pottery using both hand-built and wheel-thrown techniques. Basic skills will be taught to create sculptures, bowls, vases, and tiles. Introduction to potter’s wheel. Learn process of creating pottery from clay to a completed glazed piece. Advanced students are given guidance while pursuing their own direction. Includes all supplies and glazing fees.
Instructor: Katie Foley, artist and art therapist
Section I: Mon, Jan 30-Feb 27
Section II: Mon, Apr 16-May 14
(5 sessions)
6:30-9 pm
$195
CreekSide Art & Pottery
2136 Swann Road, Ransomville

Pottery for Adults
Create beautiful pottery using both hand-built and wheel-thrown techniques. Basic skills will be taught to create sculptures, bowls, vases, and tiles. Introduction to potter’s wheel. Learn process of creating pottery from clay to a completed glazed piece. Advanced students are given guidance while pursuing their own direction. Includes all supplies and glazing fees.
Choose morning or evening.
Section I: Wed, Feb 1-29
Section II: Wed, Apr 18-May 16
(5 sessions)
10 am-12:30 pm or 6:30-9 pm
$195
CreekSide Art & Pottery
2136 Swann Road, Ransomville

Paper Iris Folding
Learn a beautiful paper craft technique. Fold and layer colored papers to create a beautiful pattern. Your finished designs can be framed, used in scrapbooks, or as dramatic greeting cards. Bring scissors and 2 sided tape.
Instructor: Iesa Erck, craft enthusiast
Thu, Apr 26
6:30-8:30 pm
$24
Dunleavy Hall

Origami for Beginners
Have you ever wanted to learn the ancient art of paper folding? Learn the basic origami folds and bases to create everything from animals to geometric solids. Create sculptures from a simple sheet of paper. This great hobby has no bounds.
Instructor: Bill Price origami enthusiast
Thu, Mar 15
6-8 pm
$19
Dunleavy Hall

Modular Photo Cube Keepsake
Create a one-of-a-kind photo memory cube using 6 of your favorite photos. Learn a modular paper folding technique to display photos of your loved ones or favorite vacations. Photos will be laminated in class to protect them. A great gift idea too! Ages 8 and up. Children must have adult present.
Supplies needed: six 4x6 photos, scissors, 2-sided tape
Instructor: Iesa Erck, craft enthusiast
Thu, May 3
6:30-8:30 pm
$24
Dunleavy Hall

Beginning Needle Felting
Use barbed needles and wool roving to produce two beautiful needle felting projects to call your own. Create a pin or ornament as well as a pin cushion using wool roving and a small vessel which will be provided. You will take home your projects as well as tools and equipment.
Instructor: Iesa Erck, craft enthusiast
Thu, Apr 12-19
(2 sessions)
6:30-8:30 pm
$29 (includes materials)
Dunleavy Hall

Learn More.
learn more at www.niagara.edu/ce
Byzantine Chain Maille for Everyone
Create a beautiful Byzantine-style earring and bracelet set using the old chain maille armor style technique. Learn the history of chain maille and its many uses. Just bring a pair of smooth, flat needle-nosed pliers. Everything else will be supplied.
Instructor: Marie Erck, artisan
Thu, May 3-10
(2 sessions) 6:30-8:30 pm
$39
Dunleavy Hall

Beginning Seed Bead Jewelry Making
Create two intricate bracelets after learning the daisy chain and spiral beading techniques with size 11 seed beads. The possibilities for creativity and gift giving are endless! Just bring your scissors and reading glasses—these beads are small. Everything else will be provided.
Instructor: Marie Erck, artisan
Thu, Apr 12-26
(3 sessions)
6:30-8:30 pm
$39
Dunleavy Hall

Quilting For Beginners
Learn the basics of quilting while creating a beautiful table runner to cherish forever. Learn about fabric quality, rotary cutting, patchwork piecing, easy machine quilting, and binding techniques. Supply list: flat headed pins, scissors, cutting mat, ruler, rotary cutter, 3 coordinating fabrics 1/2 yard each, sewing machine (optional).
Instructor: Marilyn Harbison, experienced quilter
Sat, Feb 4-25
(4 sessions)
9-11 am
$39
Dunleavy Hall

Intermediate/Advanced Quilting
Take your quilting a step further. Learn paper piecing techniques and the applique process to create your masterpiece. Use these techniques to complete a class project or bring your own project to work on. Supply list: flat headed pins, scissors, cutting mat, ruler, rotary cutter, 4 coordinating fabrics 1/4 yard each, sewing machine (optional).
Instructor: Marilyn Harbison, experienced quilter
Sat, Mar 3-24
(4 sessions)
9-11 am
$39
Dunleavy Hall

Jewelry Making: Step it Up a Notch
Do you want to take your jewelry making skills a step further? This class will teach you the basics of pattern design, bead compliment, and crimping. In an evening you will leave with a beautiful one-of-a-kind toggle bracelet of your own creation.
Instructor: Kris Trunzo, mixed-media artist
Tue, Feb 7
6-8:30 pm
$59 (includes all materials)
Artzee, 549 Center Street
Lewiston, NY

Jewelry Making: Chandelier Earrings
Design your own one-of-a-kind long trendy earrings like you see in all the fashion magazines. You won’t see a duplicate pair of dangle earrings anywhere on the street.
Instructor: Kris Trunzo, mixed-media artist
Tue, Feb 21
6-8 pm
$44 (includes all materials)
Artzee, 549 Center Street
Lewiston, NY

Glass Painting-Dress Up Your Wine
Open up an area of personal, decorative gift giving opportunities. Learn the basic concepts of glass paint application and design. You will transform a pair of wine glasses into your own masterpiece.
Instructor: Kris Trunzo, mixed-media artist
Tue, Feb 28
6-8:30 pm
$44 (includes all materials)
Artzee, 549 Center Street
Lewiston, NY

Glass Painting-Flower Vase Art
Learn to paint on glass with bakeable enamel paints to create a beautiful hand painted flower vase. With these newly found talents, you will never be at a loss for creating special gifts for loved ones.
Instructor: Kris Trunzo, mixed-media artist
Tue, Mar 6
6-8:30 pm
$44 (includes all materials)
Artzee, 549 Center Street
Lewiston, NY

Glass Painting-Martini Madness
Turn a pair of martini glasses into a work of art in one evening. You will learn the basics of painting on glass. A great money saver for giving personal gifts. Includes all materials.
Tue, Mar 13
6-8:30 pm
$44 (includes all materials)
Artzee, 549 Center Street
Lewiston, NY

call to register 716.286.8181
Introduction to Floral Arranging, Design Tips, and Bow Making
Join us for a hands-on experience that will show you how to transform a bouquet of flowers from the local market into an eye-catching custom arrangement for your home or to give as a gift for a special occasion. You will learn the building blocks of floral arranging and how to make your own beautiful bow the first evening. Materials needed for second session will be discussed in detail (scissors, pairing knife, bouquet, and ribbon). Materials provided include container, oasis, floral tape, floral wire, and practice ribbon.

Instructors: Diane Woodcock and Lorelei Luther, craft enthusiasts
Wed, Jun 6-13
(2 sessions)
6-8 pm
$49
Dunleavy Hall

Flower Pressing to Impress
Preserve your garden flowers and turn them into beautiful keepsakes and gifts. The process of drying your garden flowers using wooden flower presses will be demonstrated in session 1. Students will bring their own garden flowers for pressing in session 2. In session 3 students will open the presses and create keepsakes or gifts using their dried flowers. Use of wooden flower presses and materials for pressing them will be provided. Students will be required to provide their own materials for creating the keepsakes. Materials discussed in detail session 1.

Instructors: Diane Woodcock and Lorelei Luther, craft enthusiasts
Wed, Jun 20-Jul 11 (excl 7/4)
(3 sessions)
6-8 pm
$49
Dunleavy Hall

Paralegal Certificate Course
This intensive, nationally acclaimed program is designed for beginning as well as advanced legal workers. Students will be trained to interview witnesses, investigate complex fact patterns, research the law, and assist in preparing cases for courtroom litigation. The practice-oriented instruction relates to the areas of law in which paralegals are most in demand. Students will be expected to complete a significant amount of homework for each session. This program will help students increase their office’s efficiency, productivity, and billable hours, as well as learn new marketable job skills. Graduates will be awarded a Certificate of completion after passing six quizzes and completing five legal document writing assignments.

