



Niagara University



5K Run & 1 Mile Fun Walk

Event Sponsors

Why STOMP OUT STIGMA?

Proceeds from the race will benefit the Mental Health Association of Niagara County. So we have combined this outreach with the physical activity of a run/walk to literally **STOMP OUT STIGMA** that can surround mental health disorders both in our local community and nationwide.

Proceeds Benefit:



Mental Health Association
in Niagara County, Inc.

DATE & TIME:

Sunday, April 17th at 9:00am

(9:00am - 1 mile fun walk, 9:15am - 5K)

SANCTION & FINISH LINE:

USATF Sanctioned & WNY Finish Line Services race

LOCATION:

Niagara University

Kiernan Recreation Center

Niagara University, NY 14109 (Exit 24 off of I-190)



ENTRY FEES:

(US Funds Only)
(Entries close at 8:45am)

\$18.00 General Public (post-marked by 4/11) (\$22 day of race)

\$15.00 NU Employees & NU Alumni \$10.00 NU Students

RACE PACKETS:

Available for pick-up on race day only starting at 7:30am in the Kiernan Center.

CLOTHING DRIVE:

Donate gently used clothing at the Registration table on race day for the St. Vincent DePaul Society. Tax deductible receipts will be available.

CHEERS TO YOU!

Commemorative purple pint glass guaranteed for first 200 registered participants!

AWARDS:

Will be given to the first overall male and female, plus the top three in each of the following age groups (M & F): 14 & Under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

POST-RACE PARTY:

All participants are invited to attend in the Niagara University Kiernan Center! Party to include food, refreshments, DJ, event photo booth, & awards ceremony.

REGISTER ONLINE NOW!

Register using your credit card at no additional fee now at:

www.niagara.edu/stompoutstigma5k

Please make checks payable and mail form to:

Niagara University Stomp Out Stigma 2011
Office of Campus Activities
Niagara University, NY 14109

Phone: (716) 286-8510

In consideration of your acceptance of my entry fee and permitting me to attend/participate therein, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damage I may now or in the future have, against Niagara University, the New York State Power Authority, USATF, as well event sponsors, representatives, agents, and assignees, for any/all losses and injuries suffered by me in association with this event.

Last Name

First Name

M.I.

Number & Street

Town/City

State/Prov.

Zip/Postal

Sex (M/F)

Age on Race Day

(_____) _____
Phone Number

Email Address

Circle One: Public NU Employee NU Alumni NU Student (ID# _____)

Circle One: 5K Run/Walk 1-Mile Fun Walk

PSN/BIB# (Race Use Only)

Signature

Date

If under 18 years of age, Parent or guardian's signature