Tue, Thu, Sat
Mar 27-May 19 (excl. 4/3-4/7 & 5/8-5/12)
Tue & Thu 6-9:30 pm, Sat 9 am-5 pm
$1189 (does not include books)
Dunleavy Hall
Books: Must be ordered through the Center for Legal Studies at 1-800-522-7737

Start Your Own Small Business
Learn how to take your dream of starting a business and put it into action. In this class, you’ll learn everything you need to know about starting a business. You’ll begin by discovering the tricks to picking the right opportunity for you. Next, you’ll learn how to develop proven marketing techniques to easily build sales. Since every business needs money, we’ll discuss traditional and nontraditional financing options. Finally, you’ll learn easy-to-implement employee-management procedures and how to write business policies that help you build your business.

Open 24/7 course is 6 weeks
Start dates: Jan 18, Feb 15, Mar 21, Apr 18, May 16
Fee $125
Online at www.niagara.edu/ce-online

Notary Public Preparation Class
Get prepared for the NYS Notary Public examination using actual case studies and materials that will familiarize you with notarial documents and test-taking skills. Enhance your resume and productivity for your business or employer as a Notary Public.

Instructor Cynthia Coney-Trowman NYS Notary
Sat, Mar 10
9 am-noon
$39
Dunleavy Hall

Easy Accounting for the Home or Career
Did you know the average salary of secretarial accountants in Buffalo is $31,000? Learn principles of the accounting cycle, terminology, general ledger and financial statements. Don’t be confused by worksheets, adjusting entries or any other term that has always puzzled you. No experience needed in accounting to get your career moving.

Instructor: Dominick Oliver, experienced instructor
Tue, Feb 7-Mar 27
(8 sessions)
6:30-8:30 pm
$79
Dunleavy Hall

Here Comes the Sun! Solar Electric Power – Features, Advantages, and Incentives
How do you get a 30% tax credit? Be an energy producer! Your house or business can produce Solar Electric Power Systems and this course will give you the basics. Taught by a professional in the field, you will learn about the principals of getting started and why Buffalo is a good climate for solar power. Federal and State rebates will be discussed as well as ways to GO GREEN.

Instructor: Deborah Zarbo, solar systems engineer
Thu, Apr 19-May 3
(3 sessions)
7-9 pm
$29
Dunleavy Hall

Think More.
* Continuing Education coordinates and hosts conferences for groups, such as the Buffalo Sabres and high school Advanced Placement teachers.

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Microsoft Office Certificate
Take all 5 classes or sign up for the class you need. Advance your career and use all the knowledge you gain in these classes to utilize your computer to its fullest. Learn all the latest tips and tricks and get all your questions answered. Register for all five classes for only $220 and save money (a $25 savings!)

Instructor: Gordon Slipko Jr., computer expert
Sat, Feb 4-Mar 3
9 am-noon
$220
Dunleavy Hall, room 131

Windows: Maximizing Your Computer
Learn tips and tricks that will save you thousands of hours. Experienced or new users will discover how to run several programs simultaneously, share information and maximize desktops. A must for all computer users! You will be using menus, folders, and dialog boxes to their fullest potential.

Sat, Feb 4
$49

Word: An Introduction
Create, delete, move, cut, copy, paste and produce amazing documents in minutes. Properly learn how to handle multiple pages of a single document that will look professional. Also, learn some creative tips for adding graphics during hands-on exercises. Feel free to bring sample documents to class that you want to make better.

Sat, Feb 11
$49

Excel I: Tips, Tricks and Basics
Learn shortcuts and tricks for setting up fully formatted worksheets with ease. Discover secrets behind writing powerful formulas, using functions, and analyzing data. Create custom charts, macros and custom toolbar buttons. Topics will be addressed according to student interest and ability.

Sat, Feb 18
$49

Excel II: Advanced
Get more tips, tricks and learn what else you can do in this advanced class. Review calculations and built-in functions, and then learn to create more complex formulas. Link data between spreadsheets, pivot tables or charts and properly print advanced spreadsheets. Excel I is not required, but all students should have basic Excel knowledge.

Sat, Feb 25
$49

Power Point: Presenting the Best
Create powerful presentations and slide shows to enhance your marketing and sales efforts. Learn how to develop an outline and pick a look for your slide show. Add or rearrange your slides; format text; preview, run, and print your handouts for your best presentation. Everyone needs to know this program!

Sat, Mar 3
$49

QuickBooks 2011
Use the power of QuickBooks 2011 software to take control of your business finances! You’ll learn how to set up a chart of accounts, pay bills, invoice customers, create receipts, and reconcile your checking account. In addition, you’ll discover how to track your accounts payable and receivable, manage your assets, control inventory, and generate estimates and reports. A perfect class for beginners or experienced QuickBooks users, and it’s also ideal if you’re a Quicken user who’s seeking a more traditional approach to accounting.

Open 24/7 course is 6 weeks
Start dates: Jan 18, Feb 15, Mar 21, Apr 18, May 16
Fee $125
Online at www.niagara.edu/ce-online

Computer for Absolute Beginners
Take the mystery out of computers and feel comfortable using one. This hands-on class lets you sit in front of a computer and learn about hardware, software, memory, and basic Windows operations. Don’t let the computer world “surf” by you. Sign up today!

Instructor: Chester Barosky, technology trainer
Sat, Feb 11-25
(3 sessions)
10 am-noon
$59
Dunleavy Hall, room 131

Business & Computers

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Email: admissions@niagara.edu

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Education That Makes a Difference
Internet for Everyone
Wish you could find the answer to every question? Wondering what everyone is talking about when the mention “twitter”? Want to connect to old friends, but don’t know how? In this class you will learn the key features of the Internet- Ask, You Tube, Ebay, Face Book, Twitter, Wikepedia, Flickr, and Google. Discover the power of the internet! It’s more than just for Email!
Instructor: Sandra Davis, computer trainer
Wed, Feb 22-29
(2 sessions)
6:30-8:30 pm
$39
Dunleavy Hall, room 131

Photoshop
Are you interested in graphic design, transitioning to digital photography or learning the essential skills for this industry-standard program? Learn Photoshop by completing a series of real world projects which include learning digital imaging basics; preparing images for print or the web; fixing imperfections; compositing multiple images using layers; working with layer masks and more. A great class for anyone interested in improving their photos. Ideal for designers, photographers, marketers and anyone pursuing a career in graphic design. Training is in a Mac lab but Windows users will find that Photoshop works almost precisely the same way on their PC. No prior experience with Photoshop is needed, but student should be experienced with basic computers and software programs. Learn step-by-step how Professional Graphic Designers and Photographers use Photoshop on a range of projects. Space is limited.
Instructor: Donald Trainor, computer expert
Mon, Feb 13-Mar 19
(6 sessions)
7:15-10:15 pm
$295
Dunleavy Hall, room 122

Photoshop Advanced
Taking your images to the next level. Are you interested in building on your existing knowledge of Photoshop to give your images a much more professional and polished look? Learn advanced Photoshop techniques by completing a series of real world projects which include creating complex selections; working with the pen tool and paths; automating workflow with Actions; adding vector shapes and masks; using Smart Objects and more. Ideal for designers, photographers, and anyone pursuing a career in graphic design. Training is in a Mac lab but Windows users will find that Photoshop works almost precisely the same way on their PC. Students must have a basic knowledge of Photoshop including working with layers. Learn step-by-step how Professional Graphic Designers and Photographers use Photoshop on a range of projects.
Instructor: Donald Trainor, computer expert
Mon, Apr 2-23
(4 sessions)
7:15-10:15 pm
$195
Dunleavy Hall, room 122

Learning Web Design with Dreamweaver
Are you looking to get into web design, maintain a current website or learn the essential skills for this industry-standard program? Learn Dreamweaver by building a website from the ground up. Focus on using standards to ensure interoperability, accessibility and usability; managing websites using Dreamweaver; incorporating images and media files; using Cascading Style Sheets (CSS) and more. Developed for people new to web design and ideal for designers, business owners who need a web presence, marketers and anyone who wants to go beyond expensive, cookie cutter web design services. Training is in a Mac lab but Windows users will find that Dreamweaver works almost precisely the same way on their PC. No prior experience with Dreamweaver is needed, but student should be experienced with basic computers and software programs. A basic knowledge of Photoshop or other image editing software is helpful but not required. Learn step-by-step how Professional Web Designers use Dreamweaver to create attractive, usable websites. Space is limited.
Instructor: Donald Trainor, computer expert
Wed, Feb 15-Mar 21
(6 sessions)
7:15-10:15 pm
$295
Dunleavy Hall, room 122

Blogging for Money
Is blogging your hobby? Do you blog for business or for fun? You’ve never blogged at all, but you always wanted to. Well find out the secrets of how you can use your blog for income. Create moneymaking blog posts using search engine keywords. Learn the skinny on search engine basics, audience attraction and how Google and other advertisers can help you generate clicks that turn into cash. Create a lucrative stream of income from your blog posts. Beginner and intermediate students are welcome!
Instructor: Miko Holt, professional blogger
Wed, Apr 4-18
(3 sessions)
7:15-9:15 pm
$39
Dunleavy Hall

Web Content:
Tips, Tricks, Moneymaking Secrets
You don’t have to be a web connoisseur to make money from your website. Sharpen your writing skills during this course and learn the inside moneymaking secrets of website content. Explore keyword search secrets and learn how to format keyword rich content articles. Create web copy and learn how it pays you to write. Explore keyword rich content, top moneymaking websites, internet legalities, Google search engine “not so common knowledge” and the low-down on image, page titles and how links can help you create a website that is informative and generates revenue.
Instructor: Miko Holt, professional blogger
Wed, Apr 25-May 9
(3 sessions)
7:15-9:15 pm
$39
Dunleavy Hall

See More. “I learned to see things from a different set of lenses.”
- Michael D.

learn more at www.niagara.edu/ce
Adobe InDesign Essential Skills
Are you interested in graphic design, creating professional quality newsletters and brochures or learning the essential skills for this industry-standard program? Learn InDesign by completing a series of real world projects which include learning essential design skills; adding text and graphics; using styles for typography and paragraph formatting; creating multi-page documents; saving as PDFs and more. A great class for designers, marketers and anyone pursuing a career in graphic design. Training is in a Mac lab but Windows users will find out that InDesign works almost precisely the same way on their PC. No prior experience with InDesign is needed, but students should be experienced with basic computers and software programs. Learn step-by-step how Professional Graphic Designers use InDesign on a range of projects.
Instructor: Donald Trainor, computer expert
Sat, Feb 18-Mar 10
(4 sessions)
9 am-noon
$199
Dunleavy Hall, room 122

Saving Money with the Internet
Discover all the savings possible on-line! Buy $25 gift certificates for your favorite restaurants for only $2! Purchase jewelry for a fraction of the costs! Print coupons to cut your grocery bills in half! Save on favorite family activities with the power of group buying! You will be amazed how easy it is to save money using the internet. Pre-requisite: Must have an email account. Facebook account is recommended.
Instructor: Sandra Davis, computer trainer
Wed, Mar 14-21
(2 sessions)
6:30-8:30 pm
$39
Dunleavy Hall, room 131

Google Sites: Create and Manage Your Own Website
Are you looking to make a website for your special event, organization, business or just for yourself? Google Sites is a free web tool that allows you to easily create and update your own website. Learn how to use Google Sites to create a new site, customize a template to fit your needs and then add text, photos and attachments—all without knowing any HTML. Share your new site with a few people, your entire organization, or everyone on the Web. This class is ideal for small business owners, teachers, marketers and anyone looking for an easy way to have a presence on the Web. No prior experience with Google Sites is needed, but students should be experienced with basic computers and software programs. To get the most out of the class, students should bring ideas and content (text and images) for their site on a flash drive.
Instructor: Donald Trainor, computer expert
Sat, Mar 17
9 am-noon
$59
Dunleavy Hall, room 122

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Geographic Information System (GIS)

Instructor: Gregory R. Coniglio: ESRI Authorized Instructor; over 10 years of GIS experience

ArcGIS Desktop I: Getting Started with GIS
May 17 & 18
8:30 am-4:30 pm
$795 (includes all materials, instruction and lunch)

Explore the foundation for understanding what Geographic Information System (GIS) is, what it can do, and how others are using it. Learn the basic functions of a GIS, why a GIS database is so powerful, and why mapping is important. With hands-on exercises, you work with geographic data, create maps, and solve geographic problems using a systematic approach. Designed specifically for people new to GIS and ArcGIS, infrequent users of ArcGIS and participants who do not have a GIS background.

Goals: After completing this course, you will be able to:
- Understand what GIS is, what it can do, and how others are using it.
- See how your organization can benefit from a GIS.
- Create a basic GIS map.
- Work with different types of geographic data.
- Access information about geographic datasets and features.
- Apply a systematic approach to analyzing data in order to find patterns and relationships.

ArcGIS Desktop II: Tools and Functionality
Jun 13-15
8:30am - 4:30pm
$895 (includes all materials, instruction and lunch)

Get introduced to the fundamental concepts of ArcGIS Desktop software and teaches how to use it to visualize, create, manage, and analyze geographic data. In course exercises, you will use ArcGIS tools to perform common GIS tasks and workflows. By the end of the course, you will understand the range of ArcGIS Desktop functionality and be prepared to work with the software on your own to create GIS maps, work with geographic data, and perform GIS analysis.

After completing this course, you will be able to:
- Create a file geodatabase to store and manage geographic data.
- Create and edit geographic data to accurately represent real-world objects.
- Explore geographic data in ArcMap.
- Classify, symbolize, and label map features to improve map visualization and interpretation.
- Create data by geocoding addresses.
- Query and analyze GIS data to support decision making.
- Create maps to share with others.

Basic EMT Original

Get introduced to basic life support knowledge, skills and concepts as recognized by the New York State Department of Health. Upon successful completion of the course and a state practical skills examination, the student will be allowed to sit for the NYSDOH written certification examination. Course content includes the legal aspects of emergency care, medical and trauma assessment, blood-borne pathogens and universal precautions, airway management and adjunct usage pharmacology and emergency medication administration, CPR and Automatic External Defibrillation, hemorrhage control, spinal immobilization, fracture management, hazardous materials awareness, childbirth, weapons of mass destruction awareness, and environmental and medical emergencies. Students successfully completing the course will be issued certificates by Niagara University and the American Heart Association for their CPR and AED certification cards.

Tue & Thu, beginning Jan 24
6:30-9:30 pm
$700 Free for students eligible for funding*
Niagara University
Dunleavy Hall, room 103
NYS written exam dates Mar 15 or May 17

Basic EMT-D Refresher/Challenge

A training program designed to be adaptable to the needs of the recertifying basic EMT-D whose certification has not expired or the basic EMT whose certification has lapsed. Each student is required to complete a challenge exam, after which the student’s performance is reviewed and an individual needs program is developed. Upon successful completion of the course and a state practical skills examination, the student will be allowed to sit for the NYSDOH written certification examination. This course challenges as well as prepares the basic EMT to recertify. It presents a general overview of the Basic EMT Original curriculum while bringing the student up-to-date with recent NYS standards and protocols.

Tue & Thu beginning Jan 24
6:30-9:30 pm
$350 Free for students eligible for funding*
Dunleavy Hall, room 103
Challenge Examination
Tue, Jan 24

Requirements for EMS Students:

All EMT students prior to clinical rotation (hospital or ambulance) must supply a physician statement indicating that they are free from health impairments, which may pose a risk or interfere with their duties. Each student is also required to provide proof of PPD (mantoux) skin test within one year, Td (Tetanus – diphtheria) booster within ten years and proof of immunity against measles (Rubella) and German measles (Rubeola).

Attendance and Textbooks:

Attendance is mandatory at all sessions. Students are required to purchase textbooks which are available at the University Bookstore.

Materials: Students must provide own stethoscope, pen light, blood pressure cuff, and pocket mask

- Registered nurses (RNs) seeking to complete their Bachelor of Science in Nursing (BSN) may apply for Niagara’s nursing completion program.

Learn more at www.niagara.edu/ce
Beating the Sugar Blues
Is it time to say good-bye to the 3 pm slump? Want to feel energetic and not rely on sugar and artificial stimulants on a daily basis? Learn how to permanently change your relationship to sugar. In this workshop you’ll learn: the top ways sugar is negatively affecting your health and happiness; how cravings are part of the solution - not the problem; tips to eat foods you enjoy and not deprive yourself; to understand how your lifestyle affects your cravings and your first steps to take back control of your life and health. Learn how to use natural sweeteners to feel satisfied and guilt free. Samples and recipes provided!
Ami Patrick, holistic health coach
Tue, Apr 24
6:30-8 pm
$19
Dunleavy Hall

Detox the Healthy Way: Using Whole Foods and Natural Supplements
Did you know that more than 6 billion pounds of chemical pollutants are released into the environment each year? Toxins that accumulate in your organs, tissues and blood, cause unpleasant symptoms and can lead to the development of serious chronic diseases. Just like your car needs a regular oil change to run well mile after mile, your body needs regular cleansing to feel well year after year. Learn how a detox program may help you address your health goals. Find out how a whole foods-based detox is different than fads, gimmicks and expensive products. In addition, discover tips to incorporate into your daily routine to support detoxification on a regular basis.
Ami Patrick, holistic health coach
Tue, Feb 28
6:30-8 pm
$19
Dunleavy Hall

Pediatric Advanced Life Support (PALS)
PALS is designed for pediatricians, emergency physicians, family physicians, physician assistants, nurses, nurse practitioners, paramedics, critical care (cc’s), respiratory therapists, and other healthcare providers who initiate and direct advanced life support in pediatric emergencies. The goal of the of Pediatric Advanced Life Support course is to aid the pediatric healthcare provider in developing the knowledge and skills necessary to efficiently and effectively manage critically ill infants and children, resulting in improved outcomes. Skills taught include recognition and treatment of infants and children at risk for cardiopulmonary arrest, the systematic approach to pediatric assessment, effective respiratory management, defibrillation and synchronized cardioversion, intravenous access and fluid bolus administration, and effective resuscitation team dynamics. PALS emphasizes the importance of basic life support CPR to patient survival; the integration of effective basic life support with advanced pediatric life support interventions. Students engage in simulated clinical scenarios that encourage active, hands-on participation through learning stations where students will practice essential skills individually, as part of a team, and as team leader.

Instructors: Rural/Metro Medical Services. Comprised of physicians, PA’s, NPs, RN’s and paramedics.
Sat & Sun, Mar 24-25
8:30 am-4:30 pm
$145 includes books and materials
Helping you help your loved one - Long Term Care options

Making the decision to put a loved one into a Nursing Home or Long Term Care facility is very difficult, and requires a great deal of knowledge in order to choose the right fit. You will walk through the process from beginning to end, educate classmates on all of the facilities in the area, and the services they offer. Additionally, we will work with the Medicare/Medicaid Nursing Home checklist, as well as review steps in the counseling process for your loved one.

Instructor: Kathryn Corasanti, healthcare expert
Mon, Feb 6-27
(4 sessions)
6:30-8:30 pm
$19
Dunleavy Hall

Gentle Vinyasa Yoga (new location)
A flow class that is appropriate for those with little or no experience with yoga or those who prefer a slower pace. Demonstration of poses given. Emphasis is on alignment, breathing, building strength and balance. Class will begin with breathing exercises, move into the physical practice, and finish with relaxation/meditation. Session II will build upon skills and poses learned in Session I. Yoga mats, blocks, bolsters, blankets and straps are provided, or students can bring their own.

Instructor: Stephanie Currie, certified yoga instructor
Section I: Wed, Feb 1-Mar 21
Section II: Wed, Apr 4-May 23
(8 sessions)
7-8 pm
Tree of Life Studio
1517 Main Street, Niagara Falls

Defensive Driving Course
Offers 10% discount on auto insurance. Niagara University offers defensive driving courses in association with the New York Safety Program. Completing the course entitles you to a 10% discount on your automobile insurance premiums in the state of New York each year for three consecutive years. The Department of Motor Vehicles will also deduct up to four points from your driving record if points were assigned in the last 18 months. Certain restrictions apply to the point reduction privilege. Niagara University urges all drivers, whether youthful, experienced, or mature, to take this six-hour defensive driving course.

Instructors: NYSP certified teachers
Saturdays
Feb 11, Mar 10, Apr 21, May 12
9 am-3 pm
$35
Dunleavy Hall, room 103

Delish Nutrish Wellness Series: Embrace Your Best Self Through Whole Living and Whole Foods

Delish Nutrish is a 5-week wellness series, featuring cooking demonstrations and tastings, take home recipes and grocery shopping lists, nutritional benefits, lifestyle tips and much more! The focus is on using whole foods and nutrition to optimize well being, address chronic conditions and reduce the need for prescription medications, feel younger in spirit, reach a happy weight, eat for energy and address cravings for sugar and artificial stimulants.

Each week features a different theme: Grains, Greens/vegetables, Beans and Plant-Based Protein, Appetizers, Snacks and Dips and Indulgent Treats. You will leave with a wealth of information. Most importantly, you will find support and motivation to embrace a happy, healthy and balanced life in a fun way, free of deprivation and guilt. This is a life-changing series...get ready to feel your best!

Ami Patrick, holistic health coach
Tue, Mar 6-Apr 3
6:30-8 pm
(5 sessions)
$59
Dunleavy Hall

Reiki Level I
Reiki is a form of meditation that can raise confidence levels, tolerance, and sharpen your memory. It can also relieve stress and strain and aid in lessening depression. You will be introduced to Reiki and its effects as well as the five elements that balance our body. Yoga poses are not necessary, Reiki can be practiced sitting in a chair!

Instructor: Dr. Harpal Sodhi, Reiki instructor
Sat, Feb 4
8 am-2 pm
$99
Niagara Arts and Cultural Center, room 238
1201 Pine Avenue, Niagara Falls, NY

Reiki Level II
Reiki is life energy in nature that heals and energizes through meditation. Second level Reiki is distant Healing. Learn Reiki symbols, uses and function to heal present, past and future. Yoga poses are not necessary. You can practice Reiki sitting in a chair.

Instructor: Dr. Harpal Sodhi, Reiki instructor
Sat, Feb 11
8 am-2 pm
$99
Niagara Arts and Cultural Center, room 238
1201 Pine Avenue, Niagara Falls, NY

Health and Wellness
Grow More.
- You can earn your undergraduate and master’s degrees in just five years with our combined programs in accounting (BBA/MBA), criminal justice (BS/MS), and commerce (BS/MBA).

learn more at www.niagara.edu/ce
**Sign Language**

Today, signing is a growing language, and is seen more and more in the media. This course will cover an introduction to basic American sign language communication emphasizing basic level signs, words and phrases, finger spelling, grammatical sign principles, and cultural information.

*Instructor: Kathy DuBois, experienced sign language instructor*

Sat, Mar 10-May 5  
(8 sessions)  
9-11 am  
$69  
Dunleavy Hall

**SAT/ACT Preparation**

Making the decision to attend college is probably one of the most important decisions you'll ever make, and your performance on college entrance exams is instrumental in determining your college choice. Universities and colleges throughout the U.S. require applicants to take the SAT or ACT as part of their evaluation package. This course will prepare you for both tests.

*Open 24/7 6 weeks  
Start dates: Jan 18, Feb 15, Mar 21, Apr 18, May 16  
$125  
Online at www.niagara.edu/ce-online*

**That JAZZ is Cool**

If you have experience playing guitar, now get into the real cool stuff by learning JAZZ. You will learn from one of the best in the area and will gain knowledge of great jazz concepts (comping, soloing, walking bass lines, and chord melody). A basic understanding of chords and scales is required for this class. Don't let this class pass you by because . . . That JAZZ is Cool.

*Instructor: Jamie Holka, professional musician, www.jamieholka.com  
Mon, Feb 7-Apr 16  
(8 sessions)  
7-9 pm  
$99  
Dunleavy Hall*

**Beginner Ballroom Dancing**

Don't be a wallflower at your next dance, wedding, or party! If you've always wanted to learn how to ballroom dance, this is the right place for you. Learn to dance for fun and fitness! This course on social dancing will get you on the dance floor in no time as you learn your smooth and Latin dances.

*Instructor: Joevene Viola, dance teacher.  
Thu, Feb 16-Apr 26 (excl 4/5)  
(10 sessions)  
7-8 pm  
$79  
Gallagher Center Multipurpose Room*

**Great Digital Photos-Digital Photography**

Discover how to stop taking digital snapshots and start creating photographs with the WOW factor. Discover your inner creativity through the basic principles of photography in simple, down-to-earth language. Practice what you discover through the weekly photographic assignments. If you love to take pictures, bring your digital camera and find out how creative you can be.

*Instructor: Chester Barosky, technology trainer, digital photographer  
Sat, Apr 14-May 5  
(4 sessions)  
10 am-noon  
$39  
Dunleavy Hall*
“Gardening with Rich”
Rich has been gardening for more than 30 years in western New York. What began as a hobby has become something of an obsession and his latest interest is Japanese style gardening. Rich is a perennial garden tour of WNY participant and has his garden has been mentioned as a must see garden.
Tuesdays from 7-9 pm Dunleavy Hall

Japanese Gardening
Turn an area of your garden into a tranquil oasis. You will review simple getting started projects like rock gardens, dry stream beds and adding stone statuary to your landscape. Learn which trees and shrubs are suitable, what project is right for you and how to get started.
Tue, Mar 6
$19

Rock Landscaping
Creative ways to use rock gardening for your pond, patio, rock walls, focal points, dry stream beds and more. We will cover both the ideas and the sources for inexpensive materials you can use for your project.
Tue, Mar 13
$19

From Trash to Treasure
Great ideas to transform your garden and give it unique character with “found” items. You will leave the course looking forward to garbage day as you find a new home for old tools, plumbing supplies, footwear, ladders and other items in your backyard.
Tue, Mar 20
$19

Edging Your Gardens to Show Them Off
Ever wonder how to make your beds look really sharp. It’s all in the details. We will discuss easy ways to make your existing beds really shine using simple techniques including brick, cut edge and stone borders.
Tue, Mar 27
$19

Great Shrubs and Plants for WNY
An overview of some of the best and most interesting plants for your garden that thrive in Western New York’s harsh environment. We will talk about what these plants need for growing well including planting, feeding and exposure and you will be able to confidently pick the next new addition to your garden.
Tue, Apr 3
$19

Taking the Fear Out of Pruning
Almost everyone is scared of pruning but it is easy to lean and simple to do. Learn the basics of when and how to prune your shrubs and trees to make sure you maximize your investment. A few simple tips will have your plants looking their best.
Tue, Apr 10
$19

Garden Tours in Western New York
Did you know Western New York has some of the best garden tours in the United States. We will review the neighborhood tours and dates, and focus on the Buffalo Garden Tour which is the largest in the country with over 500 gardens. Included will be tips and tricks for seeing the best for seeing the best of the 2 day Buffalo tour. Take your camera and get some of the coolest ideas for free!
Tue, Apr 17
$19

Container Gardening
Learn the basics of creating a great container garden. We will cover containers, plants and compositions to help you get started.
Tue, Apr 24
$19

Intermediate Ballroom Dancing
This course is a continuation of Beginner Ballroom Dancing, offering more advanced steps with added patterns and styling. You will learn both ballroom smooth and Latin dance steps with emphasis on floor craft and technique. Make your social dancing more interesting and lots of fun.
Instructor: Joevene Viola, dance teacher
Thu, Feb 16-Apr 26 (excl 4/5)
(10 sessions)
8-9 pm
$79
Gallagher Center Multipurpose Room

Vegetable Gardening for Beginners
Discover the steps it takes to prepare and harvest your vegetable bounty. Uncover ways to feed and take care of unwanted visitors without harming your garden. Find out all the options you have in creating your garden and putting it to bed for the winter.
Instructor: Janet Zehr, garden enthusiast
Sat, May 5
10 am-noon
$19
Dunleavy Hall

Crime Hotspots
Have you ever avoided an entire neighborhood for fear of becoming a victim of crime? You might be surprised to learn that even high-crime neighborhoods are virtually crime-free. There are only small pockets of crime and these pockets are quite predictable. Find out more about crime and victimization patterns and how police departments use this information to optimize the deployment of scarce resources. You will also learn about the steps that you can take to avoid becoming a victim of street crime.
Instructor: David Taylor, Associate Professor of Criminal Justice
Tue, Apr 24
6-8 pm
$29
Dunleavy Hall

Learn more at www.niagara.edu/ce
CSI Niagara-Fingerprinting
Is the CSI show truly accurate when it comes to fingerprinting? Can they really “lift my fingerprint” from a coffee cup, car, or recover prints off paper? What do forensic investigators look at when they examine a fingerprint and is it truly unique? In this hands-on class, you will learn the purpose of fingerprint identification and how to locate, identify, and compare fingerprints. Get your hands dirty by actually learning how to properly roll a set of classifiable fingerprints and determining the basic classification. A fun class that will allow you to impress your friends next time you watch CSI.
Instructor: John Marotta, retired police officer
Tue, Mar 6-27
(4 sessions)
6-8 pm
$49
Dunleavy Hall

War of 1812
Commemorative History Cruise
Join us for an exciting, historical daytime cruise on the Tall Ship Empire Sandy to commemorate this year’s 200th anniversary of The War of 1812. We’ll sail from Port Dalhousie on Lake Ontario to the lower Niagara River and reflect upon the series of battles and skirmishes that collectively made up the infamous war which occurred between 1812 and 1814. Noted historian, professor and author Wesley Turner will provide the commentary for this unique cruise on the historic river that witnessed some of the most impacting and eventful aspects of the War of 1812. The cruise will embark from Port Dalhousie, East Pier, at 10:30 a.m. (boarding time 10:00 a.m.) and includes refreshments upon boarding, a full-course meal in the mid-afternoon, and dessert and coffee/tea. NOTES: The ship sails rain or shine. The distance covered throughout the trip is directly dependent upon current, wind and weather conditions and is at the sole discretion of the Captain of the ship. Fee includes cruise, commentary, food, applicable marine fees and tax. Cash bar is available to individuals 19 years of age and over. Maps and Boarding Passes will be mailed out the week prior to the cruise.
Sat, Jun 9 or Sun, Jun 10
10:30 am-5 pm
$98
Port Dalhousie East Pier, Canada

Tall Ship Pirate Cruise—Just for Kids:
Ahoy lads and lasses! Climb aboard the 3-masted schooner and Pirate Ship ‘Empire Sandy’ where ye’ll be setting sail for an incredible 3-hour cruise. Become a scallywag for the day as ye take part in scavenger treasure hunts and pirate games, help hoist the Jolly Roger, listen to sea shanties, have your face painted pirate-style, see and hear the ship’s thundering cannon as it is fired at surrounding phantom pirate ships, take part in a delicious ‘Shiver Me Timbers’ lunch buffet on the quarterdeck and, who knows, maybe even silently sail over Davey Jones’ Locker! Avast ye matey, and sign up today for a Pirate Cruise ye’ll not soon forget! (Arr... Know this me’ buccaneers, the ship sails rain or shine and the destination is at Captain Eric’s discretion... so come prepared!) All children must be accompanied by an adult.
Fri, Jun 8
9:30 am-12:30 pm
$45
Port Dalhousie East Pier, Canada

Tall Ship Twilight Cruise
A relaxing, Friday evening cruise on Lake Ontario aboard the tall ship Empire Sandy! We’ll sail from dusk to midnight while enjoying a variety of delicious hors d’oeuvres, appetizers and finger foods as well as dessert and coffee. Dance the night away to musical sounds of the blues group Rich and the Poor Boys. Cash bar available for individuals 19 years of age and over. NOTES: The ship sails rain or shine. The distance covered throughout the trip is directly dependent upon current, wind and weather conditions and is at the sole discretion of the Captain of the ship. Fee includes cruise, food, musical entertainment, applicable marine fees and tax. Cash bar is available to individuals 19 years of age and over. Maps and Boarding Passes will be mailed out the week prior to the cruise.
Fri, Jun 8
7:30 pm-midnight
$75
Port Dalhousie East Pier, Canada

Niagara County Law Enforcement Academy (NCLEA) at NU
The Niagara County Law Enforcement Academy (NCLEA) at Niagara University is a partnership between the Niagara County Sheriff’s Department (Office); Niagara Falls Police Department and Niagara University’s Criminal Justice and Continuing Education departments.
Administered through Continuing Education, the academy trains both currently hired Sworn Officers and has been approved by the Division of Criminal Justice Services (DCJS) to train Pre-Employment Recruits. It is designed for current civilians throughout New York State who are interested in entering the law enforcement field.
For more information please visit our web site at www.niagara.edu/nclea.
Next Academy session: Full time begins July 2012; Evening/Saturday begins Sept 2012

call to register 716.286.8181
Intro to Robotics
Using inexpensive or free materials you can learn how to make simple robots and electronics in this hands-on class. It is easier than you may think to get started in this fascinating hobby. Learn about electronic components, how to design and test basic circuits, the fundamentals of motion, sound, lights, and sensors. Students will complete a few small projects and learn how to find materials and project ideas so they can continue on their own when classes are over. A great beginner classes that can you get started on a new hobby or for experienced people who want to learn more about what is going on inside their electronics. Students need to be able to see small items up close.
Instructor: Chris Bettencourt, robotics expert
Tue, Feb 21-Mar 13
(4 sessions)
6-8 pm
$49 (includes materials)
Location TBA

What’s Your Story
This is a hot new area and all we have to say is “What’s Your Story”? Everyone has at least one good story in them – why not tell yours? Writing a story is a process, a predictable set of stages. We will break that process into five steps, (Pre-Writing, Drafting, Sharing, Revising, and Editing) and walk through those steps together. We will guide you in using life experiences as source material, help you sharpen your prose to make every word count, and teach you to learn through the works of others. Bring paper and pencil to class and you will complete a story as part of the course.
Instructor: Melody Von Smith, playwright and award-winning author
Tue, Mar 6-Apr 3
(5 sessions)
6:30-8:30 pm
$49
Dunleavy Hall

The Thing is the Play
Writing for stage and is unique and special, but you can do it! Next stop… Broadway! Explore the art of writing plays in a hands-on, entertaining way. An Interactive workshop offering a balance of lecture, concrete exercises (acting is a great way to learn about writing) and critique. Use specific techniques to help you discover the basic elements of the craft (character, plot, structure, etc), and guide you in telling a story that both works dramatically and can be successfully produced. Everyone will complete a short or full-length play as part of the course.
Instructor: Melody Von Smith, playwright and award-winning author
Tue, Apr 10-May 8
(5 sessions)
6:30-8:30 pm
$49
Dunleavy Hall

Learn to be a Comedian
Have you ever watched stand-up comedians or comedy on TV and thought, “I could do that!” or “That seems like A LOT of fun!”? Well this is the class for you! Your instructor has been trained in comedy from Comedy Sportz Los Angeles, the International Thespian Society and other various groups (from improv to comedic poetry) to people of all ages both in Hollywood and New York. You will focus on comedy essentials of improvisation and stand-up comedy such as Finding the Joke in a Scene, Staying Positive, Character Development, and Public Speaking. A great beginner’s course that can help overcome stage-fright, prep for speeches, or just learn to get out of the professional work day and have some fun! This class is a safe environment where being silly is encouraged and keeping comedy funny and clean is a priority.
Instructor: Irma Giron, experienced professional
Sat, Mar 10-Apr 28
(8 sessions)
9:30-11:30 am
$99
Dunleavy Hall

Brazil-Taste the Food and Learn the Culture
Learn about Brazil, one of the hottest economies and best places to live, to visit, or to do business. We’ll take a tour through the most important Brazilian cities and the best destinations for an incredible vacation! We’ll also learn about the food, culture and some basic sentences in Portuguese. One of the most famous Brazilian dinners and a samba class will also be offered at the end of the course.
Instructor: Daniela Ball, experienced traveler
Wed, Mar 7-Apr 4
(5 sessions)
6-8 pm
$39 (includes materials)
Dunleavy Hall

Couponing Crazy
Would you like to learn how to drastically cut your spending? You will learn the tricks of ethical couponing and how to stockpile at rock bottom prices. Recently our instructor GOT MONEY BACK from the store using her coupons. Learn all the tips and tricks to save throughout the year. Bring a note pad because you won’t want to miss all the secrets that are revealed. Start saving immediately!
Instructor: Sandra Davis, couponing guru
Wed, Feb 8
6:30-8:30 pm
$19
Dunleavy Hall

Learn to Play Sitar
The sitar is a plucked string instrument that has been used throughout the Indian subcontinent since the Middle Ages. The Beatles’ George Harrison took lessons and featured the sitar in “Within You Without You.” You will learn the 12 Notes, Alankar; Ragas, and folk tunes. Small group classes. Sitar rental available.
Instructor: Dr. Harpal Sodhi, experienced instructor
Choose Wed or Fri evening
Feb 1-24
(4 sessions)
6-7:30 pm
$39
Niagara Arts and Cultural Center, room 238
1201 Pine Avenue, Niagara Falls

Earn More.
learn more at www.niagara.edu/ce
Next Step Sitar
You have learned the basics of sitar, now improve your skills and try more advanced music. Small group classes. Sitar rental available.
Instructor, Dr. Harpal Sodhi, experienced instructor
Choose Wed or Fri evening
Mar 7-30
(4 sessions)
6-7:30 pm
$39
Niagara Arts and Cultural Center, room 238
1201 Pine Avenue, Niagara Falls

Buffalo Industrial Heritage: Brewing and Meatpacking
Take a step back in time learning about the heritage of Buffalo’s brewing and meatpacking industries. Learn about Polonia, NY Central Terminal, Schrieber Brewery, Larkin Soap, and breweries long gone as well as those still standing. View rare memorabilia of advertising, tins, beer trays, signs, and memorabilia.
Instructor: Peter Jablonski, established antiques dealer
Wed, Mar 7-14
(2 sessions)
7-9 pm
$29
Dunleavy Hall

Learning English through a Round Table
Organized specifically as a beginner class for people who have been living in the United States and yet don’t feel comfortable speaking English. Through using simple daily situations like buying something at a store, ordering at a restaurant, or speaking on the phone, you will be able to practice expressions as well as pronunciation and vocabulary and feel more confident to speak English. A great way to learn instead of regular lectures. Specific Skills: Students can have some or no fluency in English.
Instructor: Daniela Ball, experienced traveler
Thu, Mar 8-Apr 26
(8 sessions)
6-8 pm
$79
Dunleavy Hall

Curling for Beginners
Curling is a fascinating winter sport that provides adults with physical activity in a social setting. Curling became an official Olympic sport in 1998, is often described as shuffleboard on ice, and involves four people on a team. This course is intended for Americans and Canadians from the Niagara area, and will be taught by both American and Canadian instructors. Come out and learn the rules of the game, basic delivery and sweeping instruction, what makes a rock curl, why people sweep, and make some new friends while you’re at it. Wear warm, loose fitting clothing, gloves, and bring running shoes (with clean soles). Be sure to have appropriate identification for border crossing.
Instructors: OCA qualified instructors and experienced curling teachers.
Sat, Jan 14
9 am-1 pm
$69
Niagara Falls Curling Club Limited
5801 Morrison Street, Niagara Falls, Ontario Canada L2G 6V1

Discover More.

NUSTEP Niagara University Senior Term Enrichment Program
Niagara University offers many entry level (general education) college courses in local high schools for college credit. This program allows qualified juniors and seniors the opportunity to challenge themselves to the rigors of college level work while remaining on their high school campus - all at a discounted cost.

- The instructors use the course descriptions, outlines, syllabi and exams constructed by the academic department at the university
- NEW: Accredited by The National Alliance of Concurrent Enrollment Partnerships!
- Students who receive free/reduced lunches qualify for a tuition waiver with proper documentation.
- Ask your school counselor if your high school participates.

For more information on NUSTEP, visit: www.niagara.edu/nustep

call to register 716.286.8181
Cooking

“Cooking with Jennifer”
Learn from one of the area’s best culinary experts, have a lot of fun, and then amaze your guests with new cooking skills. Register today because space is very limited. We’re all watching the Food Network and cooking shows, so why not put yourself into a cooking class today. All classes on Saturdays from 10 am-noon so you can get home early and start testing out those recipes.

Instructor: Jennifer Diez, cooking expert
St. Vincent’s Hall, 4th floor kitchen. Fee includes food cost. Bring your own apron.

Everyday Italian
Come and learn to make 4 classic Italian dishes that will keep you warm and full all winter long! These recipes are easy enough to make on a weeknight and delicious enough to serve to your Italian Grandma!

Sat, Jan 21
$39

Cooking: Superbowl Appetizer Party
Make your Superbowl Party the envy of the neighborhood with these deliciously unique party foods. We will prepare Buffalo Chicken Wing Soup, Pizza Calzones and 3 other appetizers that will leave your guests wanting your recipes year after year!

Sat, Jan 28
$39

Valentine Dinner for Two
We will create a delicious gourmet dinner for two including an appetizer, entrée and dessert! Guys, if you REALLY want to impress your Valentine, this class is for you!

Sat, Feb 4
$39

Spring Brunch Spectacular
Learn what it takes to put the perfect brunch together! Planning and timing are not as hard as you might think when you pick the right recipes! We will make a variety of dishes to perk up your morning and make your breakfast buffet a simple but elegant success.

Sat, Mar 3
$39

Pairing Wine with Food
In this class, you will learn how to match your favorite foods with the perfect wine…you will enjoy 5 prepared courses and learn (by tasting) which wines compliment each dish and why. You must be over 21 years of age to attend.

Sat, Apr 14
$39

Paninis and Martinis
We will be making 4 different paninis and learn the history as well as sample a variety of delicious martinis! You must be over 21 years of age to attend.

Sat, Feb 18
$39

Antiques 101
Want to supplement your income while working out of your home or find out how much grandma’s heirlooms are worth? Learn to research antiques and find out the true market value of an item using internet searches such as Ebay completed items, auction catalogs and price guides. Peter Jablonski of Peter J’s Antiques will teach you how and where to buy antiques, how to appraise them, and how to sell them using PayPal and Inkfrog. You can even bring in items for appraisal. Peter is an established antiques dealer and has sold internationally on Ebay.

Peter Jablonski, established antiques dealer
Wed, Feb 1-22
(4 sessions)
7-9 pm
$59
Dunleavy Hall

Cooking

Ornithology 101
If you think this course is for the birds your absolutely correct. Soar to new heights by adding new species to your life long list. Learn to identify birds, their anatomy and physiology, how to attract them to your yard, and migration patterns. Get out in the field with instructor and search secret places for birds. Learn how to properly hold a bird, determine their sex when we participate in an actual bird banding.

Instructor: Peter Jablonski, ornithology enthusiast
Lecture: Wed, May 2 & 9, 7-9 pm, Dunleavy Hall
Field Trips: Sat, May 5 & 12, 7-10 am
(rain dates Sun 5/6, 5/13)
(4 sessions)
$59

Cook More.

Cool Memory Tricks – Remembering Names and Faces
Don’t forget to attend this class. Memory is similar to a muscle of your body. The more you use it and exercise it, the stronger it becomes. Don’t worry about overtaxing your memory. It can’t be done! Memory is based on two important factors—OBSERVATION AND ASSOCIATION. By making a mental picture, actually seeing this association take place in your mind, you can at any time recall this knowledge. Put an end to those awkward moments when you just can’t remember someone’s name.

Instructor: William Price, memory guru
Thu, Mar 22
6-8 pm
$19
Dunleavy Hall

All Pastry with Ryan and Cooking with Jennifer classes are brought to you in cooperation with the College of Hospitality and Tourism Management.
Pastry with Ryan Wichhart, pastry expert

**Pizza at Home**
Enjoy pizza made from scratch out of your home oven. Make your own dough and sauce and learn how to get the most out of your pizza stone. Give the pizza shop a run for its money and delight your friends and family using this convenient and inexpensive way to entertain.

Sat, Feb 4
1-4 pm
$39

**Piece of Cake**
Kick the boxed cake mix habit and see how easy it can be to make a cake from scratch. In this beginner’s class you will make your own cake and icing and learn ways to change the recipe to achieve different flavors.

Sat, Mar 3
1-4 pm
$39

**Pan Breads**
There is nothing like the smell of fresh baked bread. Come and make your own loaf in this introductory bread course. We will talk about the fundamentals of bread making as we mix, knead, rise, and bake our way to a great loaf of bread.

Sat, Apr 14
1-4 pm
$39

**Coming this Spring!**

**Back Porch BBQ with Smokin’ Eagles BBQ**
Sat, May 19
9:30 am-12:30 pm
Save the date and get on our mailing list for this finger lickin’ new program.
Get ready for the BBQ season by learning the tips and tricks from local award winners Rob and Honcho from Smokin’ Eagles BBQ. Details coming soon, but this will sell out so contact us to be the 1st to get more information.

**Pan Sear Like a Pro**
Learn to create juicy, flavorful sea food using this fast cooking technique. Familiarize yourself with the correct cooking temperatures to ensure a fresh and flaky seafood dish. You will learn the techniques, then prepare and taste amazing seafood recipes.

Sat, Feb 18
1-3 pm
$39

**Delectable Fish Stew**
Learn to prepare and use a variety of fish and shellfish to make a seafood-lover’s delectable fish stew simmered in a tomato and white wine sauce and fresh herbs.

Sat, Mar 10
10 am-noon
$39

**Luscious, Low-Fat, Lightning-Quick Meals**
Have you ever wished you had a personal chef preparing luscious, low-fat meals for you? This course is the next best thing! You’ll learn how to ferret out fat in recipes, and discover how to reduce fat without sacrificing flavor or texture. Explore how to use flavor profiling to expand your culinary horizons. Learn how to prepare casseroles, crock-pot dishes, vegan dishes, oven-fried foods, meat-based meals, and many other entrees that are both nutritious and delicious!
Open 24/7 course is 6 weeks
Start dates: Jan 18, Feb 15, Mar 21, Apr 18, May 16
$125
Online at www.niagara.edu/ce-online

“Don’t Be Afraid, It’s Just Fish” with Craig Moriarity.
We all know we should include more seafood in our healthy diets. Let one of our esteemed cooks show you various basic cooking techniques that take the fear out of cooking fish. Students will learn how to pan sear, bake and broil some of the more common seafood items. Our attendees will familiarize themselves with the correct cooking temperatures to ensure a fresh and flaky seafood dish. Paired with a nice sauce, your dinner plate will look like it was presented in a fine dining restaurant.

Sat, Jan 28
1-3 pm
$39

**Baked Fish**
Your dinner plate will look like it was presented in a fine dining restaurant. Create fresh, flaky, baked fish recipes that will leave your family and friends begging for more! You will love preparing and tasting your new recipes.

Sat, Jan 28
1-3 pm
$39

College of Hospitality and Tourism Management presents:

**Student Managers Dining Series Spring 2012**
Four-course dinner for $18 per person

Enjoy “Our Gourmet Statler Dining Room menu," a themed sit down dinner menu which includes two appetizers, entree, dessert and beverage, coffee/tea.* Prepared and served by the students in our food production class.
One Seating at 6:30 pm the following Thursdays:
February 2, March 1, 15, 22
Call Niagara University’s Office of Continuing Education for reservations at (716)286-8181. *Menus are not released prior to the date of the event.

call to register 716.286.8181
Instructor-Facilitated Online Courses

More than 250 online courses available
www.niagara.edu/ce

Learn from the comfort of home!

Learn More . . .
- Expert Instructors
- 24-Hour Access
- Online Discussion Areas
- 6 Weeks

Courses start as low as $99

Online courses are informative, fun, convenient, and highly interactive. Our instructors are famous for their ability to create warm and supportive communities of learners. All courses run for six weeks (with a two week grace period at the end). Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more. Courses brought to you in partnership with Ed2go.

Our MOST Popular!
Start dates: Jan 18, Feb 15, Mar 21, Apr 18, May 16

Medical Terminology:
A Word Association Approach
Prepare for a career in the health services industry by learning medical terminology in a memorable and enjoyable fashion.

Keyboarding
Learn how to touch-type or improve your existing typing skills using Keyboarding Pro 5.

Introduction to Microsoft Excel 2010
Become proficient in using Microsoft Excel 2010 and discover dozens of shortcuts and tricks for setting up fully formatted worksheets quickly and efficiently.

Creating Web Pages
Learn the basics of HTML so you can design, create, and post your very own site on the Web.

A to Z Grantwriting
Learn how to research and develop relationships with potential funding sources, organize grantwriting campaigns, and prepare proposals.

Speed Spanish
Learn six easy recipes to glue Spanish words together into sentences, and you’ll be engaging in conversational Spanish in no time.

Beginning Writer’s Workshop
Get a taste of the writer’s life and improve your writing skills in this introduction to writing creatively.

Secrets of Better Photography
Explore strategies and learn a variety of tricks to create excellent photographs in all types of situations.

Accounting & Finance

Accounting Fundamentals
Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more.

Where Does All My Money Go?
Learn how to get control of your money once and for all.

Protect Your Money, Credit, and Identity
Learn how to guard against scam artists, identity thieves, predatory lenders, and abusive debt collectors.

Learn to Buy and Sell on eBay
Auction pros teach you how to work from home or earn extra income by buying and selling goods online.

Business

Computer Skills for the Workplace
Gain a working knowledge of the computer skills you’ll need to succeed in today’s job market.

Fundamentals of Supervision and Management
Learn the people skills required to motivate and delegate, and learn tools for solving problems and resolving conflicts.

PMP ® Certification
Begin a well-paying career as a project manager by preparing to take and pass the PMP certification exam.

Business and Marketing Writing
Write great marketing copy to improve your company’s image and your chances of getting hired or promoted.
Computer Applications

Word 2010
Master the more advanced features of Microsoft Word 2010 and learn how to create an index, build a list of figures, design a table of contents, do desktop publishing, perform a mail merge, and use timesaving shortcuts.

PowerPoint 2010
Learn how to use Microsoft PowerPoint 2010 to create exciting slide presentations that include SmartArt, multimedia, animation, sound, charts, clip art, and hyperlinks.

Excel 2010
Take your Microsoft Excel 2010 skills to the next level as you master charts, PivotTables, Slicers, Sparklines, and other advanced Excel features.

QuickBooks 2011
Performing Payroll in QuickBooks 2011

Dreamweaver CSS
Learn to use Adobe Dreamweaver CSS to design, create, and maintain user-friendly Web sites full of professional-quality Web pages.

InDesign CS5
Learn how to use Adobe InDesign CS5 software to design and produce professional-quality letterhead, brochures, business cards, and more.

Design

Designing Effective Websites
Learn powerful graphic design techniques and build Web sites that are both attractive and wickedly effective.

Making Movies with Windows Vista or XP
Learn how to create fun, professional-quality movies using Windows.

Photoshop Elements for the Digital Photographer
Master the tools in Adobe’s Photoshop Elements and take your image-editing skills to the next level!

Health Care and Medical

6 weeks
Start dates: Jan 18, Feb 15, Mar 21, Apr 18, May 16
Fee $ Varies based upon course
Online at www.niagara.edu/ce-online

Medical Terminology: A Word Association Approach
Prepare for a career in the health services industry by learning medical terminology in a memorable and enjoyable fashion.

Assisting Aging Parents
Be prepared to handle the challenges you and your parents will face in the coming years, while learning to cherish the transition.

Genealogy Basics
Learn where to look, who to contact, and how to use research tools to begin an exciting and fascinating exploration of your roots.

Become an Optical Assistant
Learn what it takes to become an optical assistant and discover why it’s one of today’s most popular and fascinating career opportunities.

Explore a Career in a Dental Office
Discover the wide range of dental office careers open to you, master basic dental anatomy and terminology, and learn how dental professionals create healthy smiles.

Language and Arts

Drawing for the Absolute Beginner
Gain a solid foundation in drawing and become the artist you’ve always dreamed you could be!

Start Your Own Arts and Crafts Business
Learn how to start your own arts and crafts business from a professional artist.

Photographing People with Your Digital Camera
Learn to take beautiful pictures of adults, children, and babies.

Spanish for Medical Professionals
Learn medical Spanish quickly and easily, honing your basic conversational skills and mastering key healthcare words and phrases.

Call to register 716.286.8181
Online Learning Anytime, Anywhere...Just a click away!

Online Career Training Programs

WWW.NIAGARA.EDU/CE

Prepare for employment in some of today’s hottest careers with a comprehensive, affordable, and self-paced online Career Training Program. You can begin these Programs at any time and learn at your own pace. Upon successful completion of all required coursework, you will receive a Certificate of Completion.

All materials are included in the program fees. Each course has an instructor assigned to answer student questions and solve student problems. To learn more, visit You can also reach us by calling 716-286-8181.

Programs are available in the following areas:
- Business and Professional
- Healthcare and Fitness
- IT and Software Development
- Management and Corporate
- Media and Design
- Hospitality and Gaming
- Skilled Trades and Industrial

Features:
- Facilitators and mentors are available to answer questions and help you through your studies
- Career Counselors will help you prepare for the transition from the classroom to the workplace
- Courses are all open-enrollment and self-paced
- No additional charges - all materials, workbooks, and software are included in the course fee

Six Sigma Black Belt
Course material provides an in-depth look at the Six Sigma Black Belt DMAIC problem-solving methodology, as well as deployment and project development approaches.

Six Sigma Green Belt
The six sigma green belt Online Training Program encompasses all aspects of running a six sigma green belt business, including management, service delivery, design, production, and customer satisfaction.

AutoCAD 2009
Learn the skills needed to create and edit simple drawings and gradually introduce more advanced AutoCAD skills.

Medical Billing & Coding + Medical Terminology
The medical billing and Coding + medical terminology Program will prepare you for an entry-level position doing medical billing or coding, while also teaching you proper medical terminology and spelling.

Administrative Medical Specialist with Medical Billing and Coding
Get the skills you need to become an administrative medical specialist, medical billing specialist, or a medical coder.

Event Management & Design
From planning to pyrotechnics, the event management and design Online Training Program will teach you everything you need to know to create events that are truly special.

Bookkeeping the Easy way with Quickbooks.
Master basic bookkeeping and accounting skills using QuickBooks 2010.

CompTIA A+ Certification Training
Take your first step toward a career as a security professional and prepare yourself for the comptia™ Security+ certification exam as you master the basics of system security, network infrastructure, access control, and organizational security.

Enroll Today!

All materials are included in the program fees. Each course has an instructor assigned to answer student questions and solve student problems.

MORE COURSES AVAILABLE AT OUR WEBSITE WWW.NIAGARA.EDU/CE

learn more at www.niagara.edu/ce
Registration Information

Eligibility | Fees | Emergency Closing | Parking

Classes open to 18 years or older unless otherwise indicated.

The total fee as listed in the course description must accompany all enrollments. Additional charges for lab fees, materials or textbooks are required for some courses. These fees are not payable at the time of enrollment.

Special closings due to inclement weather will be announced on local radio stations. Your instructor will review the class schedule and makeup sessions with you.

Campus Safety requires that all vehicles have a parking pass. Parking is available in campus lots for free if you park in open parking spots (yellow). Visitors/students should obtain a temporary parking pass at Campus Safety located across from the Dwyer Arena. A campus map is available online at www.niagara.edu/campus and please contact Campus Safety at 716-286-8111.

We realize that last-minute babysitting problems can occur. Unfortunately, we cannot allow children to accompany their parents to class (except where indicated in the course description). Thank you for your cooperation.

No refunds unless course cancels.

MAKE A COPY OF FORM TO REGISTER YOUR FRIENDS.

COURSE REGISTRATION FORM

Start Date | Title | Fee

| | | |

Method of Payment

☐ check ☐ money order
☐ Visa ☐ MasterCard ☐ Discover

CARD NO. (include CVV code) EXP. DATE

SIGNATURE

I have read the transfer/credit/refund policy. (Please initial and return with your registration.)

Total

No refunds unless course cancels.

NAME

ADDRESS

CITY STATE ZIP

PHONE/DAYS EVENINGS

E-MAIL
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- Expert Instructors
- 24-Hour Access
- Online Discussion Areas
- 6 Weeks of Instruction